

Queen of Hearts Says Forget Cooking On These Blistering Days

BY FAITH GILLESPIE

At the height of the heat of the summer, the accomplished cook knows just what to do: stop cooking. She knows how to succeed at not cooking without even trying.

The novice, on the other hand, may need a little instruction in the techniques of non-cooking.

You begin by making a solemn vow never to turn on the stove after eight o'clock in the morning. That gives you just enough time (if you get up pretty early in the morning) to brew up a batch of iced tea and hard-cook a few eggs against the coming hunger of the day. Use the eggs for sandwiches and salads and between-meal treats.

With a little ingenuity, you can feed a family for days on sandwiches, salads, and cold soups. You can even freeze cold soups like consommé and vichyssoise (made from a mix) in popsicle molds and eat them on the stick.

Then there is always the Queen of Hearts No-Cat Ice Diet.

After that, there is one grand alternative left to the confirmed non-cook. Call up Ben and George's Delicatessen, at Seven Mile and Middlebelt, and order hot pastrami with cold slaw on rye, to eat there in air-conditioned splendor, or to take home. Or cream cheese and lox on onion rolls. Or chopped chicken livers and potato salad.

The only problem that crops up in the no-cooking plan is the guilt problem. Even seasoned cooks have the tendency to feel a little wicked when nothing productive is happening in the kitchen.

My advice is to take any little old guilt feelings that appear and bury them deep in your subconscious with all your other assorted guilt feelings. Pretty soon, in all this heat, you won't even remember where you put them.

Should the burden of guilt become overpowering, here are some no-cook recipes. Your good old subconscious will think you are cooking, when you really aren't.

HAM BOATS: Use 2 or 3 medium slices of boiled ham diced small for each serving. For two servings, add minced green onions, 2 tablespoons chopped pickles, 2 tablespoons chopped celery, 2 tablespoons catsup, 2 tablespoons mayonnaise, and maybe 2 tablespoons chopped green pepper, if you have some around. Mix together and heap into hollowed-out tomatoes, or hollowed-out hard rolls.

FROZEN FRUIT SALAD: Cream together 3 ounces cream cheese, ½ cup mayonnaise. Fold in ½ cup whipping cream that has been whipped. Add ¾ cup chopped red maraschino cherries, ½ cup chopped green cherries, and 12 diced marshmallows. Place in freezer tray and freeze all day (or all night). Four servings.

HEARTY CORNED BEEF MOLD: Soften 1 envelope

Lutheran Church to Hold
Two Session Bld. School

From July 25 through 29, the 1966 VBS will be conducted at Lutheran Church of the Risen Christ Chapel, Plymouth.

This year's program is divided into two separate sessions, with two complete staffs: Morning from 9:00 to 11:00 for children pre-school through 2nd grade. Afternoon from 1:00 to 3:00 for children third grade through High School.

Due to the expected large enrollment, tents will be used in addition to the Chapel. The "Two Session" concept is being used to provide the most effective program possible with limited facilities, and will extend to include the closing VBS Service with morning students attending the 8:30 Worship Service and the afternoon students at the 11:00 Worship Service.

The increasing demands of a growing VBS offer all members the opportunity to serve in a vital area—Christian Education.

Completes Tests

Marine Pvt. Louis J. Loague, son of Mr. and Mrs. Harry J. Loague, of 15801 Deering, Livonia, has completed a week of testing and screening at the Naval Air Technical Training Center in Memphis, Tenn.

Knox gelatin in ¼ cup cold water. Dissolve it in 1½ cups HOT tomato juice (before 8 o'clock in the morning). Add 2 teaspoons lemon juice and ½ teaspoon salt. Chill till partially set, rubbery. Stir in 1 can (12 ounces) corned beef, crushed or chopped, 1 or 2 tablespoons chopped onion, ½ cup chopped celery, ½ cup mayonnaise or Miracle Whip, hard cooked eggs. This recipe makes more than enough for day or two in the refrigerator. When it's finally gone, there's always Ben and George's.

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Winning cards must be redeemed within three days after the telecast. Employees of Food Fair Stores, their advertising agency, and their immediate families are ineligible to participate.

See program directory in store for participating stores. Pick up your card at your Food Fair Store.

HERE'S HOW TO PLAY!

- To receive your card all you have to do is stop in at your nearby friendly Food Fair Store. No purchase is required to receive this card. One card is good for one week only. New cards are issued each week for the new race.
- Watch our television show on Channel 9, CKLW, each Saturday night from 9:00 to 9:30 P.M. After each race check your TV screen for the number of the winning horse. Compare this number with the number of your card under "WIN". If number on your card corresponds, you have a winner.
- You may also check your card at your nearest Food Fair Store to verify if you are a winner if you did not watch the show. Circle the number and take card to your Food Fair Store. Winners will receive award within 72 hours after verification.
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MOST FOOD FAIRS OPEN DAILY 9-9, SAT. 9-9
Prices effective thru Saturday, July 16.
Right reserved to limit quantities.



35325 Plymouth
at Yale
Livonia

Kendallwood Center
12 Mile at Farmington Road
Farmington

27428 W. 6 Mile
at Inkster
Livonia

27415 Schoolcraft
at Inkster
Livonia

Livonia Mall
7 Mile at Middlebelt
Livonia

705 South Main
at Linden
Plymouth

27200 Joy Road
at Inkster
Redford Township

Downtown Farmington
Farmington Road, South
of Grand River

Five Mile Rd.
at Levan
Livonia

8244 Merriman
Near Ann Arbor Trail
Nankin Township