

New Ways To Enjoy 'The Bird'

By ELLY

That beautiful golden bird can be a feast one day and a feast the next unless you're well-stocked with recipes for transforming a half-eaten gobbler into a new culinary delight.

Here are three recipes for doing just that. One is an unusual salad casserole. Typical turkey salad ingredients like turkey, onion, celery and green pepper are combined with a grated Cheddar cheese and sour cream then baked with a topping of crisp corn chips and more shredded Cheddar. Delicious!

Everyone loves hot barbecued sandwiches. So instead of plain turkey sandwiches serve 'em barbecued. Cut up cooked turkey in real southern-style barbecue sauce that's rich with butter, mellow with brown sugar and zipped up with chili powder, Tabasco, Worcestershire sauce and catsup.

For turkey soup deluxe the bones and all can be simmered to make a flavorful stock.

TURKEY SALAD BAKE
2 c. (8 oz.) shredded Cheddar cheese

4 c. cut up cooked turkey
1 1/2 c. chopped celery
1/4 c. finely chopped green pepper

2 T. chopped onion
1 c. dairy sour cream at room temperature
1/4 c. flour

2 T. lemon juice
3/4 t. salt
1/8 t. pepper
2 c. corn chips

Set aside 1/4 cup of the Cheddar. In a large bowl combine 1 1/4 cups cheese, turkey, celery, green pepper and onion. Blend together sour cream and flour; stir in lemon juice, salt and pepper. Toss sour cream mixture lightly with turkey. Turn into a shallow two-quart casserole.

Garnish with reserved Cheddar cheese and corn chips. Bake in a preheated 350-degree oven 20 minutes. Serve immediately. Makes six servings.

BARBECUED TURKEY SANDWICHES
1/2 c. (1 stick) butter

1 c. chopped celery
1/2 c. chopped onion
1/4 c. chopped green pepper
1/2 c. catsup

1/4 c. firmly packed brown sugar
3 T. Worcestershire sauce
1 1/2 t. chili powder
1 t. salt

Dash of pepper
Dash of Tabasco sauce
4 c. cooked turkey, diced
8 sandwich buns, buttered and toasted

In a two-quart saucepan melt butter; add celery, onion and green pepper and simmer until tender. Stir in catsup, brown sugar, Worcestershire sauce, chili powder, salt, pepper and tabasco sauce. Simmer for five minutes. Stir in turkey and heat to serving temperature. Serve about one half cup of mixture on each sandwich bun. Makes eight sandwiches.

TURKEY STOCK
3 lb. turkey bones and meat
6 c. water
1 stalk celery with leaves, cut up

1 small onion, quartered
1 medium carrot, peeled and cut
1 small bayleaf, crushed
1 t. salt

2 whole cloves
1/4 t. ground pepper
Break up turkey carcass and place in a large saucepot with cover. Add remaining ingredients; bring to boil then simmer for three to four hours. Turn bones occasionally. Strain. Remove meat from bones and add to stock. If necessary, add sufficient water to make three or four cups. Chill. Remove fat layer from top.

TURKEY SOUP DELUXE
1/4 c. butter
1/4 c. chopped onion
1/4 c. flour
1/2 t. salt

3 c. milk
1 c. turkey stock with meat
2 T. finely chopped parsley
1/4 t. grated lemon rind
1/8 t. mace

In a two-quart saucepan melt butter; add onion and saute two minutes; stir in flour and salt. Remove from heat and gradually stir in milk and turkey stock. Cook over medium heat, stirring constantly until thickened. Cook additional two minutes. Stir in parsley, lemon rind and mace. Serve immediately. Yield: 5 1/2 cups.



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