

Girl Gymnasts Have Their Day In Farmington

More than 100 girl gymnasts from many parts of Michigan had a chance to watch experts and practice their own skills in a gathering at Farmington East Junior High last weekend.

The occasion was a gymnastics clinic, and the guests of note were members of the Flint Olympians, a crack group backed by the Mott foundation, and their coach, Jim McGraw.

McGraw lectured and the three Olympians present—Cindy Hall, Dianne Grayson and Barb Goode—demonstrated tumbling, balance beam, parallel bars and floor vaulting.

Then there was time for high school and junior high coaches present to ask questions and get tips. Leotard-clad girls also practiced their own gymnastics movements with coaches and the Olympian team girls helping them spot mistakes.

Girls were on hand from several high schools in this area, including Churchill, John Glenn, Frost, Franklin, Farmington, Kennedy, North Farmington and Clarenceville, as well as those further away, including Royal Oak, Pontiac, Oak Park, Marshall and Bronson.



FLYING GRACE—Barb Goode, a member of the Flint Olympians, is poised for a moment on the "horse" during a vaulting demonstration in the Farmington East Junior High gymnasium clinic.

Add Some Happiness When Fixing Meals

Set the stage for new foods carefully if you want to appeal to the fussy appetites of preschoolers, advises Mrs. Rosalile Hawley, home economist with the Cooperative Extension Service in Oakland and Wayne counties.

Helping preschoolers discover and enjoy a variety of food is good nutrition insurance. Studies show that children with "adequate diets eat a larger variety of foods than those with "poor" diets.

To make the debut of new foods successful, be sure the child is not tired or excited says Mrs. Hawley. Fatigue causes both rebellion and resistance to change.

THE ENTHUSIASM of others eating and enjoying food is contagious. Nursery schools use this idea by seating fussy eaters at the same table or next to children who readily accept many foods.

Food habits of parents and older brothers and sisters are also important examples to preschool children.

Make mealtime happy, secure and leisurely. Pleasant conversation that includes the child

generates security and pleasure and makes new food more acceptable. Portions served to preschoolers should be small. A plate heaped with an unknown food overwhelms a child; a small amount is enticing.



Livonia Girl Gives Report On Research

Sandra Gierman, Livonia high school student, recently presented a paper based on her own experiments performed during the Michigan Cancer Foundation summer science scholarship program, before the foundation's annual science seminar in the Cancer Center, Detroit.

Sandra was one of eight scholarship winners who spent the summer months studying in an Emerson Junior High laboratory under the supervision of Willis Blossom.

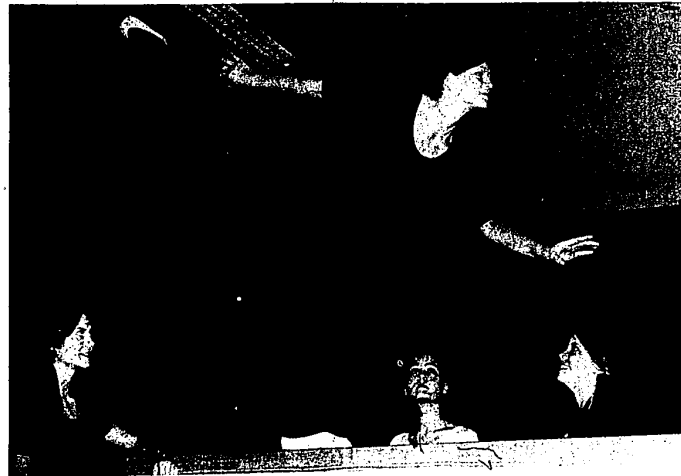
The seminar brought 50 scholarship winners from high schools throughout Wayne, Oakland, Macomb and Monroe Counties together for mutual discussion and a tour of the Cancer Foundation facilities.

Local Therapists Head Alum Group

Mrs. Marcia Stynes, 3526 Scone, Livonia, has been elected president of the newly organized Occupational Therapy Alumna Association at Wayne State University.

Her new board includes Mrs. Margaret Bowland, 25389 Hartcourt, Farmington, constitution committee chairman. Mrs. Stynes graduated from WSU in 1955, and Mrs. Bowland in 1960.

A reliable drapery man . . .
DON POLAND
DRAPERIES and SHADES
"Select in your home."
OFFICE 255-3680 HOME 427-8361



LOCAL TALENT—Debbie Wilson of Clarenceville High School tries her skill on the balance beam. Watching her are Kathy McGarh, Farmington East Junior High; Diana Helmer of

Westland, John Glenn High, and Laurie Petersen of Plymouth High School.

(Photos by Evert)

This charming Early American fixture is available in Antique Brass or Copper, Avocado, Antique Red, Mustard or Black.

Also see our large selection of Mediterranean, Provincial and Contemporary fixtures. Come in and browse around the largest showroom of lighting fixtures in metropolitan Detroit.

"For the Light of Your Life" . . . See

ALLEN electric supply co.

31750 PLYMOUTH ROAD, Livonia KE 5-8740
Between Meridian and Farmington Roads GA 1-9300
Mon., Thurs. - Fri. 9-9 Sat. 9-5 GL 3-5300

LOOK FOR OUR "GREEN TAG" SPECIALS

Make the **Holiday Scene** With an **Artiste** Now—**Hairdo**

For the big holiday happenings, let us give you a custom cut, a support wave to control curves or hold curls, maybe a splash of color and finally, one of the new romantic hair styles. In a few hours you'll look like a new girl—a new girl!

Special! Waves Including Set and Cut

875 \$10 1250

SPECIAL! MON., TUES., WED. CUT, OIL SHAMPOO and SET . . . \$4.75

*** hairpieces ***
Artiste's New Low Prices

WIGLETS from 10.95 WIGS from 22.95
CASGADES from 19.95 FALLS from 39.95

And, we're staffed to give you complete, prompt wig service custom cuts, cleaning, styling.

Gift Certificates for All Services including Hairpieces

Artiste hairstylists

WORLDLAND 427-1380 WESTLAND 425-9510 LIVONIA MALL 474-8044 NOBLESWOOD 356-0660

Appointments Not Always Necessary — Open Evenings

Engaged

Mr. and Mrs. William E. Fellers of Country Club Drive, Livonia, announce the engagement of their daughter, Elisabeth Ann, to Jan Leonard Janiczek, son of Mr. and Mrs. Leonard Janiczek of Plainview Avenue, Detroit. The bride-elect is a graduate of Henry Ford High School and attended Detroit Business Institute. She is employed as a secretary at Burroughs. Her fiance is a graduate of Redford High School and will graduate from Wayne State University next June.

ELISABETH FELLERS

Falls are fun!

From **\$49.88**

An exclusive Bernard Fall is so versatile you'll enjoy it Christmas and every other day of the year. Come in now, and select the one just made for you.

100% Human Hair. Lifetime Guarantee.

Bernard WIG SALON

7 LOCATIONS IN GREATER DETROIT
20350 West 7 Mile 161 West 9 Mile
Westland Shopping Center Livonia Mall
Macomb Mall Belle Vista Mall Oakland Mall

SECURITY & MICHIGAN BANKARD ACCEPTED

if you order now . . . your selection will grace your home before Christmas!

LAST 4 DAYS TO ORDER . . . SOFAS and CHAIRS CUSTOM MADE TO YOUR ORDER!

Examine this impressive collection. There's over 30 stimulating styles and over 400 lavish fabrics to choose from! Each piece is distinctively Triangle in quality and in design! Deluxe features include fitted arm covers, foam rubber or polydacron cushions, upholstered decks and impeccable finishing throughout. Here's matchless luxury in traditional or modern, timed for holiday enjoyment.

TRIANGLE FURNITURE

111 NORTH WOODWARD AVENUE, DETROIT, MICHIGAN 48226