

Show For Retarded Classes Offer Five Day Routine To Stop Smoking

Beta Sigma Phi of Detroit area are planning their annual benefit for the Detroit Association for Retarded Children. The champagne dinner and fashion show will be held on Feb. 28 at 6:30 p.m. at Roma Hall.

Smokers who want to quit the habit will be offered a five evening group therapy course beginning Sunday, March 5, at 7:30 p.m. and nightly through

March 9 at O. E. Dunckel Junior High School, 32800 Twelve Mile. The "Five-Day Plan to Stop Smoking" will be conducted by a team of medical doctors headed by Dr. Arthur Weaver of the Veterans' Hospital in Dearborn and Dr. Peter Medrano, Livonia psychiatrist. It consists of group therapy, lectures, films and a daily personal control booklet.

The Five Day Plan is being brought as a public service by the Farmington Seventh-day Adventist Church in cooperation with the Michigan Division of the American Cancer Society.

A special feature with the Stop Smoking Plan will be a series of new films entitled "Weighing What You Want to Weigh."

Already successfully held in Detroit and many other cities, the "Five-Day Plan to Stop Smoking" features such topics as the psychological and physiological aspects of the habit, how craving can be lessened, how will power can be strengthened, physical effects of smoking, organization of a "buddy system" and many other techniques designed to break the habit.

Under the local direction of Pastor Raymond Hamstra, the course is a non-denominational community service. He will be assisted by Walter Sundquist of Heenev-Sundquist Funeral Home. There will be a \$2 registration charge to cover the cost of materials given to participants. For further information call 474-5200 or 425-0815.

Three Attend Redford Affair

Mrs. Marie Aldrich, secretary of the Pioneer Golden Age Club of Farmington; Mrs. H. C. Long Sr., publicity director of the club; and Mr. Lane were among the guests Sunday at dedication ceremonies for the new Albert H. Westphal Senior Citizens Center, Redford Township.

The building was built by Paul Boraks who is leasing it to the Redford Township senior citizens commission, which will operate the facility.

In discussing the Redford project with Mrs. Aldrich, Boraks said he is interested in such a facility for Farmington senior citizens.

The Pioneer Golden Age Club is an affiliate of the National Council of Senior Citizens, Washington D.C.

REDFORD ANTIQUES SHOW
CARPENTER'S HALL
22521 Grand River Ave.
Mar. 2-3 - Noon to 10 p.m.
Closes last eve 6 p.m.
Admission \$1.00
This Ad Admits 2 for \$1.00



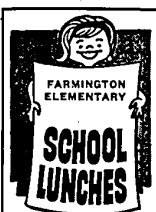
KAY KORNMESSER AS THE KING IN 'MANY MOONS'

Play To Profit PTA Scholarship

The Farmington Players will present "Many Moons," based on James Thurber's delightful philosophical comedy book, for the benefit of the Farmington PTA scholarship fund. "Many Moons" will be performed in the Farmington Junior High School on Saturday, March 11, at three times — 1 a.m., 1 p.m. and 3 p.m. Tickets at 60 cents for children and adults may be obtained in the lobbies of elementary schools on Wednesday, March 1, from 8:30 to 9 a.m., and on Tuesday, March 7, from 8:30 to 9 a.m. Tickets for afternoon kindergarten children will be on sale the same days from 12:30 to 1 p.m.

2 Local Students In EMU Carnival

Which a el Evangelista, of 24333 Dohany Drive, was general chairman of Eastern Michigan University's Winter Carnival held Feb. 18-24. A 1963 graduate of Farmington High School, he is a senior majoring in business administration and management. John Sloan, of 30015 Ravenscroft, was chairman of the Ice Block races. John is a senior majoring in marketing and is also a 1963 graduate of Farmington High.



Monday, February 27
Chicken Vegetable Soup and Crackers
Tuesday, February 28
Filled Sandwich
Carrot Stick
Peanut Butter Cookie
Applesauce
Wednesday, March 1
Meat and Cheese Balls
In Barbecue Sauce
Buttered Rice
Asparagus
Thursday, March 2
Bread and Butter
Fruit
Milk
Friday, March 3
COOK'S CHOICE
Saturday, March 4
Hamburger Gravy on Mashed Potatoes
Buttered Spinach
Hot Cross Bun and Butter
Apricots
Milk
Sunday, March 5
Grilled Cheese Sandwich
Orange Juice
Buttered Green Beans
Green Salad
Dessert
Milk

On Dean's List

Patricia Hoffman, daughter of Mr. and Mrs. F. G. Hoffman, of 31809 Staman Circle, has been named to the Dean's List at Siena Heights College. To qualify, a student must have earned a minimum of 15 semester hours and have attained a point average of at least 3.3.

BUSY SWINGER
Gates Brown was the Tigers' most-used pinch hitter in 1966, batting .325 in 49 emergency appearances.

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Well-known photographer Tony Spina will speak and show slides of his recent European tour Sat. 8 p.m. March 1 at the First Farmington Savings and Loan Social room, 22725 Orchard Lake Road, under the auspices of the Soroptimist Club of Farmington. The program is open to the public with out charge.

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