

U.S. Roads No Worse Than Others

Next time you take to the road, try to remember that traffic conditions could be worse.

The United Kingdom — not the United States — holds the unenviable record for crowded highways with 11,284,000 vehicles and only 212,275 miles of road.

Even the Japanese can't duplicate the United Kingdom record, but they do claim sole possession of the world's worst traffic jam — Tokyo. Los Angeles' Hollywood Harbor Freeway leads the field in traffic density. Every day more than 219,000 cars take to the 22.6-mile-long freeway, according to traffic researchers. If put end to end, they would stretch more than 500 miles.

"High, wide and handsome" applies with even greater force to two record-holding U.S. highways—one in Dallas, and the other in Chicago, a 28-mile stretch of the Dan Ryan Freeway. They are 10-wide highways anywhere, with 16 lanes apiece.

Michigan has the only highway in America on which cars are prohibited from driving—M-185 on Mackinac Island. Although it is part of Michigan's state highway system, M-185 is restricted to horse-drawn vehicles and bicycles. The only time it's used is by a motorized vehicle is during an emergency when the island's fire truck is called to put out a fire.

What's the highest road in the world? The all-time winner is probably the mountain pass known as the Bodpo La in Western Tibet, with an altitude of 19,129 feet. A trade caravan traversed it in 1942. Since then, there has been an understandable shortage of traffic. But the Bogu La, only slightly less dizzying at 19,220 feet above sea level, is still used by Tibetans and Nepalese for a brisk barter trade in salt and rice.

Her college is a 1966 graduate of the University of Detroit College of Engineering where he was president of Phi Kappa Theta, national social fraternity, and member of Eta Kappa Nu, electrical engineering honor society. He is now attending graduate school at Ohio State University.

ENGAGED



Mr. and Mrs. E. T. Goniwicz, 21789 S. Brandon Farmington, announce the engagement of their daughter, Joyce Marie, to David W. Corwell, son of Mr. and Mrs. Elmer Corwell, 2256 Valley View Circle. Both are 1965 graduates of Farmington High School, and David is now attending the University of Michigan where he is a sophomore in the school of economics. Miss Goniwicz is a receptionist for two physicians in Farmington. No wedding date has been set.

Miss Hoffman To Be Married

Mr. and Mrs. Francis Hoffmann of 31629 St. James Drive, announce the engagement of their daughter Patricia Anne, to George E. Kostell, of Brecksville. Patricia is a 1963 graduate of Our Lady of Sorrows High School and a senior at Siena Heights College in Adrian, where she is president of the Student Government. The bride-elect is a member of Lambda Iota Tau, national literary honor society, and is in the field of Elementary Education.

Her college is a 1966 graduate of the University of Detroit College of Engineering where he was president of Phi Kappa Theta, national social fraternity, and member of Eta Kappa Nu, electrical engineering honor society. He is now attending graduate school at Ohio State University.

GOP Dinner To Feature 3 Speakers

Governor George Romney will address the 78th Annual Lincoln Day dinner, February 15, at the Elks Club in Pontiac. President Arno Hulet, of the Oakland County Lincoln Day Club, said today that he also expected Congressman William S. Broomfield, of the 18th district, and Congressman Jack McDonald, of the 15th district, would be present to bring news from Washington and the new Congress. President Hulet has chosen County GOP Chairman Joseph Farnum to act as toastmaster. Dinner tickets at \$4 each may be obtained from any member of the Club and from Mrs. Isabell Itaynes.

Canada Has Big Plans To Celebrate

Let's face it: Americans take Canada for granted. We know she's up there, big and woody and laced with great places to fish and ski, and we often see her name in headlines — you know, "New Cold War from Canada" — and her boys have fought big wars in three wars since 1900, and she remains the biggest single store customer for goods and services bearing the label "Made in U.S.A."

But even so, you couldn't say we really know a lot about our great northern neighbor. Can you name one Canadian folk-hero who would rank with our George Washington or Davy Crockett? If you can't, ask your school-age youngsters. Chances are, they can't either.

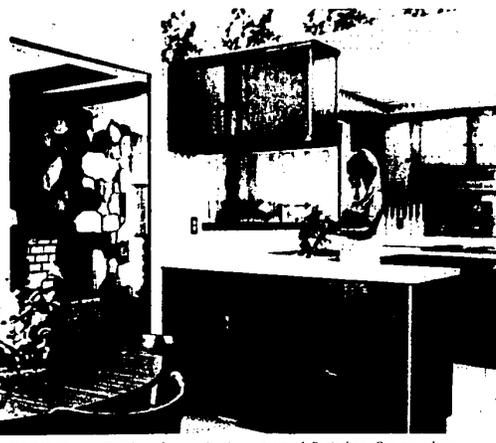
That's why 1967 shapes up as a pivotal year in U.S.-Canadian relations. Canada is bound and determined to make more Americans aware of her real dimensions, her personality and character and stature in the Free World community, before the next 12 years are up. She turns 100 in 1967, completing a century of confederation, and Canadians believe it is high time Americans sat up and took notice.

SO SHE'S throwing a birthday party and every American is invited. It's a 12-month bash, so don't worry about being in for a long haul. Where there, you'll find the fun is everywhere. Across her entire 4,000-mile girth, from Vancouver, B.C., to the Gulf of St. Lawrence, and their guests celebrating with a range of events to meet every taste — drama and art festivals, rodeos, track meets, boat races, lectures by some of the world's greatest thinkers, parades, concerts, opera.

Someone has called Expo 67 the icing on Canada's centennial birthday cake. Officially, it will be the Universal and International Exposition of '67, set up on 1,000 notorious acres covering two islands and a peninsula in the St. Lawrence at Montreal, "The Paris of the New World." No less than 66 nations will be represented in pavilions reflecting their own unique national personalities — giving Expo 67 an international scope unprecedented in the long (and spot) history of the fairs.

Heart Risks & YOU

Earlier detection and treatment are the roads to cancer survival — and that's why the American Cancer Society urges the following regular, routine physical examination: Annual chest x-ray; annual rectal examination, since three out of four of those who develop rectal cancer can be saved with early detection; annual breast examination by a physician, plus monthly self-examination; annual pelvic examination with Papanicolaou test.



U-SHAPED KITCHEN work area in the room of Canterbury Commons home. "Essex," 29322 Foxgrove, overlooks family.



Understanding your HEALTH

By Albert E. Heustis, M.D. Director Michigan Department of Public Health

I'm sure most everyone has used a coin operated dry cleaning machine at one time or another. This "do-it-yourself" dry cleaning can be very handy when you're rushed for time. And each year more and more establishments are adding this service to customers.

Well, my family appreciates the value of this type of dry cleaning; as well as anyone, but we appreciate, too, that we must observe certain safety precautions when using the machines. The dry cleaning material used in these coin-operated machines is called perchloroethylene. It is not flammable, but it is dangerous if inhaled even in very low concentrations.

It is for this reason that the health department has established a number of requirements that must be met before the machines are approved for use in Michigan.

Another good safety rule to follow when you have newly cleaned clothes in your car is to keep at least one window open and don't leave your youngsters in the car with the windows when you're away.

Now, this is a problem that you can do something about. It won't do to fret if the clothes are "wet" after taking them out of the machine, because the excess solvent probably will not make itself known by the odor. If you have any doubt whatsoever about freshly dry cleaned clothes just hang them out to dry in the open air.

In spite of all the inspections and safety precautions that are in force, a fume hazard continues to exist with cigarette smoking.



THE 'SACRAMENTO' at 21035 Carriage Hill Road, in Rolling Hills.



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Can Now Order Pine Seedlings

Orders for Pine Tree Seedlings are being taken by the Oakland County Soil Conservation District, according to James Reid, Chairman of the District. Species available this year are Scotch Pine, Austrian Pine, White Pine, Norway Spruce and Colorado Spruce. Order blanks may be obtained at SCD Office, Room 9, Federal Bldg. 35 E. Huron Street, Pontiac; The Co-operative Extension Service Office, 155 N. Saginaw Street, Pontiac.

Bill Says: THE WAY to stop financial "Joy Riding" is to arrest the chauffeur, not the automobile. Keep us in mind — We're easy to find. CLAPPISON and CONROY FARMINGTON INSURANCE AGENCY 13215 Grand River GR. 4-3511



Made from a star-spangled recipe that's 25 years old

The cake above is something we whipped up to help celebrate the 25th birthday of the United States Savings Bond program. Although there will be no confetti, no horn-blowing—in fact, no party—there are a number of reasons to celebrate this quarter-century observance. Since the first one was sold on May 1, 1941, Americans have bought more than \$150 billion worth of Series E and H Bonds and still buy them at a \$4-\$5 billion-per-year clip. About \$100 billion have been cashed and spent for homes, college tuition, new cars and furniture, emergencies—and helping dreams come true for millions of American families. Over half the Bonds bought are purchased on the Payroll Savings Plan—a voluntary, automatic plan that works wonders for people who might not otherwise save a nickel. Today there are outstanding almost \$50 billion in Bonds—a solid financial rock for millions of Americans. And today, Savings Bonds are a sure way for all Americans to support our men in Vietnam. While they are there, none of us can remain aloof on the sidelines.

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Keys to Success

For Sale, Cheap: One Big Mouth "Talk, talk, talk," says a man to his wife, over morning coffee. "You're all talk." Sound familiar, doesn't it? But he's wrong. We don't really talk much at all—and it's a good thing we don't because we don't listen very well, either. Fact is, people are pretty inefficient verbal communicators. Take all the words you speak during an average day, lay them end to end, and you have only 10 to 15 minutes of talk, according to a Temple University anthropologist. What's more, your sentences average only 2 1/2 seconds in length. Better communications is the most vital key to business success today. It doesn't depend on talk information exchange should be largely visual. A recent study by B. H. Aupperle in "How to Run More Effective Business Meetings," showed we learn 63 per cent through sight, only 11 per cent through hearing. And while we remember only 20 per cent of what we hear, we retain 50 per cent of what we both see and hear. Hence industry's intense drive to "go on paper" and when. The copying equipment industry has grown threefold in the last decade due to its ability to take that piece of paper and put it in the hands of everyone who needs it. Instantly. A leader in the field, Charif Brunning Company, a division of Advertising-Photography Corporation, has gone a step further, to show management people and secretaries, too, how they can use the new technology—all the way from computers to facsimile and video pencil and paper—to become more efficient in their job and advance their careers.

Why Call 'Em Coffin Nails? Here Are the Reasons

Cigarette smoking seems to be the deadliest of all the habits associated with an increased danger of heart attack. Researchers say that tobacco smoke in a way still unknown — can react with human blood to increase a tendency to form obstructive clots. This occurs not only in the coronary arteries where the block causes heart attack, but also in the brain, where it causes stroke. In the arms and legs, it causes other diseases. The Michigan Heart Association says that cigarette smoking brings about a "consistently higher risk of death or serious illness from a number of causes." "Don't kill yourself," says Dr. Jeremiah Stamler, international known researcher with the Chicago Board of Health. "That statement on a package of cigarettes should read, 'Cigarette smoking IS hazardous to your health,' not 'may be hazardous.'" These are also the conclusions of long-term studies of the health of large groups in three times as many heart attacks, four times as many fatal heart attacks and had more than three times as many total deaths from all causes. This was in 10 years. Research has also shown that: 1—The reason cigarette smoking is so bad is that the smoke is inhaled — even by those who don't think they are — and cigars and pipes are not. 2—Depth of inhalation and length of cigarette smoked are as important in computing danger as the number of cigarettes smoked. 3—Nicotine does cause arteries to contract and the heart to work harder, but there is also a cause for arterial blockage. The chief danger of cigarette smoking — heart attack — is partly reversible within an astonishingly short time; this inexplicable fact itself constitutes one of the enigmas of cigarette smoke. The Michigan Heart Association, a United Fund agency, cites the following habits and medical conditions as risk factors associated with an increased danger of heart attack: smoking; physical inactivity; overweight; elevated blood pressure and elevated level of blood cholesterol. An indication of the deadliness of tobacco is the fact that when cigarette smoking is one of three risk factors, the danger is always higher than for a combination of three other risk factors. Risks rise very sharply for persons with three or more factors. In computing risks, the older man starts with two strikes, and if he has other factors — and many do — the urgency of quitting cigarettes is very plain.

