Here Are Me als Guaranteed to Stretch Your Budget

By FAITH GILLESPIE

From now to New Year's, the happy cook can be in her glory.

The Thanksgiving feast can be her tour de force. The glamorous dishes that can be concocted with leftover turkey may prolong the pleasure of the thankful day.

The housewife's willing oven can become a veritable cornucopia of delightful bounty, as festive fruit cakes and golden loaves of holiday bread and countless fancy cookies come tumbling out. Beautiful!

There will be gay parties, gatherings of treasured friends and family, calling for appealing appetizers and elegant entrees and piquant punches and delectable desserts.

The foods that come with this season stretch the imagination in their variety and beauty and deliciousness. What joy. What challenge.

The other thing that gets stretched is the grocery budget, which is pretty tight already. Talk about challenge . . . it can be formidable, if not downright disastrous.

The painful truth is that the wife and/or mother can't feed her family for six weeks on marzipan. The string of days are glass beads separating the occasional precious gems that are the parties.

On the glass bead days, inexpensive main dishes ease the pinch. Use your ingenuity. Plain old hot dogs can be sharpened up by stuffing them with cheese and broiling. That standard tuna casserole looks better and tastes better when toasty buttered bread crumbs are sprinkled on top. (You know that tuna casserole: a can of tuna, a bunch of cooked noodles, a can of mushroom soup, a half-can of milk, and maybe some minced onion, all stirred together and baked for half an hour at 350 degrees.

Bean soup is a good supper, and you don't have to have a bone to do it . . . use salt pork instead and save money.

QUEEN BEAN SOUP
(With Salt Pork)

Soak in water to cover over night: Two cups dry navy beans. Next day, place beans and the soaking liquid in a large kettle with a big cut-up onion, a bay leaf, ¼ pound diced salt pork, and a teaspoon of salt. Add about three quarts of water. Bring to a boil, and boil for a few minutes; then skim off the foam that comes to the top.

Reduce heat and simmer. And simmer. Simmer for three or four hours till the beans are tender and it is suppertime. Remove the bay leaf. Add more salt, if necessary, and a little pepper.

Serve with crackers and chunks of cheddar cheese, or plain processed cheese, which costs less. Add a gelatin salad made with lemon flavored gelatin, a can of well-drained crushed pineapple, and a cup of shredded carrots. It is a very satisfying meal.

If your family likes chili, this recipe is wonderful. My mother always made it doubled or tripled for guests on New Year's Day.

QUEEN OF HEARTS CHILI

Brown in a heavy pot: ¾ pound hamburger and two medium cut-up onions. When the meat is brown and the onions are clear, add ¼ cup flour and stir to brown in the meat.

Add one teaspoon salt, ½ teaspoon celery salt, ¼ teaspoon pepper, and ½ teaspoon chili powder, or more, to suit yourself.

Add to the pot one large can kidney beans, one can stewed tomatoes, one can of tomato paste, two tablespoons light molasses, and two quarts of water.

Bring to a boil, reduce heat, and simmer gently all day, stirring occasionally.

The soup will thicken. If you like it very thick, let it cook down; if your family prefers it soupier, add hot water as necessary. You can make a lot, if you like it thin.

Half an hour before serving time, stir in a can of tomato soup and toss in a beef bouillon cube. Add more salt, to taste. If you can, make chili a day ahead, which improves the flavor.

Maybe these recipes will activate your budgeting imagination. Otherwise, from now to New Year's can seem like From Here to Eternity.

MAUREEN BLOUIN

Mr. and Mrs. Donald Blouin, of Dohany Drive in Farmington announced the engagement of their daughter, Maureen to Michael LaFontaine at a cocktail party. Both are 1965 graduates of Our Lady of Sorrows school. LaFontaine attended Lawrence Tech and Miss Blouin attended Schoolcraft College. A wedding date of Nov. 4, 1967 is planned.

FOOD FAIR KEEPS YOUR COST OF LIVING DOWN!

A Lesson on Thrift!

Now that you're probably thinking about your food budget more than ever before, it's time to take a good close look at your shopping habits. Do you shop and compare prices, as well as value? Do you keep quality in mind? Do you save time and money by practicing one-stop-shopping? Think about these points a while . . . then think about Food Fair. You can rely on your Food Fair Market, because you'll find low prices, highest quality items and an abundance of fine products to save you needless trips to other stores.

FOOD FAIR Market

MOST FOOD FAIRS OPEN DAILY 9-9, Sat. 8-9. Prices effective Fri. Sun. Nov. 10-13. Right Reserved to limit quantities.

The Pick Of The Pork!

TENDER, LEAN
Center Cut Rib Pork Chops
LB. **69¢**

FIRST 7 RIB CUT **Pork Loin Roast**	LB.	39¢
LOIN END PORTION **Pork Loin Roast**	LB.	59¢
RANCH STYLE OR **Spare Ribs**	LB.	59¢
FOOD FAIR **Whole Pork Loin**	LB.	59¢

FARM MAID OR SWIFT PREMIUM
Sliced Bacon 1 LB. PKG. **69¢**

The Coffee That's Refreshable

VACUUM PACKED
Hills Bros. Coffee
2 LB. CAN **$1.29**

TRUE CONCORD FLAVOR **Kraft Grape Jelly**	10 OZ. WT. JAR	19¢
LADY LINDA 10 CT. HOT DOG OR 12 CT. **Fresh Hamburg Buns**	EA.	29¢
DETROIT'S FAVORITE, SPECIAL LABEL **Roman Liquid Bleach**	1/2 GAL. JUG	29¢
SPECIAL LABEL...POWERFUL **Ajax Dry Detergent**	2 LB. 3 OZ. PKG.	59¢
SPECIAL LABEL...LIQUID **Palmolive Detergent**	12 OZ. FL. BTL.	29¢
FOR SWEETER CANDIES **White Satin Sugar**	5 LB. BAG	49¢
REFRESHING & NOURISHING **Hunt's Tomato Juice**	1 QT. 14 OZ. CAN	25¢
FINE, MEDIUM OR WIDE **Muellers Noodles**	1 LB. PKG.	29¢
USE IN SANDWICHES OR SALADS **Star Kist Chunk Tuna**	6½ OZ. WT. CAN	29¢
GOES WITH MILK...FLAVOR KIST **Crisp Honey Grahams**	1 LB. PKG.	29¢

Redeem These Coupons For Corning Ware Bonus Coupons!

A — FREE CORNING WARE BONUS COUPON With this coupon & purchase of a TWO PAIR PKG. DANA NYLONS. Coupon good Wed., Nov. 9 thru Sat., Nov. 12 at any Food Fair. FOOD FAIR

B — FREE CORNING WARE BONUS COUPON With this coupon & purchase of ANY 3 PKGS. OF KELLOGGS CEREAL. Coupon good Wed., Nov. 9 thru Sat., Nov. 12 at any Food Fair. FOOD FAIR

C — FREE CORNING WARE BONUS COUPON With this coupon & purchase of 2 PKGS. LADY SCOT TISSUES OR FACIALS. Coupon good Wed., Nov. 9 thru Sat., Nov. 12 at any Food Fair. FOOD FAIR

D — FREE CORNING WARE BONUS COUPON With this coupon & purchase of a 1 LB. PKG. OF BALL PARK FRANKS. Coupon good Wed., Nov. 9 thru Sat., Nov. 12 at any Food Fair. FOOD FAIR

E — FREE CORNING WARE BONUS COUPON With this coupon & purchase of a 1 LB. PKG. GLENDALE ALL-BEEF BOLOGNA. Coupon good Wed., Nov. 9 thru Sat., Nov. 12 at any Food Fair. FOOD FAIR

F — FREE CORNING WARE BONUS COUPON With this coupon & purchase of 2 LBS. OR MORE HAMBURG. Coupon good Wed., Nov. 9 thru Sat., Nov. 12 at any Food Fair. FOOD FAIR

G — FREE CORNING WARE BONUS COUPON With this coupon & purchase of 10 LBS. OR MORE OF ANY POTATOES. Coupon good Wed., Nov. 9 thru Sat., Nov. 12 at any Food Fair. FOOD FAIR

H — FREE CORNING WARE BONUS COUPON With this coupon and PURCHASE OF $7.50 OR MORE. Purchasing basis: none & unlimited. Coupon good Wed., Nov. 9 thru Sat., Nov. 12 at any Food Fair. FOOD FAIR

Save on Baking Ingredients

MADE WITH CORN OIL
Imperial Margarine
1 LB. CTN. **39¢**

FARM MAID DAIRY-FRESH **Homogenized Milk**	2 1/2 GAL. CTNS.	89¢
EACH SLICE WRAPPED - AMERICAN OR PIMENTO **Borden Cheese Slices**	8 OZ. WT. PKG.	39¢
SLICED, DELICIOUS, GRADE 1 **Peter's Large Bologna**	1 LB. 1 PKG.	49¢
FRESH OR SMOKED BRAUNSCHWEIGER **Peter's Liver Sausage**	LB.	49¢

Bright With Zippy Sunshine

FROZEN CONCENTRATED
Farm Maid Orange Juice
6 6 OZ. FL. CANS **99¢**

BEEF, TURKEY OR FROZEN **Morton Chicken Pies**	5 8 OZ. WT. PKGS.	99¢
FROZEN, CRINKLE CUT STYLE **Chef Choice Potatoes**	2 LB. BAG	29¢
HOLLOWAY HOUSE FROZEN STUFFED CABBAGE, STUFFED PEPPERS OR **Salisbury Steak**	14 OZ. WT. PKG.	59¢
SINGLETON-GOLDEN FLEET **Breaded Round Shrimp**	1 LB. PKG.	$1.09

A Real Morning Waker Upper

U.S. NO. 1 WHITE OR PINK
Seedless Grapefruit
5 FOR 36 SIZE **39¢**

FRESH PICKED FLAVOR - MILD **Tender Green Onions**	BUNCH	10¢
A SWEET-TREAT FOR THE KIDS **Brach Chocolate Peanuts**	7-3/4 OZ. WT. PKG.	39¢
USE IN DECORATING CAKES **Brach Chocolate Stars**	7-3/4 OZ. WT. PKG.	39¢
HAVING THE GANG OVER **Brach Bridge Mix**	8-1/4 OZ. WT. PKG.	39¢

35325 Plymouth at Yale Livonia
27428 W. 6 Mile at Inkster Livonia
Livonia Mall 7 Mile at Middlebelt Livonia
27200 Joy Road at Inkster Redford Township
Five Mile Rd. at Levan Livonia
Kendallwood Center 12 Mile at Farmington Road Farmington
27415 Schoolcraft at Inkster Livonia
705 South Main at Liberty Plymouth
Downtown Farmington Farmington Road, South of Grand River
8244 Merriman Near Ann Arbor Trail Westland