

Try Easy Recipes in Summer

By JOYCE TOTTON

Reprints from all over reflect a new trend. Women are taking a more relaxed attitude toward summer cooking, and embracing new products that help them do it.

Eager to encourage this idea I have some extra easy recipes to help the home-makers relax.

One fine aid to easy cooking is the strawberry. It's one of the younger fruits, cultivated only six centuries or so, but certainly a popular one.

Good size is not necessarily an indication of good flavor in strawberries. Many varieties have been developed and are suitable for desserts and for freezing many months of the year.

Take advantage of the supply of Michigan strawberries now at their peak. Save some for future enjoyment by turning them into jams and butters.

Alone or in combinations with other fruits, strawberry jam seems to be the number one favorite.

Today's recipes require only one-minute boil. This means more flavor and more glucose per quart of fruit than the procedure of former years, when jam-making was an all day process.

FRESH GLAZED STRAWBERRY PIE

3 1/2 c. fresh strawberries, washed and hulled

2 c. sugar

1 T. cornstarch

1 t. salt

1 c. water

1 baked pie shell

Combine sugar, salt, cornstarch, and water in a saucepan and cook over low heat until thick. Cool and pour over strawberries in pie shell. Top with whip cream when served. You can use a graham cracker crust or the standard type pastry.

STRAWBERRY CREAM SQUARES

2 pkgs. strawberry gelatin

2 c. boiling water

2 10-oz. pkgs. frozen strawberries

1 c. sour cream or 1/2 c. sour cream and 1/2 c. cream cheese

1 1/2 c. crushed pineapple

2 1/2 lbs. firm ripe bananas, finely diced (opt.)

1 c. nuts, coarsely chopped

Dissolve gelatin in boiling water. Add berries, stirring occasionally until thawed.

Add pineapple, bananas, and nuts if desired. Pour half of mixture into 8x8x2 pan; chill until firm. Spoon an even layer of sour cream over firm gelatin. Stir and gently pour remaining gelatin over sour cream; chill until firm.

If desired, nuts may be combined with sour cream instead of with the fruit and gelatin.

STRAWBERRY BANANA JAM

2 small bananas

1 1/2 qts. fully ripe strawberries

1 1/2 c. lemon juice

6 c. sugar

1/2 bottle liquid pectin

Crush bananas with fork (1/2 c. pulp). Wash and stem berries, and put through food chopper, using coarse blade. Mix fruits, lemon juice and sugar in a kettle. Bring to full rolling boil over high heat, stirring constantly. Boil about one minute. Remove from heat; stir in fruit pectin. Skim; pour into sealed jelly glasses to within 1/2" of top. Cover at once with hot paraffin. Makes about ten 6-oz. glasses.

Livonia Cadet Set For Course

Cadet Timothy E. Underwood, 20, son of Mrs. and Mr. Eugene L. Underwood, 13619 Laverpool, Livonia, will attend Army Reserve Officers' Training Corps summer camp at Indiantown Gap Military Reservation, Pa., with his unit from the Virginia Military Institute, Lexington.

Cadet Underwood is a 1964 graduate of Bloom High School, Chicago Heights, Ill. He is a member of Sigma Pi Sigma fraternity.



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