

## Astronauts Also Are Sandwiches

By ELLY  
Prize-winning recipes chosen by the judges of the National Sandwich Month contest include "The Astronaut," "Hidden Gold Peanut Butter Sandwiches," and the "French-Toasted Cheesewich."

Here they are and some of the other top choices from the contest:

**THE ASTRONAUT**  
6 Sandwiches  
12 slices enriched white bread  
Butter  
6 slices boiled ham  
8 slices cooked turkey  
18 asparagus spears, cooked  
4 slices Cheddar cheese  
1 c. Hollandaise sauce  
3 eggs, halved and deviled  
6 slices pimiento  
Butter toast. Fry ham slices in butter. Place one ham slice on each of six toast slices. Top with turkey slice, three asparagus spears and one slice cheese. Broil until cheese melts. Cover with remaining toast slices. Spoon Hollandaise sauce over each sandwich. Top with deviled egg half and a pimiento slice.

**FRENCH TOASTED CHEESEWICH**  
6 sandwiches  
12 slices enriched white bread  
Butter  
3/4 c. applesauce  
12 slices Cheddar cheese  
3 eggs, beaten  
1/2 c. milk  
1/2 t. salt  
1/2 t. cinnamon  
Butter bread; spread with applesauce. Place two cheese slices on top of each of six bread slices. Top with remaining bread. Blend together remaining ingredients. Dip sandwiches in batter and grill in butter until golden brown.

**HIDDEN GOLD PEANUT BUTTER SANDWICHES**  
3/4 c. peanut butter  
2 T. mayonnaise or salad dressing  
Dash of nutmeg  
1/2 c. coarsely grated raw carrot  
12 slices bread  
Butter or margarine  
Lettuce leaves  
Blend together peanut butter, mayonnaise and nutmeg. Mix in the carrots. Spread bread with butter or margarine, then spread peanut-carrot mixture on six slices. Top with lettuce leaf and remaining bread slices. Cut in halves.

**HUMDINGER**  
3 c. chopped red cabbage  
1 apple diced  
1/2 c. cider vinegar  
1/4 c. light brown sugar  
1/4 c. raisins  
1/2 t. salt  
1/2 t. caraway seed  
1/4 t. pepper  
1/4 t. poultry seasoning  
1/2 t. ground cloves  
12 slices bread  
12 slices Provola cheese  
6 slices roast pork  
Sauté cabbage and apple in oil. Add vinegar, brown sugar, raisins and seasonings. Cook covered; until soft, about 20 minutes. Butter bread. Cover six slices with cheese slices, pork and cabbage mixture. Close sandwiches with remaining bread. Grill in butter until golden brown. Serve hot.

**SAVOR-OF-THE-ORIENT SANDWICHES**  
6 oz. cream cheese, softened  
1/4 c. chopped chutney  
1/4 t. curry powder  
1 c. chopped cooked ham  
12 slices buttered bread  
Combine cream cheese, chutney and curry powder and mix well. Stir in ham and spread mixture on six buttered bread slices. Top with remaining bread slices and cut in halves.

**CORNED BEEF HASH SANDWICH AU GRATIN**  
1 T. cooking oil  
1/2 t. finely minced onion  
3/4 c. corned beef hash  
1 T. catsup  
4 slices bread  
1/2 c. grated sharp cheese  
Heat oil in skillet, add onion and sauté a few minutes. Add hash and catsup and cook, stirring occasionally, five minutes. Toast bread on both sides, then spread each slice with hash mixture. Sprinkle cheese over top and place on a cookie sheet. Place under heated broiler for five minutes or until the cheese melts. Makes four sandwiches.



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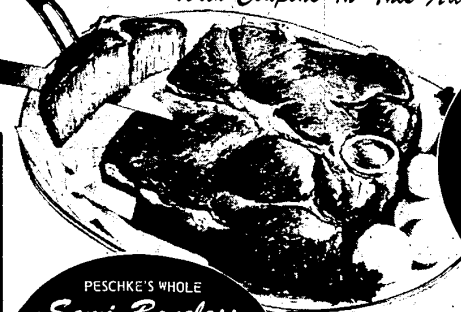
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