

Doctor in the Kitchen®

by Laurence M. Hursh, M.D. Consultant, National Dairy Council

Sandwiches? Hollandaise Sandwiches? Hollandaise sauce? Souffle? Hors d'oeuvres? Cheeseburgers? Parmesan sauce?Stuffed frank-furters? Cheese dip? Macaroni and cheese? Au gratin casse-roles? Cheesecake? You can go

and cheese? Au gratin casses of coles? Cheesecake? You can go on from there.

Cheese is as nearly a universal food as the variety of milks from which it is made-cows?, coats, mares, caristic of the control of the course, removed, coats, mares, caristic of the course, coats, mares, caristic of the course, coats, coat

providing excellent protein, vit-amins, and minerals. It is a use-ful alternate for meats, and a garnish for many tempting dishes.

hal alternate for meats, and a garnlah for many tempting dishes. I Cheese is alow-residue food. It is almost hally digested and utilized. It has been regarded, mistakenly, as constituting or wholding. Actually, no single dicitary factor can be regarded as constipating of mistakenly, as constituting of the dick as a whole may be been a characteristic of the control of the cont

Science Finds The Key To Bacterial Illness

A University of Michigan sci-entist has unlocked one mystery of recurrent bacterial infec-tions, and may have opened the door for a cure.

door for a cure.

The discovery could influence
the treatment of listeriosis,
habitual abortions, and many
common infections such as acue

and boils.
Dr. Antonina M. Brem (Ph.D)
of the U-M School of Public
Health traced the cause of these
repetitious infections to "Lforms" of bacteria hibernating

repetitions infections to "Lforms" of bacteria hibernating
in healthy tissue.

IN A REPORT to the American Society for Microbiology,
Dr. Brem said these "Lforms" do not cause disease.
But under certain conditions
they quickly change into disease-causing bacteria, sometimes in a few bours.

An "L-form" is as been destroyed. It can survive acceptance
to the sease of the conmonocytogeness, a bacterium
that can cause meningitis, septreemia, and abortions in bumans. She obtained germ samples from diseased patients
hospitalized at the University
of Michigan Medical Center
After destroying the cell-wall
with peniciliin, she injected the
surviving L-form into sides
L-form could be delected by
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L-form could be delected by
Laboratory tests, but the mice
were unbarmed. However, Dr. laboratory tests, but the mice were unharmed. However, Dr. Brem reported, once the L-

Highland Park

form was removed from the mouse, it promptly regrew its cell wall and became virulent. It injected into the mouse in this normal, bacterial form, it killed the mouse in three days.

Dr. Brem said ber findings suggest that hospitals must pro-vide new laboratory tests able to detect L-forms in patients. "We can then isolate the L-form and let it grow back its' overceat in order to find out just while;" it is and what to do about it."

AS PART OF HER research, she devised a new and more reliable technique for culturing I-forms, and offiered this new technique as one means of speeding hospital tests of patients.

She also pointed out that pen-icillin treatment renders the bacteria harmless, but does not destroy it. "To get a com-plete cure, physicians will need to destroy the L-form, with antibiotics such as erythron-ycin or sulfa drugs."

Dr. Brem, who received her Ph.D. degree from the Univer-sity of Michigan School of Pub-ille Health just 10 days ago, conducted her investigation for the past two years under the direction of Dr. Warren C. Eveland, professor of epi-demiology.



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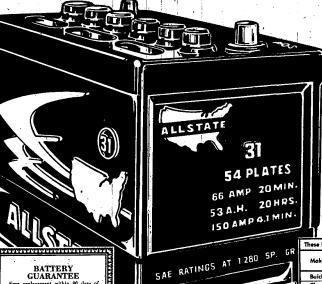
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