



JOCHEN DIERKS (left) of West Germany chats with his hostess, Mrs. Leonard Posner, one of 155 American Field Service students who visited Livonia last weekend.

## 155 Touring AFS Students Welcomed in Livonia Homes

More than 100 Livonia families played host this weekend to foreign exchange students touring the country as part of the American Field Service program. The 155 students from all parts of the world arrived in Livonia by bus between Wednesday and Saturday. Each group spent approximately four days here. Last to leave was the busload which visited the Franklin High School chapter. The bus departed Tuesday. All have spent the last year in American homes, attending American high schools. All will return within the next few weeks to their own countries. For many of the Livonia families, having a foreign student in the house was a new experience.

Dr. and Mrs. Leonard Posner, of Wehyer Drive, hosted Jochen Dierks, of West Germany. Jochen, who is 17, spent the year in Bloomfield, Conn., and attended Bloomfield High School. After the two-week bus

## Rotisserie Turkey Is Good Buy, Good Eating

Since turkey rates top place on the July Plentiful Foods List of the USDA, you can treat your family and guests to party meals at economy prices that are just right.

By cooking the whole bird outside on the rotisserie, you eliminate the job of stuffing the turkey and you also keep the heat outside the house.

Hugh S. Johnson, University of Illinois extension poultry specialist, recommends that you figure 14 to 16 pounds per serving when buying turkey. Small to medium sized birds weighing 8 to 13 pounds are just right for the rotisserie. Check the manufacturer's instructions for the maximum size limit.

If turkey is frozen, thaw and remove giblets and neck from the body cavity, rinse the bird and pat dry. Rub the cavity lightly with salt. Use drumsticks securely to tail or push them under the band of skin at the tail. Fasten neck skin to back with a skewer. Flatten wings against breast and tie cords around the breast to hold wings securely.

Insert spit rod through the center of the bird lengthwise from tail end toward front. Fasten tightly with spit forks at both ends and tie securely with twine. Test balance and readjust if necessary so that the bird will rotate smoothly throughout the cooking period.

Arrange hot charcoal briquets at the back of the fire box and place a foil drip pan in front of coals. Attach spit and start the motor as manufacturer directs.

Approximate timetables show that a 6 to 8 pound turkey will take about 2 1/2 to 3 hours to cook thoroughly, an 8 to 10 pound bird, 3 1/2 to 4 hours. But timetables are merely guides to total cooking time. A cool day or a strong wind may lengthen barbecue time by 30 to 45 minutes.

To check doneness there is no substitute for a meat thermometer, which should be placed in the center of the inside thigh muscle or in the thickest part of the breast. When it registers 180 to 185 degrees F., the turkey is done.

If no meat thermometer is used, check doneness by pressing drumstick meat between fingers. Meat should be very soft when done.

For extra flavor, Johnson recommends that you marinate turkey 2 to 4 hours before barbecuing. Lay turkey on heavy-duty aluminum foil and shape it to catch sauce. Pour marinade over turkey and completely wrap foil around the bird sealing it securely to hold marinade. To assure a well-flavored bird, turn the package frequently.

Here's a suggested sauce for marinating or for basting: combine 1/2 cup salad oil, 1/4 cup lemon juice, 1/4 cup wine vinegar, 1/4 cup soy sauce and 1 teaspoon monosodium glutamate. Add salt, freshly ground pepper and herbs to taste.

If the turkey is not marinated, you can baste it generously with barbecue sauce during the last 30 to 45 minutes of cooking.

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## Women on the GO!

By Margaret Miller

"I'm a follower," insists efficient Mary Legg. "I just help other people get things done."

The list of projects she's helped carry out in Farmington would stagger just about any leader you could name.

Mrs. Legg, long-time Farmington resident, has been active in many organizations. She is a Supreme Princess with the International Order of the Rainbow, a member of the Farmington Township supervisor Curt Hall since 1959, and she and her husband, Howard, are active members of the Farmington Masonic Lodge. This leads to much involvement in youth and community activities.

Three years ago, for example, the Farmington Masonic Order was getting ready for its centennial celebration.

"We wanted it to be a big one," recalls Mrs. Legg. "At the same time, the Board of Commerce was considering some major activity for Farmington in the summer, when things get pretty quiet."

So the idea for the first Farmington Founders' Festival was born.

"Then it really mushroomed," Mary Legg remembers. "So many people were interested and wanted to have a part."

She worked then on arranging many of the details for the first festival. "But it was just that I was always available here in the township office," she said. "I never let anything go because people knew where to find me."

The story is much the same now that final plans are going on for the third annual Farmington Founders' Festival, July 27 to 28.

This time the Masonic groups are sponsoring an old-fashioned horse show, which will be going on at Twelve Mile and Farmington Road throughout the festival.

"We think we're going to have about 150 horses from all over," Mary reports enthusiastically. "We'll have the horses on display, pony rides, western exhibits and refreshments."

"Right now our house is full of posters and advertisements for the show. Ross Stuller is the chairman, and he's come up with all kinds of ideas. We're just helping in arrangements for an old-fashioned chicken dinner to be served by the Order of Eastern Star members at the Masonic Temple Friday, July 28. And she and her family are lending a hand on Friday."



MARY LEGG at her desk in the Farmington Township office.

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## Fair Packaging, Labeling Act Requires Honesty

Consumers who bother to read labels now will be able to learn more about the package contents, says Kathleen R. Burton, home economist with the Cooperative Extension Service in Wayne County.

"She keeps the cookies coming and takes care of the house while we're traveling around," says her grateful daughter-in-law.

Mary Legg's most recent project is assisting with the breakfasts served each month at the Masonic Temple to Farmington's quota of draftees and their families. They started in May.

There is one project in which Mary Legg admits she's boss - her Sunday School class at the First Methodist Church of Farmington. "I've been teaching for years," she said, "and I never let anything go. I follow or leader, Mary Legg has to be a valuable person to have around."

The home economist explained that the law authorizes the government to establish additional regulations for specific products if necessary. This would be to prevent deception or to make value comparison easier. The government is authorized to:

- Establish and define standards for describing package sizes, if additional descriptive phrases are used to supplement label statement of net contents.
- Regulate bargain-price labeling, such as "cents off."
- Require labels (except for food) to give the common name of the product and list ingredients in order of decreasing amounts.
- Prohibit packaging of products in containers with unnecessary packing material or air space.

The Fair Packaging and Labeling Act doesn't apply to certain drugs of tobacco, meat and poultry products, or products covered by other existing Federal laws, the home economist pointed out.

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## WSU Giving Institute On Teaching

The McGregor Memorial Conference Center on the Wayne State University campus is the site of a three-week institute in adult basic education that began July 10 with approximately 100 persons from Wisconsin, Illinois, Indiana, Ohio and Michigan attending.

The institute is designed to prepare basic education teachers and trainers of teachers in the use of all the new media for teaching, such as programmed instruction, computer-assisted instruction, team teaching and tutorial procedures.

The Wayne institute is one of 11 being conducted this summer throughout the country. They are being supported by a 1.4 million dollar education act of 1966 and administered by the National University Extension Association under contract with the U.S. Office of Education.

In May of this year, Wayne held the first Pre-Institute Seminar for Adult Basic Education in the country which was attended by representatives from every state.

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