

Frequent Eye Exams Are Urged

A trucking industry safety director today urged drivers to have their eyes checked frequently.

"The recommendation of optometrists and ophthalmologists for an eye check-up at least every two years is more than just advertising," said Mr. Jerry Gilles, Safety Director of Michigan Trucking Association, speaking in connection with the Michigan trucking industry's October courtesy and safety campaign on "Vision."

"When you stop to realize that practically every action a driver takes is based upon what he sees," Gilles said, "the importance of good vision cannot be overemphasized."

Gilles said that eye specialists recognize many aspects of vision as having a relationship to safe driving. He listed the principal factors in good vision and their importance to safe driving as:

1. Visual Acuity—Best defined as "see-ability," the basic ability to see and distinguish objects.
2. Form Field of Vision—The ability to see objects out to the side while looking straight ahead. This is what enables the driver to see hazards off to one side.
3. Binocular Vision—The ability of both eyes to work together as a team. The failure of the eyes to work together, due to muscular deficiencies, results in undue eyestrain and distorted vision.
4. Depth Perception—The ability to judge the position of objects in space, the relationship and distance between them and their relation to the viewer. It is important in judging following distance, safe passing space and clearances when driving.
5. Color Perception—The ability to recognize and distinguish between colors. For driving, it is important to distinguish between red, green, and yellow.
6. Night Vision and Glare Recovery—The ability to see in dim light and to quickly regain normal night vision after looking at a bright light is important to safe night driving.

Gilles went on to say that a person's vision changes constantly.

"Some changes are temporary and are caused by fatigue, excessive smoking, or even something so seemingly simple as a cold or hay fever. Of greater importance are the subtle changes that occur with the passage of time.

Visual acuity, night vision and glare recovery all deteriorate with age.

"Many eye diseases can develop, which, if neglected may prove serious and even lead to blindness," he declared. "Vision tests are available to any interested group by contacting the safety department, Michigan Trucking Association, Lansing," he added.

"On the other hand, periodic eye examinations can enable the detection of these conditions, and, in most cases, permit them to be corrected. They also warn the driver of any abnormal eye condition that he may have and the specialist can often suggest means to compensate for the condition so that the patient can continue to drive safely," Gilles pointed out.

"Even for the youngsters, who will be tomorrow's drivers, an eye examination now will not only uncover visual problems that may be a source of trouble in their school work, but it may not be too late to correct them for greater safety when the youngster reaches driving age."

Area Scouts List District Meet Tonight

Sunset District of the Detroit Council Boy Scouts of America will hold its annual meeting Wednesday (Oct. 27) in the Franklin High School auditorium in Livonia with dinner at 6:30 p.m. and the program beginning at 8 p.m.

Highlight of the evening will be the presentation of the Silver Beaver, highest award of Scouting to an adult leader, to an as yet unnamed Scout Leader in the district which includes: Livonia, Plymouth, Northville, Redford Township, Nankin and Garden City.

Frank McInnis, of the Detroit Council, will make the presentation of the Silver Beaver at which time all previous holders of the coveted award from the district will be on hand to welcome the new member.

Principal business of the evening, other than the presentation, will be the installation of new district officers.

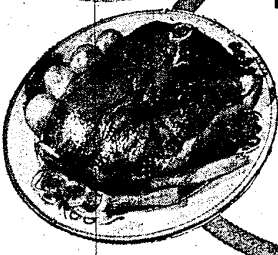
Following the business meeting, Terry Barr, star halfback and pass receiver of the Detroit Lions, will give a short talk and show films of the highlights of the 1964 and 1965 seasons.

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WHOLE OR HALF
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DEL MONTE **CORN** . . . 4 1-LB. 1-OZ. PKGS. **69¢**
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DEL MONTE **STRAW TOMATOES** . . 4 1-LB. CANS **89¢**
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PEANUT BUTTER . . . 4 LB. JAR **12¢**
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APPLE CIDER
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59¢ 1-LB. BAG
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TEFLON-COATED ALUMINUM
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3-LB. 6-OZ. PKG. **59¢** SAVE 15¢
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BORDEN'S SHERBERT OR
COUNTRY CLUB ICE CREAM
GALLON FIRST 1/2 GALLON 29¢
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50 TOP VALUE STAMPS WITH THIS COUPON ON
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