

It's Easy
To Go
Hawaiian

By JOYCE TOTTEN

Imagine yourself wearing a fragrant flower lei, swaying to enchanting music, eating delicious Polynesian food, and surrounded with flowers and greenery. You are having the time of your life...at a Hawaiian party!

Why not make this dream come true by planning a Hawaiian party now? It's easier than you think, and your guests will love you for it!

While Hawaii has been our 50th state only nine years, its contribution to our cuisine goes back to the days of the first traders who reached our coasts with pineapple and coconuts.

Today the islands are populated by Americans of Oriental, Polynesian, European and Hawaiian descent. The blending of these cultures has created a cuisine unlike any on the mainland, the Islanders' word for the other 49 states.

MOST FAMOUS of all meals in Hawaii is the luau, its olden days and even now at feasts, roast pig, Puaa Oma, is the main entrée. Heated stones are placed inside and around the pig in a large open pit, which is then covered with leaves. The meat cooks all day, and the feasting begins in the late afternoon.

To a newcomer to Hawaii, many foods served at a luau are unusual. Poi, the slightly fermented paste made by pounding taro root, is traditionally eaten by dipping the fingers into the poi.

As in many of the Pacific Island menus, baked bananas, yams and breadfruit and coconut or sweet potato puddings are common. Lomi, raw fish pickled with zippy juice of onion and fruit juices, is often served as an appetizer.

Tropical fruits present a wide gamut of colors, flavors and textures. Pineapples are, in fact, the sign of friendship. Natives once hung them beside their huts as an invitation to enter. Avocados, bananas, oranges, lemons, limes, grapefruit, coconuts, dates and figs can be incorporated in meals any time of day.

- AMBROSIA
- 1 lge. fresh pineapple
 - 2 oranges
 - 2 fresh pears
 - 1 c. white cherries, stoned
 - 1 c. fresh strawberries
 - 1 c. seedless white grapes
 - 4 T. sugar
 - 3/4 c. sliced peaches
 - Juice of 2 lemons
 - 1 c. grated coconut
- Cut pineapple through the stem in half lengthwise. Be sure it is a fruit with fine unbroken leaves, as this is part of the decoration. With a sharp knife, cut out the hard center from each half and throw it away. Cut out the flesh carefully, leaving a thin layer of it next to the prickly husk, save the shells. A grapefruit knife is good for this. Cut flesh into small cubes, put the juice left in the plate aside in a cup. Mix all fruits together, but don't break the fruit. Add the sugar. Take the juice from the lemons and pour over the mixture along with part of the pineapple juice. Leave in the refrigerator 3 to 4 hours to chill. To serve, spoon the fruit into the pineapple shells, arrange on a large platter side by side.

- AWAY DESSERTS
- WIKIWI WALK
- 1 8-oz pkg cream cheese
 - 1 c. milk
 - 3/4 c. crushed pineapple, drained
 - 1 pkg. instant vanilla pudding
 - 8 ice cream cone-cups
- Soften cheese to room temperature. Gradually blend in 1/4 c. milk with mixer. Add remaining milk, pineapple and pudding mix; beat for 1 minute. Chill if desired. Just before serving, spoon into cone cups placed in muffin tins for support. Yield: 8 servings.

To add the Hawaiian touch to your tables...

Hawaii abounds in flowers so use them lavishly on your tables. Tables should be close to the floor so that your guests can sit on cushions or mats. Large plywood sheets with 4 books under each end serve the purpose admirably well. Place pod tables and house doors removed from their hinges make good substitutes. Cover tables with tapa paper and green leaves, and crown them with mounds of fresh pineapple, green bananas, limes, shells, coconuts, net and flowers.

E. J. Korvette

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