HOW MUCH ARE

YOU WORTH? By DOUGLAS MALLOCH

HOW much are you worth? It is not how much
You own that will tell your worth, But what you will do to the lives you touch.

touch.
The mark you will leave on earth.
You may be worth many miles of land.
Yet what is the honest truth?
If you never have given a boy, a hand,
Then what are you worth to youth?

How much are you worth?—not in things you own,
But worth in a larger way?
Do you stand apart, do you dwell alone,

alone.

Serve only yourself each day?

The time will come when your time is through.

A time you must lot you down.

If you left each high for the rest to do.

Then what were you worth to the town.

town?
(@. 1929, Douglas Malloch.

Mother's Cook Book

Blessed are they whose furniture so inexpensive or so shabby that ch dren and dogs are not excluded from the sacred precints.

SOMETIME when ideas are not plentiful try the following for luncheon:

Corn and Tomato Chowder.

GOOD THINGS TO EAT

El Brendel



fact about El Brendel, Swedish, which is not true. El comic, born in Philadelphia, and be seen in the comedy role in ny Side Up." Before becoming a in comedy in 1921, he had expesing all manner of theatricals. S feet 9 inches tall, wellpha 165 ds, has brown halr and blue eyes.

For Meditation By LEONARD A. BARRETT

INTERNATIONAL GOOD WILL



A FAMOUS lewer is quoted as baying made the remark that there never had been a will drawn up that lie could not break. This might be considered an extravagant statement of an over confident lawyer, but it does suggest the possibility of a legal status arising in which technicallities could theart justice. A law to be effective must not only be "storm-proof" leadly, but should have the support of quiblic ophilon. Some of the laws on our difficult to enforce while others are flagrantly violated for the reason that public ophilon considers them unjust. Public sentiment in favor of a law so as important as its legal phraseology. When both exist no difficult is found in law enforcement.

L. A. Barrett. difficulty is found in law enforcement.

This same fact holds true regarding Infernational preements such as peace compacts, covenants and treatises. Peace can never be bought nor is it. Possible to realize It by the mere signing of a protocol. When public opinion frankly and in no mistaken language demands the elimination of war, the reing of neace shall have a h. signing of a protocol. When put is opinion frankly and in no mistaken lanzuage demands the elimination of war, the reign of pence shift have already begun. One step in that draw already begun. Of the difficulty which case other much of the difficulty which case other much of the difficulty which case are provided to the succession of the step in that draw already begun. It is absolutely in making the peace pact effective in the peace in t

better.

Some of us are inclined to overdo this just as some are inclined to not feel regret strongly enough. Those who suffer from too sensitive a nature in this respect are manifestly unfair to themselves.



vitamina



ABOUT BABY DAYS

MELLY could remember a good many months back. In fact, she could remember two whole years back, and yet she was now only three years

But she was now only three years of longer a baby. Some foolish neople still called her a baby. Really, they know that a baby was a little bit of a beplies screame, very lotable, very sweet, but very belpless?

Didn't they know that a baby couldn't walk, or talk, or teen thinks' At least, if a baby couldn't tell what she was thinking about the state of t



She Loved to Put Her Head Close to

His Head.

memory. Melly know that. Of course she know it.

She had been a buby berself. And she slimply couldn't remember what she had thought about when she was a baby. She often tried to think hard. By thinking hard she felt she might remember something. But no matter how hard she thought, she couldn't remember further back than when she was one whole year old.

Her mother said that most people couldn't remember and that most people couldn't remember when they were a year old, but Melly could do that. Not much, of course.

She could remember only a few

She could remember only a few things about that time. She had a strange, did remembrance of the eight she had been carried in her diddy's arms. It was a very, very, dark hight. She had been told since that they had arrived in the town where they were going to make their home and that the place they had gone to stay for he night was overcrowded and that there had been no room for them. She knew they had, arrived on a train, as she had been told that. But

What We Do

Why We Do

and in the insistives. As a man grows older he usually gets more meliow und has a broader view of things which may bring rest concerning his earlier conduct. One common regret is the lack of appreciation, we have for our parents white they are alive. We do not realize at the time that we are not doing all we can to show our love and appreciation. But after they are taken from us and we cannot possibly make amends we can think up any number of tile things we might have done for them.

done for them.
(© by McClure Newspaper Syndicate.)

A Stickley
Animals play games like children,
says a famous naturalist. Imagine a
porcupine in a game of leapfrog.—
Farm and Fireside.

Then what are you worth to yould it golden sums. The sums that your books tereal. A new days braks, and a new day comes, And men have a new ideal. You may drink your drink from a silver cup. But what is your fortune then? If you never have lifted a brother up. Then what are you worth to men?

she didn't remember anything about the train—nor did she remember a single thing that had happened in all of that first, year of the rife. She was single thing that had happened in all of that first, year of the rife. She was single thing that had had been didn's had carried her from one buted to another. She remembered how dark and strange everything had seemed, and she remembered that her mother and daddy had talked to each other and sometimes to ber. What they had said she had not nederated, and she remembered that her mother and daddy had talked to each other and sometimes to ber. What they had said she had not nederated, but she had not felt frightnend in her father's arms.

From the time she was a year old mittle she was eleptem normals old, she remembered kindly Jid. waters—she could see them now as she thought nout them. And she remembered the street excitement of creeping. Oh, how say the had a good sinst and was really resulted to the she had a good sinst and was really resulted to the proof.

Her mother and a way of burring so very fast—Melly could not keep ahead of her mother, once her mother had starred after her.

Sometimes her view of she to the countries her diddy would comend stop her when she was accepting. Sometimes the very oldest and the very nicest water in the hotel chased after her.

It seemed such a plty. They were

very nicest waiter in the hotel chased after her. It seemed such a pity. They were artirled she would fall downstains. And she was not afraid of anything. Not a single thing.

But hest of all, during those months, was the great big Newfoundland dog with the long, soft, beautiful hair and the most handsome face Melly had ever seen.

Her mother's face was nice and so was her daddy's, and there were cross faces, too—faces that looked at her

Her mother's face was olee and so was her dady's, and there were cross faces, too—faces that looked at her and made her feel in the way and not loved. Faces that belonged to people who also had a cross way of speaking. Melly didn't know just what was the matter with those people then. When she was three, though, and thought about them she knew that they were merely "fussy" people who were "made nerrous" by children. But the dog had the most handsome face of all. She loved to put her bend close to his head. And he seemed to love it, too. And he gave her rides—all the rides she wasned—on his blr, bend that he was three lived. When he was little. Yes, she was little then, but even then she was little. Yes, she was little then, but even then she was little. Yes, she was little then, but even then she was little. Yes, she was little then, but even then she was little. Yes, she was little then, but even then she was little. Yes, she was little then, but even then she was little. Yes, she was little then, but even then she was little. Yes, she was little then, but even years old and she was most certainly abays no longer. Only foolish people called her a baby now! for luncheon;
Corn and Tenato Chowder.
Place two cupfuls of canned corn
one cupful of dieed celery, and one tes
spoonful of sail, in a saucepan. Coruwith a quart of celd water and sim
one geatly for one-hait hour, in an
other saucepan, melt two tablespoonfuls of butter, add three tablespoonfuls of bourte, add three tablespoonfuls, while stirring constantly,
or mills, while stirring constantly,
are all this control of the control
tablespoonties of the control
tablespoonties of the control
tablespoontable

called her a baby now!

Dear Editor:

WHY WE REPFAT

SINCE . was a kid, 'I have always I liked to see the wheels go round. I've watched a big factory roll liver pills. Tre sear variois factories, soap plants, match works, golf ball foundies and razor hade chilacs. Machines can do most everything. The walting now for a machine to manicare nails. Watching a girl manicurist today I was impressed with the number of wasted strokes. At lenst 00 per cent of her modions, I estimate, were unproductive. What a field for selectific management!

But any man who pays \$1 for be-

tific management!

But any man who pays \$1 for being fussed over probably wants those extra flourishes and hand pats. It's a good racket, and those who prefer can always sulp their own with the desk shears.

-FRED BARTON.

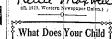




"Gasoline will not take the dirt out of a divorce suit."

Ablation Pancakes.

Make a batter of one-half cupfuls of milks, three beaten erg yoks, two carspoonfuls of suars, one cupful of flour, one tenspoonful of suars, one cupful of flour, one tenspoonful of batting power of the cupful of the suars of the sua Newie Maxwell



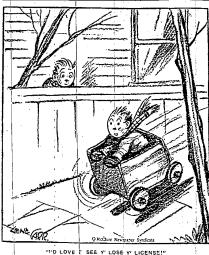
Want to Know Answered by BARBARA BOURJAILY



ARE LIGHT OR DARK CLOTHES WARMER! Dark clothes are warmer, for things

dark
Hold fast to all the light—
And light is warm, as you well
From #feeling* day and night.
(Copyright.)

JUST HUMANS



THE WHY of SUPERSTITIONS By H. IRVING KING

HUNCHBACKS

HUNCHBACKS

THE hunchback superstition is extedingly prevalent in Europe and America, especially annos, those with a liking for "taking chances." Touch a hunchback and you can "play the ponies" or "buck the tiger." assured of success. Anyone who has visited Monte Carlo. or a race track when horseracing was in flower in New York state, can give you information on this point. When Paris went crazy over 1.aw's Mississippi Scheme a hunchback amassed a comortable fortune by allowing speculators to use his back as a willing desk on which to make out their applications for stock. But the gamblers of sesterlay, and the properties of the target of the tight of the Egyptian god Bes were celebrated by the Xie. Large numbers of the statuettes of the functiback god are in existence and the modern "Gobbo." so populir as a charm in southern Europe. Is but a copy of these lancient statuettes of fles. Bes was a malignant god and was "generally represented with florus when Henrus typined death. Weeting an image of Des as a charm of concling a human being made in his likeness is but an idea based on the principle of the bid saying. "Always take your hat of to the devil. By the charm, or for concling a human being made in his likeness is but an idea based on the principle of the bid saying. "Always take your hat of to the devil. By the charm, or for concling a human being made in his likeness is but an idea based on the principle of the bid saying. "Always take your hat of to the devil. By the charm, or or ordering the properties, this multigaity is disanction then it is a survival of he cult of Bes; a medified form of devil worship; an attempt to produited and to control to one's own use, the powers of evil hy a display of nilechines.

**Commence of the survival of the cult. To the devil and survival of he cult of the survival of the cul

ed and serve joinin hot.

Pumpkin Ple.

Take three-fourthy of a cupful of pumpkin sifted, i, same of sugar, one and one-half cupfuls of mills and one-half cupful of cream, two eggs, one teaspoondul of clingar, one-half teaspoonful of sill. Beat the yolks of the eggs, add the sugar, selt, milk and spices. Add/the pumpkin and cream, fold in the stiffy beaten w...tes of the eggs and turn linto a pastry linted plate. Bake slowly after the first ten minutes to bake the crust.

How It Started By JEAN NEWTON

CALLING IT "CLARET"

IT Is true that claret is the name of a red Bardeaux wine, that it is frequently applied to other red vines and that no wine that is not red could be calted claret. Yet the popular assumption that there is some connection between the name "Claret" and the color of the wine is incorrect.

connection between the name "Claret" and the color of the wine is incorrect.

We have "Claret" from the French "clair" which goes back to the Latin "Claret" meaning simply "clear." The significance of the term is comprehensible to those who have attempted the feat of homemade wine which is very difficult to make clear and which after straining and restraining. still leaves some cloudiness. Research has not made catterly clear why the word should so definitely name a red wine. First whees, however, were red and the presumption is that it was early in the exception of the wine industry, that the word the back and the control of cloudiness and imputities from the course of the course of

Big Point Overlooked

Big Point Overlooked
The conception that the natural environment of man must be modified if
the body is to survive has long been
recognized, but the fact that the mind
is incomparably more delicate than
the body has carcely been noticed at
all.—Exchange.

Through a Woman's Eyes

bu Jean Newton

ON A FOOLISH FRIEND

OTHING is more dangerous than

IN OTHING is more dengerous than a foolish friend."

I thought of that old French provers recently, when I heard a woman defending a friend agaigst mulicious and explained and discussed the matter which had put her friend in a mistaken but bod light, and with every word of defense site intensified her friend's unfortunate position. This loyal but foolish woman made excuses for her friend which only complicated matters. In a trainpling, to vindicate her she revealed circumstances which were again open to mis-

stances which were again open to mis-understanding and which were far better left intaid.

stances which were again open to minuteristanting and which were far better left intidd.

She was toyal, but not discreet, which made her a duagerous friend, and a conditioner to such a friend is as good as ammunified for one's enemies. With many women there is ampter the such a fair of the friend in the such as a sum of the friend of the friend of the friend of the friend of the friend. Some women are not alive to the fact that while their own affairs are matters to be dealt with as they see fit, those of their friends present a very different problem. A woman with a penchant for frankness, for instance, and a belief in its eilicacy under all electrostances, may indulge this belief to her heart's content in her own personal affairs. Whether or not, it is successful, she herself will reap what she has sewed.

But when the secrets or personalities or influent edition are matter thoughout the successful, she herself will reap what she has sewed.

But when the secrets or personalities or influent edition are matter thoughout the secrets of the friend she has crily one course open to her. No matter what ther own largues or disposition are matter thoughout the secret of the friend she has reveal. In the secret of the friend she has reveal all, by the one who is personally concerned. A general denial of yrrong and the suggestion that her friend will be able to set everything right, is as fur as a loyal and discreet friend can go.

Lack of discretion on our own accan go.

Lack of discretion on our own account is a pity. With reference to
the affairs of a friend, it is a crime.
(@ by the Bell Syndicate, lnc.)

SUPERSTITIOUS = · · · SUÈ · · ·



SHE HAS HEARD BROTHER BILL SAY THAT-

SAT IMAT—

If a baseball team lamps a load of barrels on the way to the game—oh limminy jumpin' jinx—they haven't a Chinaman's chance to win.

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