

Fish Can Be Smoked On A Grill

By ELLY

Excellent smoked fish can be produced on electric, gas or charcoal grills.

First step is to prepare the fish. Marinate cleaned fish in brine made of one cup salt to one gallon of water. Stir until salt is dissolved and soak fish from 30 minutes to one hour. Then soak one pound of hickory, or other hardwood chips in two quarts of water.

Now you are ready to start your fire.

Use a grill with a hood or cover. If charcoal, use fewer briquets than with average broiling fire. When coals are red, spread evenly over bottom of cooker; they should be sparse.

Cover ceramic or charcoal with one - third of the wet chips. Wet chips produce smoke and lower fire temperature. If available, use thermometer with charcoal grill. With gas or electric grill, adjust to desired temperature.

Now you are ready to start smoking the fish.

Drain and dry the fish. Measure a generous ¼ cup cooking oil. Grease grill well. Place fish on grill, skin side down, about four to six inches from heat.

Baste fish well at beginning and frequently during cooking. Do not let fish dry out. Keep coals covered with plenty of well-soaked chips.

Follow chart for cooking temperature and time.

SMOKE CHART		
RECIPE	TEMP.	TIME
Baby's	150-175	1 1/2 hours
Filets	200	45 min.
8 pounds	250	30 min.
Steaks, filets	150-175	1 hour
1/2-inch thick	200	30 min.
2 pounds	250	20 min.
Steaks, filets	150-175	1 1/2 hours
1/2-inch thick	200	30-45 min.
2 pounds	250	30 min.
Steaks, filets	150-175	1 hr. 30 min.
1-inch thick	200	30-45 min.
2 pounds	250	30 min.
Steaks, filets	150-175	2 hours
1 1/2-inch thick	200	1 hr. 35 min.
2 pounds	250	45-50 min.
Par-dressed	150-175	2 hours
3 pounds	200	1 hr. 15 min.
	250	45-50 min.

STUFFED SMOKE FISH

1 (3 to 4-lb) dressed snapper, or other large fish, fresh or frozen

2 t. salt

1/4 t. pepper

4 slices precooked bacon

1/4 c. thinly sliced green onion and tops

Wild mushroom stuffing

Thaw frozen fish. Clean, wash and dry fish. Sprinkle inside and out with salt and pepper. Stuff fish loosely.

Close opening with small skewers or toothpicks. Place precooked bacon on top of fish and sprinkle with sliced onions. Place fish on well-greased grill inside smoke oven. Cook in a slow, 200-degree oven for approximately one hour and 30 minutes or until fish is done and flakes easily when tested with a fork. Remove skewers. Makes six servings.

WILD RICE - MUSHROOM STUFFING

1 4-ounce pkg. wild rice

4 T. margarine or cooking oil

1/2 c. chopped onion

1/2 c. chopped celery

1/4 c. chopped parsley

1 jar sliced mushrooms, 2 1/2 ounces

1/4 t. pepper

Cook wild rice according to directions on package. Saute vegetables in margarine or cooking oil until tender. Combine all ingredients and mix thoroughly. Makes about 2 1/2 cups stuffing.

TIPS DIXIE CATFISH

6 (3/4-lb. each) skinned, pan-dressed catfish or other small fish

1 gallon water

1 c. salt

1/2 c. beer

1/2 c. prepared mustard

2 finely minced garlic cloves

1/4 t. Worcestershire sauce

1/4 t. liquid hot pepper sauce

1/2 c. sesame seeds, toasted

2 T. chopped parsley

Paprika

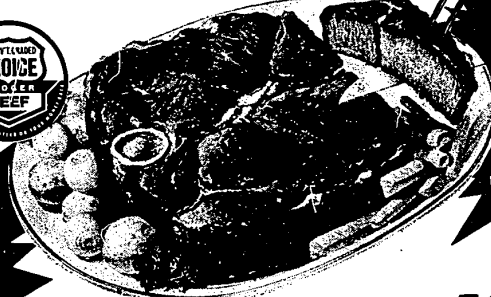
Thaw fish if frozen. Clean and wash fish. Add salt to water and stir until dissolved. Pour brine over fish and let stand for 30 minutes. Remove fish from brine and dry. Combine beer, mustard, garlic, Worcestershire sauce, hot liquid pepper, 1/4 cup sesame seeds and parsley. Dip fish in mustard sauce and sprinkle with remaining sesame seeds and paprika. Place on well-greased grill inside smoke oven. Cook in a very slow oven, 250 degrees, for one hour or until fish flakes easily when tested with fork. Serve with bushyuppies. Makes six servings.

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