

Warm Up With Food For Fiesta

By ELLY

There comes a time, in the midst of cold Michigan weather, when most people would happily exchange a spot in the winter wonderland for a place in sunny Acapulco, the Yucatan Peninsula, or even Baja California.

An easy and delicious way to satisfy your appetite for warmer climes is to enjoy a Mexican dinner.

GUACAMOLE
1 large ripe avocado
2 t. fresh lemon juice
1 t. chili powder
1 garlic clove, crushed
2 T. mayonnaise
Salt

Peel avocado and remove seed. Mash pulp completely. Add lemon juice and mix well. Add chili powder, garlic, and mayonnaise. Season. Serve with kinsinga corn chips. Makes about 1½ cups.

RICE CON QUESO
1½ c. raw brown rice (cooked with salt and pepper)
¾ lb. shredded jack cheese
1 small can chilis, chopped
1 lb. ricotta cheese thinned slightly with milk or yogurt
3 cloves garlic, minced or pressed
½ c. grated cheddar cheese
1 large onion, chopped
½ c. dry black beans (or blackeyed peas), cooked

Mix rice, beans, garlic, onion, chilis. Layer this mixture alternately in a greased casserole with jack cheese and ricotta (spreading evenly over casserole). End with rice mixture. Bake at 350 degrees for one-half hour. During last few minutes of baking sprinkle grated cheese over the top. This is an ideal dish for a buffet dinner. Serves six.

VEGETARIAN ENCHILADAS

Sauce:
1 c. onions, chopped
Olive oil as needed
2 c. canned tomatoes
1 8-ounce can tomato sauce
1 clove garlic, minced
Pinch cayenne
10 drops hot sauce
½ T. chili powder
1 T. honey
½ t. salt
¼ t. cumin seed, ground

Saute onions in about two tablespoons olive oil until golden. Add remaining ingredients and simmer, uncovered, for 30 minutes. This is a very hot sauce. If you prefer something milder, omit the cayenne and cumin and reduce the amount of hot sauce and chili powder.

FILLING:
½ c. dry beans, cooked and ground
1 clove garlic, minced
½ c. chopped onion
2 T. chopped ripe olives
1 t. chili powder
¼ t. salt

Saute onion, garlic, and olives in olive oil. Add mashed or ground beans and seasonings and some of the above sauce if it seems too sticky.

TO ASSEMBLE:
Fill six to eight corn tortillas with two to three tablespoons of filling and one tablespoon grated cheese. Place, rolled up, in a shallow baking pan. Cover with sauce, sprinkle with cheese, and garnish with black olive halves. Bake at 350 degrees for 30 minutes till bubbling hot. Makes four to six servings.

Spice Cabinet

SPICED PEACHES FLAMBE

1 can (1 lb. 13 oz.) peaches
2 sticks (2-inches each) cinnamon
16 whole cloves
1½ teaspoons cornstarch
2 ounces brandy

Drain juice from peaches into a saucepan. Add cinnamon and cloves. Bring to boiling point. Blend cornstarch with 1 tablespoon water and stir into juice. Cook until juice is clear and transparent. Add peaches and heat only until they are hot. Turn into a heatproof serving dish. Heat brandy and pour over the fruit. Light and bring to table flaming. Serve as dessert. Six portions.

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