

# Venison Is Good Eating

by Joyce Totten

Sportsmen by the hundreds are headed for Michigan woods. But times have changed. Now we go hunting more for the recreation it provides than for meat.

Today's hunting trip is the city man's opportunity to get close to nature, to enjoy the laughter and fellowship of congenial companions, to slow the pace of life by a return to simple ways of living for a few days.

Where is there a hunter who does not thrill to the winter beauty of the quiet, snow-trimmed forest and brook? Then, the startling glimpse of a grey-coated buck in the thicket, the flash of his white flag as he turns to bound away and the breathless wait to catch him over the gun-slits in the opening you hope he will hit!

MICHIGAN'S deer herd is the source of unmatched recreation. But it can also furnish a palatable and nutritious addition to our living. So if your sportsman expects to bring home his buck, it's time to think about how you'll prepare the catch.

Do you know how to cook venison? What other dishes to serve with a wild venison roast? It should not be necessary to conceal the flavor of venison. The characteristic flavor seems to be concentrated in the fat and trimming away excess fat will help. However, venison is a rather dry meat and is improved by addition of suet, butter or other fat when using dry heat methods—roasting, broiling or frying.

THE STANDARD methods of meat cooking for beef and lamb are most successful for venison. Even though you do get a deer that is tough or has a strong flavor, there are ways of preparing it for the table that will make it palatable and appetizing.

The use of bacon, vegetables and fruit juices is suggested to impart a different flavor. Spices such as bay leaf, thyme, garlic, savory and the like may be added to suit your taste. Here are some tested recipes for preserving, cooking and serving venison. Happy eating!

**VENISON ROAST**  
1 - 3 to 4 lb. venison roast  
1 tsp. salt  
Pepper to taste  
1 pkg. dry onion soup mix  
1 envelope hamburger seasoning  
1 clove of garlic or garlic salt to taste  
1 can cream of mushroom or celery soup

1/2 to 2 c. water  
Season roast with pepper to taste. Sprinkle soup mixture over meat; add hamburger seasoning. Sprinkle garlic over seasoning. Spread celery soup over roast; add water. Cover; bake at 350 degrees for 2 hours and 30 minutes to 3 hours. Add more water, if necessary. Yield: 8-10 servings.

**VENISON MINCEMEAT**  
1 qt. raisins  
4 qt. sugar  
1 1/2 qt. meat broth  
2 lb. currants  
1/4 lb. ground suet  
2 T. cinnamon  
2 T. allspice  
2 T. cloves  
1 T. pepper  
1 T. salt  
1 qt. Sorghum  
3 qt. ground cooked venison  
5 lb. apples, chopped  
1 qt. cider vinegar  
Juice of 3 lemons.  
Combine all ingredients. Store in freezer. Yield: 6 quarts.

**BRAISED VENISON**  
2 c. flour  
1 t. salt  
1/2 t. pepper  
8 venison steak  
2 T. fat  
3/4 c. onion rings  
Garlic salt  
2 c. water  
Sift dry ingredients except garlic salt. Coat venison with dry ingredients. Brown in fat. Top with onion rings; sprinkle with garlic salt. Add water; simmer for 1 hour over medium heat. Yield: 8 servings.

## Ford Sales Show Declines In October

Ford Division reported car sales of 20,569 and truck sales of 7,627 during the October 11-20 period. The Division's car sales in the comparable period last year totaled 65,464 and truck sales were 16,125.

The only countries with more telephones than Michigan are Canada, France, West Germany, Italy, Japan, USSR and United Kingdom.



**KROGER BRINGS BACK**

# MORE LOW PRICES FOR THANKSGIVING FEASTING!

**NORBEST GRADE 'A' TURKEYS**

11 TO 16 LB. SMALL SIZE **33<sup>¢</sup>** LB.

"THE TURKEY WITH THE BUILT-IN THERMOMETER"

20-LBS AND UP **25<sup>¢</sup>** LB.

SWIFT'S PREMIUM GRADE 'A' BUTTERBALL TURKEY 20-LBS 4 UP **39<sup>¢</sup>** LB.

ALL SIZES GRADE 'A' TURKEY **HONEY SUCKLE..... 49<sup>¢</sup>** LB.

GORDON'S ROLL **SAUSAGEPORK 2 ROLL 79<sup>¢</sup>**

**FRESH 7-RIB END PORK LOIN ROAST 39<sup>¢</sup>** LB.

9-IN LOIN END **49<sup>¢</sup>** LB.

**CENTER CUT RIB PORK CHOPS 89<sup>¢</sup>** LB.

LOIN CHOPS **99<sup>¢</sup>** LB.

U.S. CHOICE TENDER **BEEF RIB ROAST 4TH & 5TH RIBS 79<sup>¢</sup>** LB.

ERVE N' SAVE **SLICED BACON..... 2 LB \$1<sup>15</sup>** PKG

HYGRADE'S WHOLE OR HALF **West Virginia Ham 89<sup>¢</sup>** LB.

**SMOKED HAM**

SHANK PORTION **49<sup>¢</sup>** LB.

SEMI-BONELESS **69<sup>¢</sup>** LB.

MARHOEFFER BRAND **CANNED HAM 10 LB \$7<sup>99</sup>** CAN

- ASSORTED JIFFY **CAKE MIXES..... 10-0Z 10<sup>¢</sup>** WT PKG
- ASSORTED FLAVORS **KROGER GELATINS..... 3-0Z 7<sup>¢</sup>** WT PKG
- KROGER BRAND **PIE PUMPKIN..... 1-LB 18<sup>¢</sup>** 12-0Z CAN
- ASSORTED FLAVORS **CAKE MIXES..... 3 1-LB 89<sup>¢</sup>** 2-0Z PKGS
- ASSORTED FLAVORS **HI-C DRINKS..... 1-QT 25<sup>¢</sup>** 14-0Z CAN
- FLAVORFUL HELLMANN'S **MAYONNAISE..... 0Z 59<sup>¢</sup>** 12-0Z JAR
- DOMINO LIGHT OR DARK BROWN OR CONFECTIONER'S **10-X SUGAR..... 1-LB 15<sup>¢</sup>** 2-0Z PKG
- FOR BAKING-CHOCOLATE **NESTLE'S MORSELS.. 12-0Z 39<sup>¢</sup>** WT PKG

HALVES OR SLICED **DEL MONTE PEACHES 28<sup>¢</sup>** 1-LB 13-0Z CAN

KROGER BRAND **SWEET POTATOES 29<sup>¢</sup>** 1-LB 7-0Z CAN

- LIGHT CHUNK STYLE **DEL MONTE TUNA..... 6 1/2-0Z 25<sup>¢</sup>** WT CAN
- 2 PLY SWANSOFT **FACIAL TISSUE..... 200-CT 16<sup>¢</sup>** PKG
- ALL PURPOSE FLOUR **GOLD MEDAL..... 5 LB 49<sup>¢</sup>**
- IN 2 ROLL PACKS **WHITE CLOUD TISSUE.... 8 ROLLS 89<sup>¢</sup>**
- BORDEN'S ICE CREAM **CAKE ROLL..... 3 12-0Z 91<sup>¢</sup>** WT PKGS
- KRAFT PHILADELPHIA **CREAM CHEESE..... 8-0Z 29<sup>¢</sup>** WT PKG
- KROGER BEEF, CHICKEN OR TURKEY **FROZEN POT PIES..... 8-0Z 15<sup>¢</sup>** WT PKG
- BEAR LAKE BRAND FROZEN **STRAWBERRIES..... 4 10-0Z 91<sup>¢</sup>** WT PKGS
- LIBBY'S DELICIOUS **FROZEN SQUASH..... 10-0Z 10<sup>¢</sup>** WT PKG

**VALUABLE COUPON** Limit One Coupon.

WITH THIS COUPON AND \$5 PURCHASE OR MORE BORDEN'S SHERBET OR

**COUNTRY CLUB ICE CREAM 65<sup>¢</sup>** FIRST 1/2 GAL

**35<sup>¢</sup>** SECOND 1/2 GAL

Valid thru Sun., Nov. 19, 1967 at Kroger Det. & East Mich.

**VALUABLE COUPON** Limit One Coupon.

WITH THIS COUPON & \$5 PURCHASE OR MORE KROGER-REG. OR DRIP

**VAC PAC COFFEE 2 LB 99<sup>¢</sup>** CAN

Valid thru Sun., Nov. 19, 1967 at Kroger Det. & East Mich.

**SWEET MELLOW GOLDEN RIPE BANANAS 12<sup>¢</sup>** LB.



24 SIZE **HEAD LETTUCE HEAD 25<sup>¢</sup>**

**CANDY YAMS 14<sup>¢</sup>** LB.

**50 TOP VALUE STAMPS**

WITH THIS COUPON ON 14 FL OZ CAN **LYSOL SPRAY DISINFECTANT** Valid thru Sun., Nov. 19, 1967 at Kroger Det. & East Mich. F

**50 TOP VALUE STAMPS**

WITH THIS COUPON ON ANY TWO PACKAGES **EMBASSY TNU MEATS** Valid thru Sun., Nov. 19, 1967 at Kroger Det. & East Mich. E

**50 TOP VALUE STAMPS**

WITH THIS COUPON ON TWO OR FOUR POUND **HILLCREST FRUIT CAKE** Valid thru Sun., Nov. 19, 1967 at Kroger Det. & East Mich. C

**50 TOP VALUE STAMPS**

WITH THIS COUPON ON ANY TWO PACKAGES **BROWN N' SERVE ROLLS** Valid thru Sun., Nov. 19, 1967 at Kroger Det. & East Mich. D

**50 TOP VALUE STAMPS**

WITH THIS COUPON ON \$2 OR MORE PURCHASE OF **FRESH FRUIT OR VEGETABLES** Valid thru Sun., Nov. 19, 1967 at Kroger Det. & East Mich. H

**50 TOP VALUE STAMPS**

WITH THIS COUPON ON ANY PACKAGE **COUNTRY CLUB CORNED BEEF BRISKET** Valid thru Sun., Nov. 19, 1967 at Kroger Det. & East Mich. I

**50 TOP VALUE STAMPS**

WITH THIS COUPON ON 2 PKGS CUT-UP FRYERS, 2 PKGS FRYER PARTS OR 2 ROASTING CHICKENS **Valid thru Sun., Nov. 19, 1967 at Kroger Det. & East Mich. J**

We Reserve The Right To Limit Quantities Prices And Items Effective At Kroger In Detroit And Eastern Michigan Thru Sun., Nov. 19, 1967. None Sold To Dealers. Copyright 1967, The Kroger Co.