

# Cool-Rise Method Is Handy

A freshly-baked home-made coffee cake like this Spiced Apple Bubble Loaf is the friendliest welcome for a new neighbor. You can either deliver it in person or invite your neighbors to join you for a "coffee cake" break as soon as the moving van leaves.

Topped with a crunchy cinnamon sugar crust, this taste-tempting bubble loaf looks just as good as it tastes. Its delicate pink marbled texture is highlighted by swirls of cinnamon and colorful pieces of spiced apple.

Difficult to make? Not at all. With the new CoolRise method of yeast baking you don't have to be an experienced baker to turn out your own delicious Spiced Apple Bubble Loaf. You can make it easily and at your convenience the new CoolRise way.

The secret of the CoolRise method is controlled rising in the refrigerator rather than several rising periods in a warm, draft-free place. All the wearisome watching and waiting for the dough to rise has been eliminated.

Whenever you're ready for a homemade bubble loaf, anytime from 2 to 24 hours later, take the shaped dough from the refrigerator and bake it. The result—a fresh-from-the-oven coffee cake that's sure to extend a warm personal welcome to everyone you serve from new neighbors to old familiar friends.

## SPICED APPLE BUBBLE LOAF

(CoolRise Method)  
5-6 cups Flour  
(Regular or Instant Blending)  
2 pkgs. of cake yeast,  
active dry or compressed

1 1/2 cup warm water  
(105°-115°)  
1 cup warm milk  
(105°-115°)  
1 1/2 cup sugar  
1 1/2 tsp. salt  
1/4 cup softened margarine or shortening  
2 eggs  
8 spiced apple rings, well drained  
1 cup sugar  
1 tsp. cinnamon  
1/4 cup melted butter or margarine

Cut drained spiced apple rings into coarse pieces. Set aside. Spoon or pour flour into dry measuring cup. Level off and pour measured flour onto wax paper.

Sprinkle or crumble yeast into 1/2 cup warm water in large warm bowl. Stir until dissolved. Add warm milk, sugar, salt, margarine, eggs and three cups flour. Beat with wooden spoon or electric mixer at low speed until smooth (about one minute). Then beat vigorously with wooden spoon (150 strokes) or electric mixer at medium speed (2-3 minutes) until thick and elastic. Scrape sides of bowl occasionally. Stir in spiced apple pieces with wooden spoon. Then add remaining flour gradually. Use just enough flour to make a soft dough which leaves sides of bowl, adding more if necessary. Turn out onto floured board. Round up into a ball.

Knead 5-10 minutes or until dough is smooth, elastic and no longer sticky. Cover with plastic wrap, then a towel. Let rest for 20 minutes on board. Punch down. Divide into two equal portions.

Combine 1/2 cup sugar and cinnamon. Divide each portion into 24 equal pieces. Shape into balls. Roll each ball in sugar mixture. Reserve remaining mixture for topping. Arrange balls in two greased 9"x5"x3 1/4-inch bread pans. Correct pan size is important for best results. Cover pans loosely with plastic wrap.

Refrigerate two to 24 hours at moderately cold setting. When ready to bake, remove from refrigerator. Uncover. Let stand for 10 minutes while preheating oven. Brush surface of each loaf with melted butter and sprinkle with remaining sugar mixture just before baking. Bake at 375° for 35-40 minutes or until done. Bake on a lower oven rack position for best results. If the bread browns too quickly, place a piece of foil loosely over the crust. Remove from pans immediately. Cool on racks.



# LOW PRICES Plus TOP VALUE STAMPS

U.S. CHOICE TENDERAY  
**BEEF RIB ROAST**  
4TH & 5TH RIBS  
**69¢** LB.

WHOLE OR HALF FRESH  
**HAM ROAST**....**49¢** LB.  
SERVE N' SAVE  
**SLICED BACON**...**59¢** LB.

5 FRUIT FLAVORS  
**HI-C FRUIT DRINKS**  
1-QT, 14-OZ CANS  
**4¢**

KROGER  
**PINEAPPLE-GRAPEFRUIT DRINK**  
1-QT, 14-OZ CANS  
**5¢**

TASTY SHACKS  
**BUGLES, DAISYS OR WHISTLES**  
MIX OR MATCH  
**3 PKGS**

**500 FREE TOP VALUE STAMPS**  
See Top Value Coupon On Page 2 Of Kroger's Mailed Booklet For Extra Top Value Stamps.  
Redeem Your 2nd Week Coupon From Your Kroger Dealer!  
1 \$1.50 OFF With Mailed Booklet Coupon On Royal Court China 4 Piece Place Setting (Dinner Plate, Bread & Butter Plate, Cup & Saucer). Reg. \$2.49 - \$1.99 With Coupon.  
2 \$1.50 OFF With Mailed Booklet Coupon On Royal Court China 3 Piece Add-On Set (Cups, Saucers, Salad Plate, Dessert Dish) Reg. \$2.49 - \$1.99 With Coupon.  
3 20¢ OFF With Mailed Booklet Coupon on Section 5a. 2 Round McKelley Ailes Reg. \$9.99 - \$7.99 With Coupon.  
4 50¢ EXTRA TOP VALUE STAMPS With Purchase Of One Pkg. Royal Viking Danish Pastry.  
5 50¢ EXTRA TOP VALUE STAMPS With Purchase Of One Pkg. Royal Viking Danish Pastry.  
6 50¢ EXTRA TOP VALUE STAMPS With Purchase Of Any 2 Pounds Sliced Bacon.

FRESH  
**VINE RIPE TOMATOES**  
3 LB BSKT  
**49¢**  
RED RIPE SWEET WATERMELON HALF **69¢**

COUNTRY CLUB  
**CORNERED BEEF**  
POINT CUT  
**59¢** LB.  
FLAT CUT **75¢** LB.

GORDON'S ROLL  
**PORK SAUSAGE**—1-LB. ROLL **49¢**  
YOUNG TENDER  
**LEG O' LAMB**....**79¢** LB.

MOTT'S TANGY  
**APPLESAUCE**....**3** 1-LB. **79¢**  
KROGER PEACH, CHERRY, BLUEBERRY OR STRAWBERRY PRESERVES.....**3** 12-OZ. WT. JARS **1¢**  
KANDU BRAND LIQUID  
**GALLON BLEACH**....**39¢**

BETTY CROCKER  
**CAKE MIXES**....**3** 1-LB. **89¢**  
THREE 4 ROLL PACKS—ASSORTED COLORS  
**CHARMIN TISSUE** 12 ROLLS **1¢**  
EATMORE GOLDEN  
**ROLL MARGARINE**...**15¢** 1-LB. ROLL  
COUNTRY CLUB SALTED  
**ROLL BUTTER**.....**69¢** 1-LB. ROLL

DELICIOUS TOMATO  
**CAMPBELL'S SOUP** 19½-OZ. WT. CAN **11¢**

KROGER MEDIUM SIZE  
**GRADE 'A' EGGS**  
DOZEN **29¢**  
LARGE EGGS...DOZ. **37¢**

KROGER FLORIDA FROZEN  
**ORANGE JUICE**  
6 4-FL. OZ. CANS **69¢**

GOLDEN BANTAM  
**SWEET CORN**  
EARS  
**8 49¢**  
5 SIZE ROYAL HAWAIIAN  
**PINEAPPLE**  
EACH **49¢**

WHOLE  
**FRESH FRYERS**  
**27¢** LB.

SEMI-BONELESS  
**HAMS**  
WHOLE  
**59¢** LB.  
HALF **65¢** LB.

U.S. CHOICE TENDERAY  
**ROUND STEAK**  
**79¢** LB.

CENTER CUT RIB  
**PORK CHOPS**...**79¢** LB.  
FLAVOR-SEAL-PAC ALL BEEF  
**HAMBURGER**....**49¢** LB.  
IN 3-LB. TUBE

FRESH OR SMOKED  
**PICNICS**  
**35¢** LB.

YOUR CHOICE ASSORTED  
**FRUIT TREES**  
**99¢** EACH  
APPLE, CHERRY, PEACH



**VALUABLE COUPON** Limit One Coupon  
YOUR CHOICE WITH THIS COUPON & \$5 PURCHASE  
**Coffee Sale**  
☐ **KROGER VAC PAC** 1-LB CAN **59¢**  
☐ **FRENCH BRAND** 1-LB BAG **57¢**  
☐ **SPOTLIGHT BRAND** 1-LB BAG **55¢**  
Valid thru Sun., April 30, 1967 at Kroger Det. & East, Mich.

**VALUABLE COUPON** Limit One Coupon  
WITH THIS COUPON & \$5 PURCHASE OR MORE ALL PURPOSE  
**GOLD MEDAL FLOUR**  
**5 LB. BAG 39¢**  
Valid thru Sun., April 30, 1967 at Kroger Det. & East, Mich.

U.S. NO. 1 ASST. TEA OR  
**PEACE ROSES**  
EACH **99¢**

**50 TOP VALUE STAMPS**  
WITH THIS COUPON ON ANY 2 PACKAGES KROGER BAG NUTS  
Valid thru Sun., Apr. 30, 1967 at Kroger Det. & East, Mich.

**50 TOP VALUE STAMPS**  
WITH THIS COUPON ON 2 PAIR PACKAGE JUBILEE HOSIERY  
Valid thru Sun., Apr. 30, 1967 at Kroger Det. & East, Mich.

**50 TOP VALUE STAMPS**  
WITH THIS COUPON ON 4-LOAFES MEL-O-SOFT BREAD OR KROGER BUNS  
Valid thru Sun., Apr. 30, 1967 at Kroger Det. & East, Mich.

**50 TOP VALUE STAMPS**  
WITH THIS COUPON ON 2-LBS OR MORE CENTER CUT PORK CHOPS  
Valid thru Sun., Apr. 30, 1967 at Kroger Det. & East, Mich.

**50 TOP VALUE STAMPS**  
WITH THIS COUPON ON 2 CUT-UP FRYERS, 2 PKGS FRYER PARTS OR 2 FRYING CHICKENS  
Valid thru Sun., Apr. 30, 1967 at Kroger Det. & East, Mich.

**75 TOP VALUE STAMPS**  
WITH THIS COUPON ON 4-LOAFES MEL-O-SOFT BREAD OR KROGER BUNS  
Valid thru Sun., Apr. 30, 1967 at Kroger Det. & East, Mich.