

Twelfth Night Cake Traditional

By FAITH GILLESPIE
Queen of Hearts

It was the whitest Christmas in years, to our joy. The great pine trees outside our windows, the honeysuckle bush and feathery shrubs, the ancient willows bending, everything was spread with seven minute icing. Beautiful!

As daylight moves into the trees in the mornings, the pigeons walk to the feeding place, sometimes as many as ten, coming in even procession, poised and wary. The bob-white family, lately unseen, come to the stump where the seed was put, brought out of hiding by hunger.

Greedy crows fly in, intimidating the smaller birds. Sometimes a woodpecker appears.

Hordes of sparrows invade, brushing off the pretty nut-hatches and chickadees, but when I complain about them, I am reminded that there is no room for discrimination.

The cardinal comes, my favorite of birds, red, with his more modest mate, and they sit outside my window at the sunset.

When I was a child, someone told me that the cardinals speak. They say, "Great cheer, great cheer," and "Good year, good year." I believe, I believe.

Now it is nearly Twelfth Night, the end of the wonder that is Christmas.

We will say goodbye to the season by baking a Twelfth Night Cake.

No one is really certain what the original Twelfth Night cake was like; it was made on the day some called "Old Christmas," in the time before recipes were popularly recorded.

Baking powder was unknown then, so it may have been a yeast-cake, or something like a pound cake, leavened with eggs. It probably contained some sort of dried fruit.

Tradition says that a pea and a bean were baked in the cake. The cake was cut with ceremony, and the finders of the pea and the bean became the king and queen of the revel.

Our favorite version of the Twelfth Night cake is this one, which resembles a pound cake. Finely cut candied fruits or citron could be used, or raisins, but the loveliest flavor is found in the use of ginger. You may use preserved ginger, drained and sliced fine, or sliced candied ginger.

TWELFTH NIGHT CAKE
Cream well together 1/2 pound butter and 1/2 cup sugar.

Sift together 2 cups flour and 2 teaspoons baking powder, and a few grains of salt. Add alternately to the butter mixture with four well-beaten eggs, starting with flour and ending with flour. Stir in 1/2 teaspoon almond extract, if you have some.

Dredge 1/4 pound preserved ginger (drained and sliced fine), or four ounces candied ginger, in 1/4 cup flour. Blend it into the batter. Add a dried pea and a dried bean, for fun.

Pour into a well-greased 1 1/2 quart Turk's-head or bundt mold. Bake at 325 degrees for 30 minutes, or until your toothpick comes out clean. Cool on a rack for 10 minutes and then remove from pan to continue cooling.

First with a glass of confectioner's sugar thinned with milk or light cream. Decorate with candied cherries and whole blanched almonds, if you like.

If there are crumbs left, put them out for the birds, since the ground has been covered with snow for many days. Crumbs will be soon gone; you'd best buy some bird seed. We use a small seed mixture in the feeder for the nut-hatches and chickadees and the unmannerly sparrows, and since we are where the bigger birds come, we put out cracked corn and sunflower seeds, too.

We discovered that cooking fats can be poured into a cottage cheese carton or a small milk carton and mixed with several spoonful of bird seed. When the fats harden, the carton can be peeled off, and the birds have their treat as well as seed.

We wish you a blessed 1967. With the cardinals we say, "Good year, great cheer."



TENDERAY STEAK SALE

FILL YOUR FREEZER NOW---AND SAVE AT KROGER!

PESCHKE'S SHANK HALF
SMOKED HAM
59¢ LB.
BUTT HALF **69¢** LB.
FRESH BOSTON BUTT PORK ROAST **49¢** LB.

Tenderay Steak
U.S. GOVERNMENT GRADED CHOICE
ROUND STEAK **79¢** LB.
SIRLOIN STEAK **89¢** LB.
U.S. GOV'T GRADED CHOICE-TENDERAY T-BONE STEAK... **99¢**
U.S. CHOICE 7-INCH CUT RIB STEAK... **89¢**
USDA CHOICE KROGER TENDERAY BEEF

CENTER CUT RIB **PORK CHOPS**
79¢ LB. **89¢** LB. LOIN CHOPS
FRESH PICNIC STYLE **PORK ROAST**
29¢ LB.

- GORDON'S ROLL **PORK SAUSAGE** 2 LB. ROLL **79¢**
- U.S. CHOICE TENDERAY BEEF **RIB ROAST** 4TH & 5TH RIBS... **79¢**
- GLENDALE JUMBO POLISH SAUSAGE OR **RING BOLOGNA**... **59¢**
- GLENDALE FRESH OR SMOKED **LIVER SAUSAGE**... **49¢**
- PESCHKE'S **CIRCUS WIENERS**... **65¢**
- FROZEN CHOPPED, CUBED **FAMILY STEAKS** 10 3-OZ. PATTIES **1.91**

WITH BACK PORTION **FRYER LEGS OR BREASTS** **49¢**
Kwick KRISP THICK **SLICED BACON** 2 LB. PKG. **1.19**

HALVES OR SLICED **HUNT'S PEACHES**
1-LB. 13-OZ. CAN **23¢**

VALUABLE COUPON Limit One Coupon.
WITH THIS COUPON & \$5 PURCHASE OR MORE BORDEN'S SHERBERT OR
COUNTRY CLUB ICE CREAM
FIRST 1/2 GAL **65¢**
SECOND 1/2 GAL **29¢**
Valid thru Sun., Jan. 8, 1967 at Kroger Dept. & East. Mich.

- SUN GOLD BRAND **WHITE BREAD** 5 14-LB. LOAVES **1.91**
- TANGY, ZESTY **SNIDER'S CATSUP** 14-FL. OZ. BTL. **15¢**
- ORCHARD PRIDE **APPLESAUCE** 15-OZ. WT. CAN **10¢**
- ASSORTED COLORS **PUFFS TISSUE** 4 200-CT. PKGS. **89¢**
- ASSORTED COLORS-JUMBO **BOUNTY TOWELS**...ROLL **29¢**

BIRDS EYE FROZEN **CORN, PEAS, BUTTER BEANS**
10-OZ. WT. PKGS. **6¢**

VALUABLE COUPON Limit One Coupon.
WITH THIS COUPON & \$5 PURCHASE OR MORE
CAMPBELL'S TOMATO SOUP
10 1/2-OZ. CT. CANS **3.25**
Valid thru Sun., Jan. 8, 1967 at Kroger Dept. & East. Mich.

COFFEE SALE
KROGER VAC PAC 1-LB. CAN **69¢**
SPOTLIGHT 7-LB. BAG **59¢**
FRENCH BRAND 1-LB. BAG **65¢**

3 FLAVORS **HI-C DRINKS**
1-OT. 14 1/2-OZ. CANS **4.19**

MELLOW GOLDEN RIPE BANANAS
INSTANT SAVINGS UP TO **9¢** LB.
10¢ LB.

- KROGER FRESH ALL WHOLE GRADE "A" **LARGE EGGS**...DOZEN **49¢**
- KROGER FROZEN FLORIDA **ORANGE JUICE** 6 6-FL. OZ. CANS **99¢**
- KROGER BRAND **FRUIT COCKTAIL** 1-LB. CAN **22¢**
- PURE GRANULATED **PIONEER SUGAR** 5 LB. BAG **49¢**
- COUNTRY CLUB SALTED **ROLL BUTTER** 7-LB. ROLL **73¢**
- FOR WHITER CLOTHES **ROMAN CLEANSER** GALLON **49¢**
- PINK LIQUID **CINDY DETERGENT** 3 8-OZ. BTL. **38¢**

IN QUARTERS **HOMESTEAD MARGARINE**
1-LB. CTNS. **6.19**

U.S. NO. 1 MICH. RUSSET **BAKING POTATOES**
10.59 LB. BAG

FLORIDA MARSH **SEEDLESS GRAPEFRUIT**
8.69 LB. BAG
VINE-RIPE TOMATOES **3.69** LB. BSKT.

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25 TOP VALUE STAMPS WITH THIS COUPON ON ANY 2 PKGS. KROGER VELVET DELIGHT PUDDING
Valid Thru Sun., Jan. 8, 1967 at Kroger Dept. & East. Mich. **D**

50 TOP VALUE STAMPS WITH THIS COUPON ON ANY 2 PKGS. PESCHKE'S CIRCUS WIENERS
Valid Thru Sun., Jan. 8, 1967 at Kroger Dept. & East. Mich. **H**

75 TOP VALUE STAMPS WITH THIS COUPON ON ANY 4 LOAVES MELLO-GOFT BREAD OR KROGER BUNS
Valid Thru Sun., Jan. 8, 1967 at Kroger Dept. & East. Mich. **E**

50 TOP VALUE STAMPS WITH THIS COUPON ON ANY 2 PKGS. KROGER SYRUP
Valid Thru Sun., Jan. 8, 1967 at Kroger Dept. & East. Mich. **C**

50 TOP VALUE STAMPS WITH THIS COUPON ON 1-PKG. FROZEN FAMILY STEAKS
Valid Thru Sun., Jan. 8, 1967 at Kroger Dept. & East. Mich. **F**

50 TOP VALUE STAMPS WITH THIS COUPON ON ANY PACKAGE COUNTRY CLUB CORNED BEEF
Valid Thru Sun., Jan. 8, 1967 at Kroger Dept. & East. Mich. **G**

24 SIZE - ICEBERG **HEAD LETTUCE**...EACH **19¢**