

## URIC ACID IN THE BODY.

One Phase of It May Easily Be Controlled by Dieting.

Uric acid is a chemical substance that is found in the body as a result of the disintegration of waste cells or of animal food. In the former case it is called endogenous, and in the latter case exogenous. The production of endogenous uric acid we cannot easily regulate, but that of exogenous uric acid we can control by diet.

In perfect health there is very little of either kind in the body, unless meat is eaten to excess, for its presence is a sign of imperfect oxidation of food. The body is like a stove, in which food is the fuel. In a stove, if the coal is of good quality and there is a good draft, the fuel is entirely consumed and there is nothing left but ash, which we can easily clear out; but if either coal or draft is poor cinders drift, clog the grate and make the draft slow.

So with the body. If the food is not too rich and not too largely composed of flesh, and if all the digestive processes work well, the waste material will give no trouble, but if we eat too much animal food, or if something is wrong with the final stages of digestion and assimilation, the food is not perfectly consumed. Instead of ash we get cinders—that is, uric acid.

The substance sometimes does harm by its mere presence, and sometimes it is only an evidence that the processes of assimilation are not going forward smoothly. In fact there is a very evident excess of uric acid in the blood, but there is doubtless some fault of nutrition behind both the gout and the uric acid, and we cannot say that the gout is actually owing to the uric acid. So also with exogenous uric acid, which frequently occurs with an excess of uric acid. It is probable that both result from a common cause. In the case of gravel, of kidney colic and of some forms of stone in the bladder, it is, however, the uric acid and nothing else that makes the trouble.

It is the duty of the liver to form uric acid and to oxidize it to harmless urea, but when it does not do this exactly how it performs its function. We do know, however, that an excessive uric acid is sold in sufficient quantity to do harm, and that we can reduce the excess of uric acid by abstaining from meat and by using certain alkalis and other drugs that help the kidneys to excrete the acid in a harmless form.—*Young's Eclectic Journal.*

### Testing Dewdrops.

Herz Heyendorf, a German meteorologist, in order to determine the air's dew point, has with water a cup of silver or other heat conducting metal and introduces salt ammonium, hypophosphite of soda, or other salt that lowers the temperature in dissolving. As the salt is dissolved, the mixture is gently stirred with a thermometer bulb. At the instant when the cooling causes a deposit of moisture to begin on the outside of the cup the indication of the thermometer is taken and gives the desired dew point or temperature at which the moisture present in the air will become complete saturation or 100 per cent of humidity.

### The Bee's Market Basket.

Every bee carries his market basket around his hind legs. Anyone examining the body of the bee through a microscope will observe that on the hind legs of the creature there is a fringe of stiff hairs on each surface, the hairs appressed to each other at the tips, so as to form a sort of cage. This is the bee's basket, and into it after a successful journey he will cram enough pollen to last him for two or three days.

### Right, Or

Bill—I've ordered a Missourian inventor has patented an alarm clock carrying a lever on the back that can be used to regulate the drafts of a stove or heater at a set time. Jill—But what we really need is an alarm clock that won't make such an awful fuss in the early morning, but will go out in the kitchen and build the fire.—*Yonkers Statesman.*

### Both Surprised.

A lady returning home unexpectedly found her domestic using the drawing room for the purpose of giving a select party to her friends. "Ann, I am surprised," she ejaculated. "So am I, ma'am," replied the unabashed girl. "I thought you wouldn't be back for a fortnight."—*Exchange.*

### The Question at the Altar.

Suitor—I want to marry your daughter. Father—Can you divorce her in the manner to which she has been accustomed?—*New York Sun.*

## The Widow In White

By LOUISE MERRIFIELD.

"Little she goes!"

Little Compton gave the alarm, and everybody in the Pasquale studio leaped for the windows as the white automobile whizzed by. Four cased crashed on the floor. The model, a slender, dainty figure, with a spray of spring boughe over her bare shoulder and trail of grass green velvet from bust to ankle, broke her pose and turned her head.

Pasquale himself had been the first to run and had a front seat, so to speak, at the middle window, with Jules Le Breton towering over him.

No one spoke until the moment of suspense was passed and the white auto had disappeared around the corner of the Boulevard des Anges. Then a low, intense breath of released suspense sounded audibly through the bare room, and the Pasquale students stared into one another's eyes rapturously, glistening, just exactly as they had done every day at the same hour for six days.

"She is celestial," murmured Le Breton huskily as he lifted his fallen case.

But he did not place crayon to paper again that afternoon. He sat and smoked a short Amiens pipe and stared at the spray of spring boughe on the model's bare shoulder, and the blood bled through his veins joyously, building, like the little model, breaking breaking through thin April ice.

Le Breton had sprung fever; also, in a minor degree, Le Breton was newly in love again.

Pasquale crossed the room as soon as the model had resumed the pose, and he bent affectionately forward over Le Breton's chair arm, tapped on the pump bulb to read Le Breton's Amiens pipe to read Le Breton's soul from the asphodel meadow of day dreams.

"Mon ami, I have discovered a small thing," he said in an undertone so that Compton from Delaware would not hear. Compton from Delaware was a cynic, a person utterly beyond the gates of spring enchantment. He had the artistic temperament, but it showed itself in his work, not his hair nor his loves nor his words. An therein Compton from Delaware was absolutely an original and unique character among the art students at Pasquale's. Also he was absolutely despised as a hopeless business proposition. But the eyes of the great Le Breton, broad ringlets and velvet blouse, lingered on the close cropped head of Little Compton from Delaware.

It was the way he had with women.

"I have discovered her habituation," whispered Pasquale. "She is a widow."

"A widow in white!" Le Breton's half closed eyes flashed open. "Ah, but it is her whim. It is her divinity revealing itself. It is her symbol of release. She did not love him if she can mourn in white. But the art elusive, enchanting, mysterious, to garb herself from toe to toe in creamy chiffon like an hour, to challenge one's daring, to pique the curiosity, does it not prove the woman behind the veil, the woman celestial, yet with the dash, the mere touch, so like the light of the diabolical in her bereaved nature? Where does she live, Pasquale?"

Pasquale glanced sideways at Little Compton. He was extremely busy giving a touch to the clasp of gold on the model's left arm, "a touch to make it gleam."

"At the Hotel Lombard," said Pasquale. "I have engaged the interest of the small boy at the garage. She is a widow, Mme. Gouze. La Belle Gouze. So, my lives at the Lombard. So, my Jules, I give you the cue for the romance, West-coast."

Le Breton rose and stretched his arms widely until they touched the gas jet above his head.

"I shall fling violets at her—vast clusters of them, dew wet. Parma violets—straight into her arms as she passes each day until she recognizes me," he said. "I shall pierce the white chiffon veil with opera glasses and see if her eyes divine are melting blue or gloriously, ravishingly dark, like La Zingara. I shall!"

"You will make the customary blooming idiot of yourself, Jules," called Compton from Delaware over his shoulder with cheerful malice. "How many children did the last deity have after you had followed the trail of romance for two

weeks and finally landed her in a bakery over the Seine?"

Le Breton raised a glass of ice water to deposit it below the adjacent coat collar, but he stayed his hand and drank the water diplomatically. Once, once long ago, he had not stayed his hand, and the memory of the resultant episode lingered evil. Little Compton had risen swiftly and deftly and promptly flogged him. And even then he had laughed. It was not a pleasant memory. Therefore Le Breton stayed his hand and drank of the ice water.

The next day Le Breton vanished from the atelier at a quarter of 3 precisely, but his intentions were public.

The windows of Pasquale's were occupied by an absorbed audience long before the whirr of the white automobile. The still hush of the windows one could catch a glimpse of a figure standing on the corner, a patient, noble figure under the quaint wrought iron street lamp, the figure of the Knight errant, in paint daubed velvet blouse, cap rakishly, romantically varied and in the hands the most beautiful of enormous, languishing bouquets. A beauty it was, a regal offering, with silken tasseled cord of gold, and the stems, the tender young stems, prisoned in tin foil violet dyed.

Presently there was the sound of the chariot celestial, the cream white automobile, with the tiny gold monogram on one side, so vague, so unrecognizable, so divinely mysterious to the faces that crowded one above another at Pasquale's windows, like cabbages in the market stalls.

"She comes, mon Dieu; she comes," gasped Pasquale ecstatically. "Now, Jules, now brave boy, may this aim be sure as Eve's dart!" The white auto moved, Le Breton raised his cap, raised his hand to toss his offering, and, lo, he tossed not, for beside the slender figure in the white snood cased sat Little Compton, severe, masterful and totally oblivious of either Le Breton or the windows of Pasquale's.

It was the deadly blow, but Le Breton showed his ancestry. A band of ragabond free lancers and had won a marquisate for deeds heroic. So Le Breton in the velvet blouse stayed not his hand. Neither did he remember the lesson of the spilled ice water. He threw the violets fairly, and they fell in the lap of the widow in white. Out from Pasquale's window went up a smothered cheer. The veiled head bowed, oh, but so slightly, in Le Breton's direction. Still it bowed. And Little Compton raised his American panama in grave salute of heroism undaunted.

The next morning Pasquale was prepared for the challenge. Pasquale himself announced he would present the challenge the instant after Compton from Delaware showed fight. Even the model with the spring boughe trembled when the double glass doors opened and Little Compton entered. He was whistling. Ye gods, the airy arrogance of the assured American! mused Pasquale's crowd and waited for the blow.

It fell.

Straight over to Le Breton's easel walked Compton from Delaware. His hand and gait were resolute, his eye steady. There was even a smile on his lips. As he stood a pace away Le Breton sprang to his feet, and Pasquale's held his breath for the onslaught of the love champion.

But Little Compton smiled. More, he slapped Le Breton upon the shoulder in the manner of Harvard. "Old man, you're all to the merry," he said. "I didn't think you had the right. I have the honor to be the bearer of a message from Mrs. Henry B. Germaine, my nearly lovely widow. She requests your presence at afternoon tea today." He paused to light a cigarette while Le Breton nursed his mental agony. Then finally he handed over the medicine for spring fever in these cheering words: "The violets are on her boudoir table, Jules, and she's been a widow four years."

Force of Lightning.

Lightning flashes usually occur within thunder clouds, says Steinmetz, the mathematician, and only rarely come from the clouds to the ground. They seem to follow the rapid condensation of vapor in the air. It requires nearly 75,000 volts of electricity to break down one inch of air space or 1,000,000 volts per foot. Even at 1,000,000 volts it will take more than 1,000,000,000 volts to break down the air resistance ahead of the thunderbolt. It is this enormous voltage or electrical pressure which makes the lightning flash so destructive.

## Disordered Kidneys Cause Much Misery

With pain and misery by day, sleep-disturbing bladder weakness at night, tired, nervous, run down men and women everywhere are glad to know that Foley Kidney Pills restore health and strength, and the regular action of kidneys and bladder. Sold by T. H. McGee.—Adv.

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M. B. Pierce, Postmaster  
Mails arrive at 8:05 a. m. and 3:05 p. m. Depart at 7:50 a. m. and 3:30 p. m.  
Rural Route No. 1—Will Sprague  
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Rural carriers leave the P. O. at 8:30  
Thos. H. McGee, Postmaster

## The Pontiac Savings Bank

S. E. Beach, President  
F. H. Hale, Vice President  
Cramer Smith, Cashier.

Capital, \$100,000. Surplus, \$35,000

4 per cent interest paid on deposits made in Real Estate Mortgages approved by the State Banking Department, guaranteeing to depositors the best security. All business matters handled in a safe and conservative manner.

## Special Health Warning for March

March is a trying month for the very young and for elderly people. Croup, bronchial colds, lagrippe and pneumonia are to be feared and avoided. Foley's Honey and Tar is a great family medicine that will surely stop a cough, check the progress of a cold and relieve inflamed and congested air passages. It is safe, pure and always reliable. Sold by T. H. McGee.—Adv.

## SPRING TERM

meets into the Summer Session offering continuous opportunity for anyone to enjoy all the advantages of a course of business training which will positively lead to a good salaried position through the well-known

Detroit Business University  
61-69 West Grand River Avenue  
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Write for catalogue.  
E. R. SHAW, President.

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F. L. Perry, Cashier.

## Oakland County Saving's Bank

Pontiac, Mich.

Capital, \$50,000.  
Surplus and Profits, \$10,000

4 per cent interest paid on Savings Accounts and Certificates of Deposit interest on savings accounts—compound and semi-annually.

Money to Loan on First Real Estate Mortgages.

## Plain Truth that's Worth Money

Using Foley's Honey and Tar for a cough or cold may save you both sickness and money. F. F. Monahan, Menominee, Wis., says: "I am weathered and I find Foley's Honey and Tar Compound always fixes me up in good shape when I catch cold or have a bad cough. I recommend it gladly." Refuse sub-statutes. Sold by T. H. McGee.—Adv.

For Sale—I have for sale a small house, well located in the village of Redford, that can be purchased for \$900. Easy terms on a good portion of the purchase price. C. E. Ramsey

For Sale—Good 4 h. p. gasoline engine. Carl Ely.

For Sale—A quantity of good hay, a fine buggy, harness, etc. L. B. Lamphere, Redford.

## There Is a Farm for You in the Great Pacific Northwest

Put yourself in a position to take advantage of the opportunities now open in rapidly developing Oregon, Washington and British Columbia. Farmers, horticulturists, dairymen, poultry raisers are wanted.

The purpose and aim of this Bureau is to give authentic, reliable information regarding the Pacific Coast country. We have booklets on Tillamook, Coos Bay, Jackson County, Oregon City, Astland, Portland, Oregon and Grays Harbor, Seattle, Tacoma and other communities in Washington.

Send ten cents in stamps to cover postage, and we will send one of these booklets, answer your questions and forward a sample copy of SUNSET MAGAZINE, the monthly guide and text-book of the homemaker and settler.

SUNSET MAGAZINE SERVICE, San Francisco, California

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Mill street, between Grand River and Labor Avenues Redford, Mich.

For Sale—On exceptionally easy terms one farm of 185 acres, another of 200 acres, still another of 212 acres, and others ranging down to 20 acres. These will be sold this fall for much less than they will bring next spring. H. A. Miller, Redford.

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of all descriptions bought and sold OLIVER MILLARD Redford, Mich.

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PRICES REASONABLE and Satisfaction Guaranteed

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ELMER R. and CHARLES P. WEBSTER, Attorneys at Law, Suits 4, 5 and 6, Pontiac Savings Bank Building, Pontiac, Mich.

## Mortgage Sale

Default has been made in the payment of the interest due on a certain mortgage made by James Heeney and Rose Heeney, his wife of Northville, Michigan, to the Northville State Savings Bank, which said mortgage bears date the fifth day of April, 1912, and is recorded in the office of the Register of Deeds of the County of Wayne, Michigan, on the twelfth day of April, 1912, in Liber 523 of Mortgages on page 638, and said interest having remained unpaid for the period of more than thirty days after the same was due and payable, the said mortgage hereby exercises its option granted by said mortgage and declares the principal sum of said mortgage, together with all interest and unpaid charges, thereon, to be due and payable immediately.

There is now claimed to be due and payable on said mortgage for principal and interest the sum of twelve hundred ninety-six and seventy one hundredths (\$1,296.70) dollars, and the further sum of thirty-five (\$35.00) dollars as an attorney fee and such other expenses as may be incurred under foreclosure proceedings as provided by law and in said mortgage contained, and no proceedings having been taken in law or equity to recover the same or any part thereof, notice is hereby given that by virtue of the power of sale contained in said mortgage and the statute in such case made and provided, said mortgage will be foreclosed by a sale of the premises therein described at public auction to the highest bidder on Monday, the eighteenth day of May, 1914, at 12:00 o'clock noon, at the southern or Congress street entrance of the Wayne County Building in the City of Detroit, Wayne County, Michigan, that being the place where the Circuit Court for said County is held, well at Public Auction to the highest bidder, the premises described in said mortgage which have not been released therefrom, or so much thereof as may be

Defiant having been made in the conditions of a certain mortgage made by Maynard A. Loebe and his wife, Anna C. Loebe, to The Pontiac Savings Bank, of Pontiac, Michigan, a corporation, dated the 25th day of March, A. D. 1907, and recorded in the office of Register of Deeds for the County of Wayne and State of Michigan, on the 25th day of March, A. D. 1907, in Liber 517 of Mortgages, on page 334, on which mortgage there is claimed to be due and unpaid at the date of this notice, for principal, interest and taxes overdue the sum of two thousand four hundred and seventy-four dollars and twelve cents (\$2,474.12), and an attorney fee of thirty-five dollars, as provided for in said mortgage and by law, and no suit or proceedings at law having been instituted to recover the money secured by said mortgage or any part thereof.

Notice is hereby given that by the virtue of the power of sale contained in said mortgage, and the statute in such case made and provided, on the twenty-eighth day of May, A. D. 1914, at twelve o'clock noon, the undersigned will, at the southern or Congress street entrance to the Wayne County Building, in the City of Detroit, Wayne County, Michigan, that being the place where the Circuit Court for said County is held, well at Public Auction to the highest bidder, the premises described in said mortgage which have not been released therefrom, or so much thereof as may be

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