

PROFESSIONAL SERVICES

Z. R. ASCHENBRENNER, M. D.
Physician and Surgeon
Office Hours: except Wed. and Sun., 1:30 to 4:00 p. m.
Evenings, except Wed., Fri., and Sat., 7:00 to 8:00
Office Phone: 160
Residence Phone: 6228
23603 Farmington Rd., Farmington

HABBY HART, M. D.
Physician and Surgeon
Office Hours: 1:30 to 4:00 p. m. except Thursday and Sunday
Evenings: 7:00 to 8:00 except Wednesday, Thursday and Sunday
Office Phone: 160
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Correct Glasses for the Entire Family

Mrs. Mowery Sr., on Parker Avenue.

Mr. and Mrs. Robert Olson of 8 1/2 Mile Road suffered the loss of their home and contents in a fire last Wednesday.

Mrs. Jerry Fifoot of Hawthorne Avenue and sisters, Mrs. Duncun Edwards of Guelph, Canada, and Mrs. DeVine of Cape Breton Island, Canada returned Friday from a visit with their sister, Mrs. Hazel Jones and family in New Jersey, and then on to their homes in Canada on Saturday.

Mr. and Mrs. D. G. McIntyre of Ten Mile Road left Friday for a visit with Mr. and Mrs. George Lane and Mr. and Mrs. William Crawford in Beaverton, Michigan and returning home Tuesday.

Mr. and Mrs. Mattes of Ferndale were Saturday guests of Mr. and Mrs. Hugh Mowery, Sr., on Parker Avenue.

Private Dale Butler of Harrison, Texas, came Thursday for a ten day furlough to visit his parents, Mr. and Mrs. Leon Butler on Nine Mile Road. His parents entertained fifty friends and relatives with a dinner in his honor on Sunday.

Mr. and Mrs. H. A. McIntyre called on their daughter, Mrs. W. J. Bantfield and family in Milford Sunday evening.

Mr. and Mrs. Noble Livingston and family and Mr. and Mrs. Willard Livingston of Detroit were Sunday dinner guests of Mr. and Mrs. Clarence Billig on Middle Belt Road.

Sergeant George Esch of Scott Field, Illinois and friend, Miss Doris June Williams of St. Louis, Mo., were weekend guests of his parents, Mr. and Mrs. Ernest Esch on North Farmington Road, and Sunday they had as their guests Mr. and Mrs. Herman Rosov and family of Plymouth, Mr. and Mrs. Reynolds Esch and family of Northville, Mr. and Mrs. Louis Rosov and family, Mr. and Mrs. Henry Esch and family of Redford, Mr. and Mrs. Albert Esch and family of Mt. Clemens and Mr. and Mrs. Edward Way and family of West Point Park at a large party in the afternoon. Sergeant Esch and Miss Williams returned to their posts of duty on Monday.

G. W. Urquhart of Detroit was the weekend guest of Mr. and Mrs. J. H. Chandler on Power Road.

Little Miss Gerry and brother, Bobby Haskins of Farmington Rd. spent the weekend with their grandparents, Mr. and Mrs. E. W. Dollen at their lake cottage and Mr. and Mrs. C. D. Haskins called on them on Sunday.

The Nichols School at North Farmington began their school year on Tuesday of this week as well as several other schools in the Township.

Little Miss Jean Fifoot entertained twelve little friends at her home on Saturday to help her celebrate her eighth birthday. A lovely lunch was served and she received many lovely gifts from her friends.

Mrs. Robert Teagnum and daughter, Sharon, and son, Gary Robert of Karl Avenue, attended the Twenty-Fourth Reunion of the Dean Family at the home of Mr. and Mrs. Joseph Huff in Fowlerville on Labor Day.

Mr. and Mrs. Albert Koss of Base Line Road called on Mr. and Mrs. Hamilton in Detroit, Friday evening.

Mr. and Mrs. Plan Drummond and Joseph Drummond of Capex, Mr. and Mrs. Hupert Drummond and John Drummond of White Pigeon and Dan Drummond of New Baltimore were callers at the Edward Hupert home on Orchard Lake Road over the weekend where their sister and mother, Mrs. Hupert is ill at her son's home.

Mr. and Mrs. Isaac Bond of Orchard Lake Road attended the funeral of their uncle, William F. Berry in Lansing Tuesday with burial in St. Johns.

Mr. Ivar Anderson of Power Road is opening a Steel Treat Shop on Nine Mile Road at Telegraph Road on or about Sept. 15. Mr. and Mrs. Anderson and family have made their home among us for sometime and we wish him success in his new business.

Mr. and Mrs. Fred Wendland of Roosevelt spent the weekend with relatives in Temperance, Michigan.

Mr. and Mrs. Bert Ralmey of Detroit were the Sunday guests of Mr. and Mrs. Albert Koss on Base Line Road.

Fred Lee of the Naval Training School near Chicago who has been visiting his parents, Mr. and Mrs. Fred Lee of Walled Lake, called on his grandparents, Mr. and Mrs. S. J. Walker of Edward Avenue, on Tuesday. They also received a letter from their grandson, Sergeant Edward Lee who is stationed with the American Forces Over Seas.

SPECIAL FARM POSTER



BUY WAR BONDS
Make Every Market Day BOND Day

Promotes War Bonds—Urging farmers to purchase War Bonds every market day, this striking War Bond poster will serve as a constant reminder of the farmer's stake in the War, for it will be displayed generally in the rural areas during the next few months. Illustration by John Stewart Curry.

A WORD TO THE WIVES

Help! There show have you been sleeping lately? I believe a lot of us, including myself, have been having trouble falling into the arms of Morpheus, as we lay down to sleep each night. Fortunately there has been quite a bit written lately on what happens when we go to sleep, why we don't and what to do about it.

We all know what lack of sleep does to us, robs us of what we do have and we get old before our time, makes us unfit to cope with the day ahead of us and most always we're crabby and out of sorts.

The amount of sleep we need varies considerably in persons of the same age group. So if you find yourself doing nicely on six hours sleep, don't let it worry you because health authorities recommend eight. The experts have never been able to fully explain what happens when we go to sleep. There are lots of theories among which is, that the brain receives less nourishment, but that was proved false. At one time they were comparing sleep with fainting, in which cerebral anoxia (lack of blood in the brain) takes place. But study proved, that while the blood pressure dropped, it wasn't enough to slow up circulation.

Have you ever wondered why you were "too tired" to sleep? Well listen to this, when we exercise the waste of the metabolic activity accumulates in the vital fluid and serve as a chemical sedative. But when we over-exercise it acts as a stimulant. So I guess one of the prime requisites, is to get tired, but not too tired. You're probably

heard about city people not being able to sleep when they go to the country, cause it is "too quiet." Well can all sleep amid the noises we have become accustomed to.

The very act of getting ready for bed will lull some people to sleep and they are far away in dreamland before they even hit the pillow. With some women, making more elaborate preparations help, a nice sweet smelling bath, creaming and massaging the face, brushing and trying new hair-dos, help to relax taut nerves and induce sleep.

Complete relaxation is very necessary to "falling asleep." I read about this method years ago and it really does help; start at your toes and wiggle each muscle as you go up your body and let it relax. I can work it fine until I come to my brain and I have a hard time convincing it, that it should wiggle then relax.

Make sure you're not hungry when you go to bed, lots of people can't sleep after they have eaten, but nobody can sleep when their tummy is growling and crying for a bit of food. A glass of warm milk or cocoa is most conducive to sleep.

And if all the "sleep inducing" ideas fail, then what? Why just lay there and don't try to go to sleep, also over in your mind the day just ended and see what you could have done different to have made this a happier world for someone. Then plan the day ahead. But try to lie quietly and relaxed to do your thinking and remember the rest will do you a lot of good. Fighting with the bed covers and pillow, while trying to drop off to sleep, will only leave you more tired in the morning than when you went to bed. So just rest—if you can't sleep. Bye now.

Letters To The Editor

August 30, 1942
Dear Sir: Am receiving the paper now, and enjoy it very much. They are a lot better than letters from home, for they tell a lot about the town and the folks.

I enjoy the column Service Notes, for I can keep track of my friends who are in the army now. I am sure the others who are away now enjoy it, too.

It has been all of two years now since I left home, but the paper brings back lots of things. It is just like meeting an old friend from home, and talking things over.

Am sorry to hear that Kelly has been called, for I believe he was very useful. I hope he likes it in the army. He will get a good chance at some post to help put out the post paper.

It is rather nice where I am stationed, and we all get along well and are O.K. so far. I can't write as good a letter as Pvt. Middlewood did, but I want everyone to know it isn't bad here, and that all is O.K.

Our mail service is splendid, and there are always more letters than you have time to answer. It is all ways swell to hear from home, and I know that all the boys sweat out mail call every time a letter, or a card shows up.

I think the work that everyone is doing back home is splendid, and I only hope that it does lots of

good to help win this war. It is nice to know that all are doing their part as well as the boys in foreign service.

Time to get back to work, so will close now. And thanks a million for the paper. It sure is a welcomed thing these days.

Yours truly,

Cpl. William H. Barrons.

Farmington, Mich.

August 31, 1942

To the Editor:

With all this talk of saving materials and wearing slacks, etc., I would like to say a few words.

It looks to me like the men are saving all right, but the only women who save cloth are the ones who stick to their own type of clothing. Dresses and stockings take less material than slacks, and look better. These commodities are available, and don't need to be painted on. Americans are not savages yet.

Also, why bemoan the lack of silk when our own factories can produce excellent products from our own cotton crops? Paint won't keep out the cold, and when we get back from the war, if one wants to see people dressed instead of painted, and the men wearing the trousers.

I know we use a lot of materials to fight this war, but we don't take it all. Let's keep our heads.

—Draitee.

Miss Mary Gagner visited at Fort Custer on Sunday. Miss Gagner has just entered Mt. Carmel Mercy College, for three years nursing course.

Farmington Township

Mrs. H. A. McIntyre

Mrs. Frances Billing, Mrs. Louise Brown, Mrs. Lettie McIntyre and Mrs. Susie Seelye of Farmington Township attended the School of Instruction for members of the Election Boards at the Court House in Pontiac last Friday.

Mrs. Edward of the Grand River Cut-off entertained friends from Lake Orion, Pontiac, Royal Oak, Clarencville, Detroit, Farmington and Grosse Pointe last Friday at a Stork Shower in honor of Mrs. Hugh Mowery, Jr., at the home of

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WARNING

DON'T THROW AWAY WORN-OUT OR BROKEN APPLIANCE PARTS!

It may be necessary to TURN THEM IN before REPAIRS or REPLACEMENTS can be made.

If you need a new part for any domestic appliance, and if that part contains copper, brass, bronze, rubber or any other critical material, chances are that the old part will have to be turned in before a new part can be issued.

A nuisance? Yes, but a necessary one. The supply of critical materials is insufficient to meet all war and all civilian purposes. In order to make sure that the supply available for civilian use is stretched as far as possible, the manufacturers of many appliances, working in cooperation with the Government, now issue a replacement part only if the old part is turned in.

The purpose is two-fold: To make sure that the new part is actually used for replacement, and to assure the recovery of critical materials contained in the old part.

This rule applies not to a few items but actually to thousands of items. Even parts which contain a comparatively small percentage of copper, brass, bronze or rubber are included.

So if something breaks or wears out in your range, refrigerator or water heater or other appliance, you may save yourself disappointment if you keep the old part handy, ready to be turned in if necessary.

SAVE FOR VICTORY • THROW YOUR SCRAP INTO THE FIGHT

1014

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