

## HOSPICE

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what hospice truly is.

When asked to define hospice care, few people include pain control for the patient and comfort for the family and friends. Clearly, not enough people know what hospice care truly is.

Hospice care is a specialized type of end-of-life care which:

- Treats not only the physical needs of a patient, but their emotional and spiritual needs as well.
- Often takes place in the patient's home or in a home-like setting.

■ Focuses on making the patient as pain-free and comfortable as possible in order to allow them the peace of mind to make the most of their remaining time.

■ Assists the family and friends of the patient as well.

■ Believes that the quality of life is as important as the length of life.

Above all, the hospice team is responsible to simply "be there." This gives the patient a sense that they are not alone in their

Journey, and provides support to family members in dealing with their loved one's passing.

Through the hospice team is always there to help, they encourage patients and their families to be involved in the plan of care. This helps decrease feelings of reliance, and increase the sense of dignity to patients as well as their families.

"We don't try to change your living patterns," Winkler said. "We provide information and comfort, but you are still in the driver's seat. Our job is to go beyond the books. Our care is led by the patient and family and supported by the hospice team."

Many families considering hospice care have questions they wish to have answered before committing. Hospices are always willing to answer questions of any kind and provide a sense of comfort to patients and their families.

Additional sources on Angela Hospice Staff: Joy Sturgill, Case Manager, (734) 296-4668; Amanda Meszer, Director of Clinical Services - (734) 464-7810 ext. 234; Sister Mary Giovanni, President/CEO - (734) 464-7810 ext. 245.

## BOTOX

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company that manufactures the product, "90 percent of the men and women surveyed rated the improvement in their brow lines as moderate to better."

Allergan cautions, however, that Botox is medicine, not magic. It will not radically change a person's appearance or erase 20 years from an aged face.

But, for some Botox users, it's not just about looking younger. "I love (Botox)," said Deborah Vachon, 40, mother of three and a patient of Dr. Freedland's. "I don't have a lot of frown lines up on top, but I did have the one in the middle of my forehead, that scowl kind of look. My kids were always asking 'are you mad at me?'"

The Botox, she said, has solved that problem, and the scowl has virtually disappeared. She now schedules her Botox injections every three to four months, a ritual she plans to continue indefinitely.

"I don't want to look mad anymore, but I also want to retain a youthful appearance," she said. "With the Botox, I'm able to do both."

## BE INFORMED

Above all, Vachon believes it is important to be informed about any medical procedure

## Patients should be cautious about botox

The American Society of Plastic Surgeons states that Botox is a safe and effective treatment, but cautions interested patients to:

■ Check the physician's credentials - Seek a plastic surgeon certified by The American Board of Plastic Surgery.

■ Seek a complete patient evaluation - When a person is considering any elective medical treatment he or she should consult with a physician to determine the most appropriate treatment. Let the physician know what medications you are taking.

■ Be informed - Speak with friends and family, as well as a physician. The physi-

cian should provide factual information and explain risks, benefits and alternatives.

■ Choose an appropriate setting - Botox injections should be performed in a setting with appropriate medical personnel and the necessary equipment to observe patients and deal with potential complications. The consumption of alcohol at "Botox parties" could affect a patient's decision and outcome. The decision to have any medical procedure should be made without the influence of alcohol or peer pressure.

Source: American Society of Plastic Surgeons  
www.plasticsurgery.org

before signing a consent form.

"I think it's really important when you go to find a plastic surgeon, or anyone to do Botox, that you really trust that person and educate yourself," she said.

Any authorized health care professional can administer Botox, but it is a procedure most often performed by plastic surgeons, dermatologists, ophthalmologists and otolaryngologists.

"People should look for someone that's been trained to administer Botox," said Dr. Roxanne Sylora, a plastic surgeon with the Birmingham Institute of Plastic Surgery in Birmingham.

"The more experience they've had, the better they are. It's a relatively simple concept, but there is a learning curve."

Although Botox is now widely available, the cost can vary dramatically from one place to the next, usually ranging between \$200-\$700 per session. However, most experts agree that the most inexpensive option may not always be the best.

A lot of people shop by price when they're looking for Botox, said Sylora. "But price can be very deceptive. Physicians can dilute it the way they want. It's not something you can discern before going into an office. The

only way you can tell, in the end, is how long the effects last."

The price of Botox, however, is minimal compared with other appearance enhancing procedures.

"Something like Botox, which is a few hundred dollars every few months, is a first step into the world of doing things to enhance your appearance," said Sylora.

"It's an easier transition than walking in and saying 'I've never done anything cosmetically, but I want a facelift.'"

Contact Dr. Roxanne Sylora at (248) 644-0670. Contact Dr. Michael Freedland at (248) 901-0011.

## QUESTIONS

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up or to slow down the dying process. Just as doctors and midwives lend support and expertise during the time of child birth, hospice provides its presence and specialized knowledge during the dying process.

Is the home the only place hospice care can be delivered?

No. Although most hospice services are delivered in a personal residence, some patients live in nursing homes or hospice centers.

How does hospice "manage pain"?

Hospice nurses and doctors are up-to-date on the latest medications and devices for pain and symptom relief. In addition, physical and occupational therapists aid patients to be as mobile and self-sufficient as possible, and they are often joined by specialists schooled in music therapy, art therapy, diet counseling, and other therapies.

Hospice believes that emotional and spiritual pain are just as real and in need of attention as physical pain, so it addresses these as well. Counselors, including clergy, are available to assist family members as well as patients.

What is hospice's success rate in battling pain?

Very high. Using a combination of medications, counseling, and therapies, most patients can attain a level of comfort that is acceptable to them.

Will medications prevent the patients from being able to talk or know what's happening?

Usually not. It is the goal of hospice to help patients be as comfortable and alert as they desire.

Is hospice affiliated with any religious organizations?

Hospice care is not an offshoot of any religion. While some religious organizations have started hospices (sometimes in connection with their hospitals), these hospices serve a broad community and are not required to adhere to any particular set of beliefs.

Does hospice provide any help to the family after the patient dies?

Hospice provides continuing contact and support for family and friends for at least a year following the death of a loved one. Most hospices also sponsor bereavement and support groups for anyone in the community who has experienced the death of a family member, a friend, or a loved one.

Source: Angela Hospice, Livonia

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APPLICATION FOR TCF NATIONAL BANK TO  
ESTABLISH BRANCHES

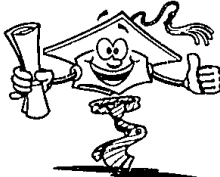
Notification is hereby given that TCF National Bank, 801 Marquette Avenue South, in the City of Minneapolis, County of Hennepin, State of Minnesota, 55402, has filed an application with the Comptroller of the Currency on May 20, 2003, as specified in 12 CFR 6 for permission to establish full-service, staffed branches at the following locations:

- Fountain Park shopping center at the Northeast corner of Farmington and Plymouth Roads, City of Livonia, Wayne County, Michigan
- Southeast corner of West Big Beaver Road (16 Mile Road) and John R. City of Troy, Oakland County, Michigan

Any person desiring to comment on this application may file comments in writing with the Licensing Manager, Midwestern District Office of the Comptroller of the Currency, 2345 Grand Avenue, Suite 700, Kansas City, Missouri 64108, within 30 days of the date of this publication. The application is on file with the Licensing Manager as part of the public file. The public file is available for inspection in that office during regular business hours.

Published: May 23, 2003

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