

**DG Installs
New Officers**

The newly installed officers of the Farmington Alumnae Association of Delta Gamma are president, Mrs. Jerry Up of Livonia; secretary, Mrs. Dan Webster of Livonia; treasurer, Mrs. Jack Sinclair of Livonia; and anchora correspondent, Mrs. David Comfort of Farmington.

At the February meeting, Charles Wise, extension director of the Livonia Y.M.C.A., told about plans for the new Livonia Y.M.C.A. Mrs. Wise led the group in a series of exercises and emphasized the importance of physical fitness. On Saturday, March 11, at 12:30 p.m., the annual Delta Gamma Founders' Day Luncheon will be held in Ann Arbor.

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FIFTH GRADERS at Longacre School became young Ben Franklins last week when they studied electricity and made several electrical projects, ranging from homemade flashlights to working motors. In on the fun were (in back) Debbie Downey and (middle left to right) Steven Fitch, Donna Howe and Thomas Franklin. Gordon Schuetzler (in front) dropped in to view the projects.

**Mary F. Allison
Named To Board**

Mrs. Mary F. Allison, secretary of the board of trustees of the Farmington District Library, has been appointed to the Oakland County Library Board by Delos Hamlin, chairman of the Board of Supervisors, to fill the vacancy made by the resignation of Frank Weber.

Mrs. Allison, first vice chairman of the trustee section of the Michigan Library Association, currently is the trustee section's speaker at the annual district workshop meetings of trustees sponsored by the Michigan State Library and the M. L. A.

**Michael T. Gale
Gets Math Grant**

Michael T. Gale, son of Mr. and Mrs. Walter Gale of 22200 Cass is one of 12 Michigan State University students who received the L. C. Plant scholarship awards for mathematics at a banquet Feb. 23.

Scholarship interest in mathematics, and helpfulness to the department of mathematics, are the basis for the annual awards.

First on Rails

First United States president to travel by railroad was Andrew Jackson, who rode 13 miles by rail from Ellipticott's Mills to Baltimore, Md.

Understanding your HEALTH

By Albert E. Heustis, M.D. Director
Michigan Department of Public Health

Have you ever wondered why you see the word "Iodized" on many containers of table salt at your local market? It's all tied up with a condition known as "simple goiter."

Simple goiter is a serious enlargement of the thyroid gland, located in the front of the neck. The cause of the disease is simply a deficiency of iodine in the diet. Prevention is equally simple—adding iodine in small amounts to table salt.

BEFORE IODIZED salt came on the market, this goiter condition of the thyroid gland was so common in our state that it was referred to as "Michigan disease."

Unfortunately, the soil and water of Michigan are naturally deficient in iodine content, so people just don't get enough iodine from their normal diet. Because of this deficiency simple goiter was a serious problem here back in the 1920's.

The state health department and the state medical society joined forces in 1924 and got salt manufacturers to add a little iodine to their product—thus creating iodized salt. Then after much public education to use the new salt, the incidence of goiter fell drastically in Michigan.

However, the battle is still not over, because recent studies have shown that goiter is on the increase again. This is especially so in regard to children. And coupled with this fact the sale of iodized salt is falling off, as compared to plain salt.

ANOTHER SURVEY showed that one-third of the table salt on the market still is non-iodized.

If the word "Iodized" does not appear right on the box of salt, pass it up for another box that is so marked.

As there is not a state law requiring manufacturers to put iodine in salt, it is strictly up to you to see that your family gets this needed supplement to their diet.

Put iodized salt into your family's diet right now, and keep it there for good.

This will effectively stop the serious danger of iodine deficiency in your child's system. The only difference between the treated salt and regular salt is the tiny bit of iodine that is added. You won't even notice it — but your child's health depends on the use of this salt.

**CLARENCEVILLE
SCHOOLS MENU**

Monday, March 6
Spaghetti with meat and Cheese
Tossed Salad
French Bread and Butter
Milk

Tuesday, March 7
Beef Vegetable
Noodle Soup
Submarine Sandwich
French Fries
Fruit
Milk

Wednesday, March 8
Roast Turkey
Mashed Potatoes and Gravy
Spiced Apple Slices
Biscuit and Butter
Milk

Thursday, March 9
Hot Dog in Canoe
Relishes
French Fries
Buttered Corn
Pear Half
Milk

Friday, March 10
Tomato Rice Soup
Toasted Cheese Sandwich or Toasted Ham and Cheese Sandwich
Lettuce Salad
Peach Upside Down Cake
Milk

*Indicates butter on Sandwich

**FARMINGTON
ELEMENTARY
SCHOOL LUNCHES**

March 6
City Chicken
Cheese Cube
Green Beans
Candied Sweet Potatoes
Bread & Butter
Apple Crisp
Milk

March 7
Pizza with Meat & Cheese
Buttered Peas
Pear Half
Milk

March 8
Hot Dog on Bun
Relishes
Macaroni and Tomatoes
Green Vegetable
Fresh Orange
Milk

March 9
Spaghetti with Meat Sauce
Tossed Salad
Cornbread and Butter
Fruited Jello
Milk

March 10
Fish Sticks and Tartar Sauce
Cheese Stick
Parsley Potatoes
Spinach
Bread and Butter
Peach Cobbler
Milk

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COST OF NATURAL GAS

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