

Zabaglione
Shortcake
Is Special

By ELLY

The ultimate in springtime desserts is strawberry shortcake topped with a classic European sauce, zabaglione.

The recipe takes only a little more time to prepare than regular strawberry shortcake, but the result is a continental specialty that's an occasion-maker - the dessert for an important luncheon or dinner party.

It's nice to know that good nutrition can go along with such fancy eating. Enriched flour in the cake batter gives the B vitamins, thiamine, niacin and riboflavin, plus the mineral, iron.

STRAWBERRY CAKE
ZABAGLIONE

2c. enriched flour
1/4 c. sugar
1 T. baking powder
1/4 t. salt
1/4 t. baking soda
1/2 c. shortening
2 eggs
1 pt. strawberries, washed, hulled and sliced
1 t. vanilla extract
Red food coloring
Confectioners' sugar (optional)
Zabaglione

• Stir together dry ingredients. Blend in shortening and milk. Beat two minutes with electric mixer at medium speed or 300 strokes by hand. Blend in eggs, 1/2 cup speed strawberries and vanilla. Beat two minutes at medium speed or 300 strokes by hand. Stir in food coloring to make batter pink. Pour into two greased eight-inch round cake pans. Bake in pre-heated 350-degree oven 30 to 35 minutes, or until done. Cool 10 minutes before removing from pans. Cool completely. Cover one cake layer with remaining strawberries; top with second layer. Dust with confectioners' sugar. If desired, prepare zabaglione and serve immediately, spooning zabaglione over individual servings.

ZABAGLIONE:
8 egg yolks
1 c. confectioners' sugar
1/2 c. Marsala or sherry
8 egg whites, if desired

Beat egg yolks until very light. Beat in sugar. Cook over boiling water, beating constantly with wire whip, until foamy. Add wine. Continue cooking, beating constantly, until thickened. Remove from heat; cool. If fluffier sauce is desired, beat egg whites until stiff peaks form. Fold into cooled egg yolk mixture. Serve immediately.

NOTE: Spoon flour into dry measuring cup; level. Do not scoop.

The strawberry cake zabaglione serves eight to 10.

PEANUT BANANA CAKE
1/2 c. shortening
1 c. granulated sugar
2 eggs
1/2 c. milk
1 c. mashed ripe bananas
2 1/2 c. all-purpose flour
2 1/2 t. baking powder
1/2 t. salt
1/2 c. chopped cocktail peanuts
• Cream shortening and sugar until light and creamy fluffy. Beat in eggs. Stir in milk and bananas. Sift flour, baking powder and salt. Stir peanuts into cake batter. Stir dry ingredients into cake batter. Beat until smooth and well blended. Pour batter into two greased layer pans. Bake in pre-heated 350-degree oven for 30 to 35 minutes. Cool in pan for five minutes. Then loosen edges and cool on rack. Add topping.

CRUNCH TOPPING
1/2 c. coconut flakes
1 T. softened butter
2 egg yolks
1/3 c. light cream
2 t. vanilla extract
1 lb. sifted confectioners' sugar
1/2 c. finely chopped cocktail peanuts

• Stir coconut in a skillet over low heat until golden brown. Cool. Combine butter, egg yolks, cream and vanilla. Gradually beat in enough confectioners' sugar to make frosting the right consistency to spread. Mix coconut and peanuts. Spread some of the frosting between cake layers. Sprinkle some of the peanut-coconut mixture over the frosting. Frost top and sides of cake and sprinkle with remaining peanut-coconut mixture.

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LB

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Homogenized Milk

99¢

GAL JUG

IRREGULAR

Clover Valley Peaches

25¢

1-LB 13-OZ CAN

UNSALTED OR LIGHTLY SALTED

Land O' Lakes Butter

73¢

1-LB PKG

NO PHOSPHATE

Instant Fels

97¢

5-LB 6 1/2 OZ PKG

UPPER DECK

Whole Kernel Corn

1

17-OZ WT CANS

REDPACK

Tomatoes

25¢

1-LB 13-OZ CAN

JUMBO SLICERS VINE RIPE

TOMATOES

3.1

1-LB FOR

FIRST OF THE SEASON CALIFORNIA

STRAWBERRIES

89¢

QUART

INDIAN RIVER 40 SIZE

WHITE GRAPEFRUIT

5.79

FOR

FLORIDA

Celery Hearts

49¢

PKG

TEXAS

Juice Oranges

1.99

16-LB BAG

125 SIZE

Red & Golden Delicious Apples

99¢

FOR

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GREEN PEPPERS, GREEN ONIONS, RED RADISHES

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