WOMAN REFUSES

Tells How She Was Saved by Taking Lydia E. Pink-ham's Vegetable

Compound.



bould enjoy better bealth I sunfared from a female trouble, and the doctors decided I had a immorous growth and would have to he operated upon, but I serdused as I do font believe in operations. I had fainting spells, blosted, and could hardly sind the span in my left side. My husband insided that I'v Tyrlus E Finkham's Vegetable Compound, find I am so thushful I del, for I am now a wish woman. I sleep better, do all my housework and though the property of the company of the company of the company of the company of the company. I see the company of the company. I controlled the company of the compan

Since we guarantee that all testimonials which we publish are gentine, is it not fair to suppose that if Lydia R. Pinkham's Vegetable Compound has the virtue to help these women it will belp any other woman who is suffering in a like manner?

ilice manner I If you are ill do not drag along until an operation is necessary, but at once take Lydia E. Pinkham's Vegetable

Compound
Write to Lydia E. Pinkham
Medleine Co., (confidential) Lynn,
Mass. Your letter wil be opened,
read and auswered by a woman
and held in strict confidence.

Safety First

Indigestion, constipation, billiounness and many ailments of the digestive organs are often the source of serious illness. At the first aign of disordered conditions take the reliable family remody that is always dependable—

BEECHAM'S PILLS

Wished to Save Goldle Locks. Sarian was going over her reading son, which was the story of the

three bears.

"Goldie Locks jumped out of the window..." she said.

window—" she said.
"Now, Marian," interrupted her mother, "you know the book does not say that. Be careful when you read. The book says "Goldie Locks jumped say that. Be of The book says out of bed." "I know, me

out of bed."

"I know, mamma," explained Ma-rian, "but I wanted her to jump far enough to get away from the three

A Record.
"I hear Mr. and Mrs. Nagger have agreed to separate." Glad to hear it. That's the first thing they're ever agreed on since they get married."

Always use Red Cross Ball Blue. Delights the laundress. At all good grocers. Adv.

Clothes make the actress and the lack of them makes the chorus girl.

Going It Too Hard

We are inclined nowadays to "go it too hard;" to overwork, work eat and drink too much, and to neglect our rest and sleep. This list he blood with uric acid. The kidneys weaken and then it's a sleep of backach, disry, nervous spelling the unitary disorders. Don't walt for unitary disorders. Don't walt for unitary disorders. Don't walt for kidneys. Use Don's Kidney Pills.

An Ohio Case

Art Office Case
Frest, site and neer. If of St., Maryland, and the St. Maryland, and the

DOAN'S HIDNEY
FOSTER MELBURN CO., BUFFALO, N. Y.

MOONE'S Emerald Oil

The famous and unexcelled antiseptic and germicide, only a few drops required at an application. So marvelously pow-erful that Enlarged Glands, Wens and Varicocele disappear with its use. Price

Generous sample sent on receipt of 10c from Mone Chemical Co., Dept. W, Rochester, N.Y.

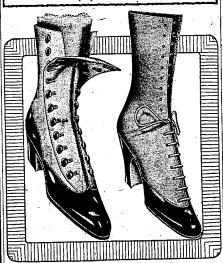


Concerning the Remodeling of Old Gowns



The problems of the home dressmak or in the matter of remodelling last practices of the control of the control

Shoes Displayed for Fall and Winter



With speculative eyes.

Alasi for ignorance profound Of our poor Natures' bent! The wakened sympathy with wrong Becomes the Will's consent.

WAYS WITH SWEET POTATOES.



There are so many ways of preparing the delectable southern points of the control of the control

not allowing the pieces to touch Stuffed Potatosa.—Bake the sweet potatosa, and then cut a smail hole in the side, scoop out the potato and sea-son well with sail, butter, and a gen-erous quantity of cream, a haif tes-spoonful of sugar and the beaten whites of two eggs. Refill the skins and set in the oven for a few min-utes. Serve hot,

utes. Serve hot, Southern Pudding—To two cupfuls of mashed sweet potato add the yolks of four beaten eggs, two pints of milk, half a cupful of sugar, and a teaspoonful of cinnamon; attr in the whites beaten stiff and turn into a buttered baking dish to bake. Serve with or without a sauce.

a buttered baking dish to bake. Serve with or without a sauce.

Sweet Potato Souffle,—To one cupul of mashed sweet potato add two
cupruls of cream, a balf cupful of
sugar, pinch of sait, a balf tosapoonful of nutmeg and cinnamon and two
caspoorfiels of lemon pitice; cook in
a double boiler for 2" infinites; add
the beaten yolke of four eggs, cook
two minutes; fold in the stiffy beaten whites. Pill party shells with this
mixture and place in the oven to
brown.

brown.

Potato Cakes.—Take a cupful of sugar, four tablespoonfuls of grated chocolate, one teaspoonful of cinnamon, nutries and suppose more than the suppose of the control of control of the cupful of control one cupful of the control of the cupful of th fate, one teaspoonful of cinnamon, nut-meg and cloves, mixed; one cupful of raisins, one-half cupful of sweet milk, two cupfuls of four, sifted with two teaspoonful of -baking powder; one teaspoonful of salk, and a tablespon-ful of vanilla, one cupful of chopped walnuts. Bake in two loaves in a slow oven one hour.

TOOTHSOME DISHES.



Delicious admirches for afternoon tea may be inade in inney shapes and filled with scraped marked in the state of the stat

ter and boil rapidly for 15 minutes, strain and cool. Serse over crushed jee with a silce of orange on top.

Tourneds of Lamb—Take six lamb chope cut two inches thick. Remove the bone and fat and skewer in six circular pleces. Around each wrap a piece of bacon. Sprinkle with pepper and sait and broil over a hot fire. Serve garnished with mint felly and browned potatoes. Or the proper serve garnished with mint felly and browned potatoes. Or the content of the serve garnished with mint felly and browned potatoes. It is garnished with mint felly and browned potatoes. Or the center with a shary wide-bladed knife. Tera out of the tin and till a large square tin and when cold cut out the center with a shary wide-bladed knife. Tera out of the tin and till with the following: Two cupfuls of corn cut from the ear, or one can of corn; add one egg, well beaten; a teaspoonful of sugar, a dash of sait, a tablespoonful of melted butter and a pint of milk. Bake three-quarters of an hour in a moderate oven. Serve hou the till beat the sait and pepper and a half dosean sadishes, sliced thin. Season with the till thou while nonipus chopped, a cocumber, a green pepper and a half dosean sadishes, sliced thin. Season with the tollowing dressing: Take a quarter of a pound of bacon, cut into small pleces; one-quarter of a cupful each of water and vinegar, and water. Mix sugar, a pinch of mustard and the sait and pepper and add to the water and vinegar. Four this boiling hot over the potatoes. heap on a chop piate and garrish with sait and pepper with radishes cut as roses.

The shoes displayed for fall and ming up the middle front from toe to winter wear are more quiet in design and decoration than those worr during the summer. But, compared to those and decoration than those worr during the summer. But, compared to those for former assessme, they are elaborate. The new footwear shows novetites in cut, combinations of two or more materials, and color combinations in the same shoe, oddities in methods of fastening and minute attention to the desame shoe, oddities in methods of fastening and minute attention to the desame shoe, oddities in methods of fastening and minute attention to the desame shoe, oddities in methods of fastening and minute attention to the desame shoe, oddities in methods of fastening and minute attention to the desame shoe, oddities in methods of fastening and more exacting death year intelligence and the same and

Children Cry for Fletcher's

the Hind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy.

Allow no one to deceive you in this. Allow no one to deceive you in AD Counterfeits, Imitations and "Just-us-good" Experiments that trille with and endanger the hea Infants and Children-Experience against Experi

What is CASTORIA

Castoria is a harmless substitute for Castor of I, Paregoric, Drops and Soothing Syradys. It is pleasant. It contains neither opium, Morphine nor other Narcotics substance. The State of State

GENUINE CASTORIA ALWAYS

Bears the Signature of

In Use For Over 30 Years

The Kind You Have Always Bought

SOME MARRIED MEN DO THIS Constipation

But the Majority, After a Few Years in the Harness, Learn to Control Enthusiasm.

Enthusiasm.

Robert W. Chambers, the novelist. prides himself on his knowledge of women, and at the Century club to New York the other day he told a story in illustration of his knowledge "Smith." he began, "was brooding over his occitail gloomily.

"I'm not going home to dinner tenight. Smith said. Tre quarreled with my yiff. "Quarreled with your wife, bh" said L. "What about".

"Why, Smith explained, my wife said that young Mrs. Dash was pretty, and I agreed with her."—Cincinnati Enquire.

Enquirer.

NEW TREATMENT FOR ASTHMA

To quickly ease the struggle for breath, stop the wheeling and bring blessed relief, ask your drugglat for an original yellow box of true Mustanine which costs about 25 cents. Apply plentfully sight and morning, and remember to rub up and down only, over the entire chest from the throat to the stomach. True Mustarine is made by the Bery Medicine Co., Rochester, N. Y. It, is also fine for Rheumatian, Lumbago and Neuraigia. Get the genuine—Adv.

Get the senuine—Adv.

Called His Blutt,
There are a lot of four-flushers who for through life without learning that four-flushing is a fine art. Such are beneath contempt, but one has great admiration for those few who have mastered the same.

"If a man called me a liar," assert admiration for those few who have edone of such, "If sail is and lick him if he weighed 300 pounds."
"Well, you big blutt," answered one who was tired of listening, "I call your right here and now. You're a liar," "Blutt yourself," came back the artist, without a minute's hesitation. "You don't weigh more than 150, and you know what I said."—Hartford Courant.

TOUCHES OF ECZEMA

At Once Relieved by Cuticura Quite Easily. Trial Free.

The Scap to cleanes and purify, the Clatment to scothe and heal. Nothing better than these fragrant super-creamy smalllents for all troubles af-fecting the skin, sealp, haf and hands. They mean a clear skin, clean scalp, sood hair and sort, white hands. Sample each free by mail with Book. Address postcand, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Trouble Ahead.
"I met Newrick today. He says he's sending his daughter to a finishing school."

Vanishes Forever

Prompt Relief—Permanent Cure
CARTER'S LITTLE
LIVER PILLS never
fail. Purely vegetable—act surely
but gently on

Genuine must bear Signature

Brent 500d

POOR SUBSTITUTE FOR KISS

New York Comic Journal Evidently Thinks Little of the New "Pat-Pat" Idea. "Pat-Pat" idea.

On the basis of a Huntington, W.
Va, dispatch, describing Dr. E. W.
Grover's recommendation of the "patpat" as a substitute for the unbygiend
kiss, Puck submits a few modifications of current literalize to suit, as
follows:

He planted a passionate pat-pat upon her upturned cheek.

Gwendolyn stood demurely under
the mistletce, and in another instant
Clarence had deftly pat-patted her.

"How dare you pat-pat me, sir" abe
cried.

"It is useless for you to struggle,
my proud beauty," he hissed.

"I have just received word," said the clerk to the telephone company, "that a man has been caught holding 1,000 emberside from us. What reply shall I send?" "Tell imn to hang up the receiver," said the president.

The trouble is that victory too often appears at first in the guise of failure.

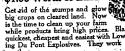
Most particular women use Red Cross Ball Blue, American made, Sure to please. At all good grocers. Adv.

When you meet a man with a scheme, proceed to get in a hurry.

DEVELOPING ANY ROLL 10 BLACKS SETTON

W. N. U., DETROIT, NO. 43-1915.

Will Clear \$1.00 Worth of Land Get sid of the stumps and glow big crops on cleared land. Now is the time to clean up your larm while products bring high prices. Blasting is quickest, cheapest and easiest with Low Freezing Du Pont Explosives. They work in cold weather.



Write for Free Handbook of Explosives No. 69F. DU PONT POWDER COMPANY