## It's a Picnic Getting Ready for a Picnic

If you choose Olives Pickles Sweet Relish Ham Loaf Veal Loaf
Chicken Loaf, Fruit Preserves Jellies Apple Butter
Luncheon Meats

Ready to Serve Food Products Instal on Libby's al your grocer's Libby, McNeill & Libby Chicago

HINTS FOR THE HOUSEWIFE

Compiled by a Substitute While the Regular Man Was Away From Hill Deak.

A good way to save money on your gos and electric light bills is to spend your evenings at theaters and restaurants where the management pays for the lights.

If your husbands you have signs at failing out, try pulling his ears instead. They very seldom come loose. Installment collectors and other undesirable callers present of the trunces of the composition of the control of the control

Let's remember the kind acts of others, but forget our own!

Always sure to please, Red Blue. All grocers sell it. Adv.

About 900 colors are known to dyers, of which only about 100 are made in the United States.

To convert an ax into a pick is the purpose of an attachment patented by a West Virginia inventor.

In the Trenches.
"No blankets, captain."
"Well, boys, we'll just have to cover
ourselves with glory."

Keen Wit. Gotcha-I ran into a burglar last

night.
Jake—How'd he get away from you? Gotcha—He went through me.

More important.
"Fine feathers do not make fine
irds," said the ready-made philoso

pher.
"No," replied Mr. Growcher; "their responsibilities are greater. They are depended on to make fine human beings."

Madge—The present styles make one look very girlish.

Marjorie—Wfy shouldn't they? My skirts are about the same length as the ones I were when I was twelve—Puck.

Paralin paper tubes have been invested, to aid the users of bubbling drinking fountains.

Too Late.

Senator Kenyon, congratulated at a June wedding in Fort Dodge on his eloquence, smiled and said: "well, let us admit transity that the gift of the gab is, after all, a good "For my part, I have never found since golden except at a wedding or a funeral—when it's too late to say anything."



## Bringing In

the daintiest, choicest flavoured flaked food ever produced-

New

## **Post Toasties**

If you like corn flakes, as most folks do, there's a delightful surprise ahead. The **new** method of toasting these choice bits of Indian Corn brings out a wonderful new flavour-

### A Flavour Beyond Compare

New Post Toasties have a body and crispness that don't mush down when cream or milk is added, and they come FRESH-SEALED sweet and appetizing.

Your Grocer Has Them Now

## The Married Life of Helen and Warren

By MABEL HERBERT URNER

Originator of "Their Married Life," Author of "The Journal of a Neglected Wife," "The Woman Alone," etc.

Helen Fiercely Resents the Critical, instructive Air of Warren's Sister

Copyright, 1915, by the McClure News

Leaving the receiver off the hook, "She's caught, her claw," sharph the more and want to come her afterward. All right, list it?"
The mastly, "Oh, yes—yes, of course—tell her ward then!"
The hastly, "Oh, yes—yes, of course—tell her wed love to have then."
Warre need the state with that all!"
Then, hastly, "Oh, yes—yes, of course—tell her wed love to have then."
Warre may do to clear the state with that all!"
Warre well her well helen, show em the things we got the set of the set dressed.
"Dear." calling to Warren, who was still for the duing room, "ring for Emma—I want the rook one up."
She had silpue on the blue gown, but some the still the

the counterpane and smooth over the y gillows before she hurried out to greet them.

"Why, you've got all the windows up," was Carrie's first critical company of the compa that's always strong, don't you?"
"Yes, it you let it get through your

might fine of Carrie to want to help you."

"Help me? She only wanted an excuse to air her own perfections. I tried to be civil to her tonight—but the next time," excitedly. "Ill let her know I can run my house without her assistance! And I'm going to tell her that my maid doesn't wash her teeth in the kitchen sink."

"How do you know what she does when you're not out there? Joye, women are cattish," as with a yawn Warren starred to wind the clock. "Where In the deuce is that key?"

"Yes, it you let it get through your by house."

"Well, how did New York look when you got back." asked Ed.

"Mighty good," agreed Warren, and it for some time the conversation was on their trip and the war conditions it they had found in London. Helen was glad to let Warren do most of the talking, but she was conscious that Carrie's critical glance kept wandering about the apartment. "Ugb, how she frightened me!" as Pussy Purn-Mew made a sudden lesp you the fringe on Carrie's wrist-bag.

SHOULD COOL OFF GRADUALLY

Mistake to Turn the Hose on Per epiring Team, is the Assertion of Veterinarian.

apiring Team, is the Assertion of Veterinarian.

"In the bot weather there are always a number of fools who think thoy are kind to their horses when they turn a bose on them and drench them with cold water to thoroughly cool them off," said a veterinarian as he stopped a driver from throwing water over his perspiring team. "If the horse is overheated," he continued, "the shock of such a bath on the region where the kinders are all unted is enough to kill it, and weath of the said water the shock of such a barse has been of the said when the said water and water and

One of the promient clubs of this city gave a contract for the decoration of their building in bonor of the vibit of the feet, fand the decoration of their building in bonor of the vibit of the feet, fand the decorator conceived the lofa that the word "well-come" spelled out in signal flags would be an appropriate and beautiful design for the front wall, over the transact, and, following the code which said officer wrote out for him, a vry interesting result was obtained. Judge of the surprise of the contractor when an army officer, happening by, asked: "Do you know what you have written?"

"Why, welcome." stammered the "Xot by a long shot!" said the army."

decorator.
"Not by a long shot!" said the army officer. "You have up there, "To he with the army."—Life.

#### CLEAR YOUR SKIN

By Daily Use of Cuticura Scap and Ointment. -Trial Free.

Carries critical, instructive attitude had never seemed more intolerable, and she had never felt for her a stronger antagonism. It was a dim-cult evening, and Helen could hardly keep from showing the resentment that was smoldering within her.

It was a relied when Ed finally glanced at the clock and announced that It was after the passible that Friday's Christians.' Searced Carrie as about the safety of t You may rely on these fragrant supercreamy emollients to care for your aim, seell, hair and anois. Nothing better to clear the skin or pimples, blotches, reduces and roughness, the scaip of dandruff and tiching and the hands of chapping and soreness.

Sample each free by mail with \$25, \$25 kin Book. Address postcard, Cutleura, Dept. Y. Boston. Sold everywhere. Adv.

Dept. Y, Boston. Sold every where. Adv. From a Sinner's Diary.

A sinner can't lose. Some of his ships are always coming in.

I know a man who would spare no pains or expense doctoring an enlarged or otherwise out-fortune liver. Yet he treats aching, aspiring, longing, loving hearts with scowls and saeers and sharp discouragements.

I know a woman who is for letting you have what you want when you want ti, who arover acations before you have to go on the stretcher.

Lave-something that makes you want to surrounded by.

There's never a time when 'tis safe for a doctor to eat onlons. So take your pick—die off and be mourned, or live on and be cursed.— Lynette Fremire in Judge.

important to Mothers
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CASTORIA, a acts and sure remedy for
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Few women would care to be angels if they couldn't talk out loud to each other while the heavenly choir is singing.

Millions of particular women now use and recommend Red Cross Ball Blue. All grocers. Adv.

Ready money is seldom ready when you want to borrow some.

## 'WOMEN CAN HARDLY BELIEVE

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E. Pinkham's Vegetable Compound



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It has helped thousands of women who have been troubled with displacements, inflammation, ulceration, tumors, infragularities, periodic pains, beckache, that bearing down feeling, indigestion, and nervous prostration, after all other means have failed. Why don't you try it? Lydia E. Pinkham Medicine Co., Lynn, Mass.

### The Wretchedness of Constipation

# DR. J. D. KELLOGG'8





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Jack Slow-May I—er-kiss you?

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