

SIXTY-SEVENTH YEAR — NUMBER 12

FARMINGTON, MICHIGAN, THURSDAY, DECEMBER 23, 1954

M.S.C. CONDUCTS SURVEY TO DETERMINE
REASON FOR TIREDNESS OF HOUSEWIVES

The age-old problem of tired homemakers has been "tagged" by Michigan State College home economists.

The answer to "What makes a homemaker tired?" is being sought by Dr. Elizabeth Wiegand and Dr. Irma Gross of the home management and child development department. They have started a study which will ask the help of 100 mothers who have at least two pre-school children.

These women will be interviewed and asked questions on their attitudes on relaxation and sleep and their likes in household tasks. Interviewers will ask about the equipment each mother has to work with and something about the children's play area. The most trying period of a day for each mother will be studied.

Dr. Wiegand has chosen to in-

terview mothers with pre-school children. These women would most likely have the heaviest workload since the children are dependent on them. The women will represent 100 Lansing families and will be chosen at random. There will be about four from each school district in the city.

The goal of this project is to help families live with happier family relationships and by doing so, have happier homes. The hundred families interviewed may not seem like a large number, but they will be helping in bettering their family relationships by actually analyzing their own attitudes and plans. But the study primarily should help all families by giving a broad picture of what factors make a home maker tired.

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Keep Swedish Delicacy on Hand for Coffee-Time Treats

BY DOROTHY MADDOX

FRIENDS of ours just back from Sweden, report on a wonderful soft spice cake they ate there.

"The aroma was familiar; spicy like American gingerbread, but the 'face' was different. Instead of a flat square, there was a high and handsome cake which had been baked in a tube pan (the kind we use for fancy gelatin desserts).

"The cake wasn't frosted as ours usually are, but it didn't need finishing with frosting. Lining the buttered pan with fine dry cake crumbs made it come out beautifully smooth and pretty.

"The Swedish people call our American cakes frosting cakes. They're a little sweet for their taste."

As the cake slices fell, we could see chips of candied orange peel and citron. "We put those in especially for the holidays," said our hostess, "and the rest of the year, we serve the cake plain."

"It's so quick to stir up, and keeps so well that most people always have it on hand to serve when friends drop in for coffee."

Home economists of the Pillsbury Test Kitchens dropped this recipe for us. They lined the pan with chopped nuts instead of cake crumbs, believing the flavor and texture of nuts would appeal more to American tastes than a plain crumb finish.

Good Soft Spice Cake

(Good Mjuk Pepparkaka—Pronounced God Meyook Pepper-Kaka)

Melt $\frac{1}{4}$ cup butter or margarine; cool. Sift together $\frac{1}{2}$ cups enriched flour, 2 teaspoons double-acting baking powder, $\frac{1}{2}$ teaspoon salt, 2 teaspoons cinnamon, 1 teaspoon ground cardamom, 1 teaspoon cloves, 1 teaspoon ginger.

Beat 3 eggs with $\frac{1}{2}$ cup sugar and $\frac{1}{2}$ cup firmly packed brown sugar until very thick. Stir in 3 tablespoons finely chopped citron, 3 tablespoons finely chopped candied orange peel, $\frac{1}{4}$ cup blanched almonds, chopped fine, and half of the dry ingredients. Mix well. Blend in $\frac{1}{2}$ cup light cream. Add the remaining dry ingredients; mix well. Add the cooled, melted butter; stir just until blended.



Soft Swedish Spice Cake, served with coffee, is a treat that's welcome at any hour of the day or evening.

Turn into 9- or 10-inch tube pan which has been generously greased and coated with finely-chopped almonds or other nuts. Bake in moderate oven (350 degrees F.) 50 to 60 minutes. Cool in pan 15 minutes; invert on wire rack. Serve warm or cool. Note: If desired, cake may be baked in 9x5x3-inch bread pan. Citron and candied orange peel may be omitted, if desired.

Jaycees To Select Outstanding
Young Man Of Community Jan. 10

Werner Claus, chairman of the Farmington Jaycees Service Award committee, announced this week that a group of leading citizens have agreed to serve as judges for the D. S. A. Award. The judges will review all nominations and the award will be given to the young man they deem most deserving.

CARE OF TREE
MAKES IT SAFER,
LONGER LASTING

Making a Christmas tree last longer and reducing fire hazard are two problems facing millions of families this time of year.

Three general rules are offered by Dr. Marion T. Hall, botanist, Cranbrook Institute of Science, Bloomfield Hills: Keep the tree in a cool place whenever possible; Keep it moist; and Fireproof it at least partially.

The newly acquired tree should be sprayed or sprinkled with water. Then about an inch of water should be removed from the butt in a slanting cut (45 degrees). This cut end is placed in a pan of water, and the tree stored in a cool place until time for decorating. Before it is decorated, the tree should be set in a waterbath instead of which water is added daily.

Partial fireproofing may be accomplished by spraying the tree with a mixture of waterglass (soluble sodium silicate). The water parts of waterglass to one part water. Add one teaspoon of detergent.

While waterglass gives an attractive sheen and helps prevent fire, the tree's rich supply of resin is still inflammable if carelessly brought into contact with fire or excess heat.

Reports that water solutions of various chemicals, such as ammonium sulphate, will prevent needle fall, have not been scientifically proved, according to Dr. Hall. An adequate supply of water alone should do as well.

Ervin Bohlinger and his son, Don, of Mayfield Avenue were last night guests of the former's sister-in-law, Miss Esther Middlewood in East Lansing. For reasons of health, Mrs. Ervin Bohlinger is spending the winter with his sister, Miss Middlewood.

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Wins Citizenship
Award At F.H.S.

MARY LEE BRYAN

Mary Lee Bryan has been selected winner of the 1954 D. A. R. good citizenship award, presented annually to the outstanding girl from the graduating class of Farmington High School.

Miss Bryan, daughter of Mr. and Mrs. James Bryan, 21126 Haggerty Highway, was picked by the faculty of the Senior High School from a slate of three nominees voted on by the entire senior class.

Nominations for the award are judged on several qualities. Among them are dependability, truthfulness, loyalty and punctuality. Service, leadership, and patriotism are other important items measured in picking the winner.

Miss Bryan has been very active in school affairs. She has been in the Girls' Athletic Association all four years; this year as an officer. She was in the senior play, "The American Going Home," presented in November. Class activities and various committees have comprised the remainder of her extra-curricular work.

Last spring she was selected to represent Farmington at the Wolverine Girls' State in Ann Arbor.

Miss Bryan has maintained a high scholastic record while at Farmington. Her plans after graduation in June are indefinite.

TOO MANY PEOPLE
SKIP BREAKFAST,
SURVEY REVEALS

The old saying "early to bed and early to rise makes a man healthy" can only be true in the long run if you get up early enough to eat a good breakfast.

A recent two-year government survey of 600 men working in industrial plants revealed that many are not getting their daily three square meals. Other research has shown this is also true of teen-age girls, working women, and women worried about their weight.

The meal most often neglected is breakfast.

"Starts the day out right, means eat a nutritionally balanced breakfast, one that will fuel your body for the activities ahead," according to Milton Hult, president of the National Dairy Council.

"Part of the trouble with American eating habits," Hult says, "is so many people think all you have to do is count calories. They think if you consume too many, too little, or a specified amount of calories each day, you'll be accordingly fat, thin, or just right."

The really important thing, the dairy organization president says, is to get about one-third of the nutrients you need at each meal—breakfast, lunch and dinner—with portions geared to your energy needs.

West Point Park
NewsBy MISS L. A. AULT
Farmington 1401-M

At their home on Brentwood Avenue Thursday evening, December 16, Mr. and Mrs. Austin Ault gave a dinner party honoring the birthday of their daughter, Mrs. George Throne of Ypsilanti. The honored lady was presented with several useful and pretty gifts.

Saturday afternoon, December 11, at her home on Mayfield Avenue, a large group of her school friends gathered to tender Miss Gloria Kauranen a twelfth birthday celebration. Refreshments were served and Miss Gloria received a great many pretty cards and gifts.

Mrs. M. E. Ault of Mayfield Avenue was hostess to her rug club when it held its all-day meeting Monday, December 13.

Mrs. Kenneth Kirkwood, fourth grade teacher at Pierson School, accompanied her pupils to the Ford Rotunda Thursday afternoon.

Mr. and Mrs. Arthur Muir and their three children, of Shadyside Avenue, were Saturday evening guests at a Christmas party given at the home of Mr. Muir's sister, Mrs. Andrew Kaylik, in Birmingham.

The Neighborhood Bible School will hold its annual Christmas program and distribution of gifts in the Neighborhood Church Thursday evening, December 23, at 8 p.m.

The Linburgs from Brighton were calling on Mr. and Mrs. George Welsh on Mayfield Avenue Thursday afternoon.

Frederick Schult of Shadyside Avenue is spending the Christmas holidays with friends in northern Michigan.

Mrs. Edwin L. Johnson of Clarita Avenue is invalided with a severe and complicated form of arthritis.

Miss Freda Ault and Mrs. Albert Owen attended a "Stanley Hostess Party" at the Veterans' Building in Detroit last Wednesday evening.

Death of a young relative called Mr. and Mrs. Roy Helton of Mayfield Avenue to Alabama last week end.

★
Blue Star
Mothers
L. MCINTYRE

The Blue Star Mothers of America held their Christmas carry-in luncheon and party followed by the December business meeting and election of officers in the Town Hall on Thursday, December 16.

Luncheon guests were Mrs. Earl Wilson and Mrs. George Evans of the Highgate Park Blue Star Mothers chapter.

On Tuesday, December 21, Blue Star Mothers of the local chapter visited veterans in the ambulatory building at the William H. Maybury Sanatorium, Northville. Visits were also made by Blue Star Mothers from Novi and Southville.

Installation of officers for 1955 will be held in the Town Hall on Thursday, January 20, at 1:00 p.m. Tea will be served by the past president of the chapter. There will be no luncheon or card party during January.

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PUBLIC HEARING

ON PROPOSED AMENDMENTS
TO THE TOWNSHIP
ZONING ORDINANCE

Wednesday, December 29
8:00 p.m.

Farmington Town Hall

All residents of Farmington Township are invited to participate in the discussion of the following proposals:

Five parcels of land on Fourteen Mile Road and Northwestern Highway adjacent to the Michigan Consolidated Gas Company installation to be rezoned from Residential to Commercial and Industrial.

A parcel of land north of Twelve Mile Road and west of Schroeder Road in Section 8; now "unclassified," to be zoned Residential IV.

Three lots on the west side of Farmington Road near Flanders Street to be rezoned from Residential to Commercial.

LEO KELLY, Chairman
Township Zoning Board



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