

Pudding Is Traditional But Light

"Hurrah for the fun,
"Is the pudding dabe?
"Hurrah for the Christmas
Pie."

By ELLY

The traditional steamed pudding served at the end of sumptuous holiday meals is often so rich and heavy it goes uneaten.

Here is a brand new recipe for a pudding filled with fruit, spices and nuts and flavored with brandy. It is baked in the oven and is much lighter than the steamed version. It can be prepared several days in advance and heated up just before serving with a creamy brandy sauce.



HOLIDAY BRANDY PUDDING

- 3 c. mixed candied fruits
- 2 1/2 c. brandy
- 2 1/2 c. all-purpose flour
- 1 t. baking powder
- 1 t. salt
- 1/2 t. each: cinnamon, nutmeg and allspice
- 1/2 c. shortening
- 3/4 c. sugar
- 2 eggs
- 1/2 c. golden molasses
- 1 c. finely chopped apple
- 1 c. soft bread crumbs
- 1/2 c. chopped walnuts

Combine candied fruits and brandy. Cover and let stand four or five hours or overnight. Stir several times to distribute the brandy. Sift flour with baking powder, salt and spices. Beat shortening, sugar and eggs together well. Add candied fruits and brandy, molasses, apple, crumbs and walnuts. Stir in dry ingredients just until well blended. Turn into a well-greased, well-floured, two-quart ring mold. Cover top with foil, pressing around outer edge of pan to seal. Bake below oven center in moderately slow oven, (325 degrees F.) one hour and 40 minutes, or until a pick inserted in center of pudding comes out clean. Remove from oven, let stand 10 minutes, then turn out onto serving plate. Serve warm with creamy brandy sauce.

CREAMY BRANDY SAUCE
Measure 1 1/2 cups sugar, 3/4 cup butter or margarine, one cup whipping cream into heavy saucepan. Bring to boil, stirring now and then. Remove from heat and slowly add 1/4 cup brandy. Stir in one teaspoon grated lemon peel and one tablespoon lemon juice. Serve warm or cool. Makes about three cups.

STEAMED GRAHAM PUDDING

- 1 1/2 c. flour
- 1 c. graham flour
- 1/2 t. salt
- 1/2 t. soda
- 1 t. baking powder
- 1 t. cinnamon
- 1/2 t. cloves
- 1/2 c. pecans, broken
- 1/2 c. dates, chopped
- 1 c. molasses
- 1 c. buttermilk
- 1 egg
- 4 T. melted butter

Sift all dry ingredients together, add dates and nuts, stirring well. Add remaining ingredients. Pour into greased mold, cover and steam for three hours. Serve with hard sauce.

HARD SAUCE
1/2 c. confectioner's sugar
1/2 c. butter
1/2 t. flavoring (vanilla)
Cream butter until very light. Add sugar very slowly, beating until light and creamy. Add flavoring and beat again. Grate nutmeg and a little orange peel over the top.

OLD-FASHIONED SUET PUDDING
1 c. suet, chopped
1 c. molasses
1 c. cold water
1 c. raisins or chopped figs
2 1/2 c. flour
1 t. salt
1 t. soda
1 t. cinnamon
1/2 t. allspice
1/2 t. cloves
1/2 t. nutmeg
1 t. baking powder
Mix together suet, molasses, water and fruit. Sift dry ingredients and add first mixture, stirring well. Pour into a greased mold and cover. Steam three hours or pour into 12 individual molds and steam one hour. Serve with hard sauce.

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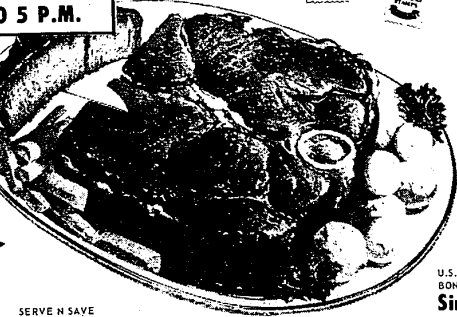
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