## The Farmington Interprise

FRANK E. VANBLAGE, ublisher.

FARMINGTON,

RARMINGTON, MICE

Advice to the Aged. 1.

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Bonievistic precises advice must, be given with regard to bodily exercises in elementary to bodily exercises in elementary to be adviced by the class in elementary to be considered and country to the circulation, the class and equality of the circulation. The vigor and equality of the side of the body. In youth, the vigor of the pays me proper balance and relation between the important organs of the body. In youth, the vigor of the pays must be suggisted another past will make a mends for the deficiency by acting vicariously, and without lany consequent damage to it self. In old age, the tasks cannot be thus shifted from one organ to another; the wurs allotted to each sufficiently laxes its strength, and vicariously can be supported to the strength. Hence, remarks the New York Weekly, the importance of main taining, as far as possible, the equality action of all the bodily organs, so that the share of the vital processes assigned to each shall be properly accomplished. For this reason exercise is an important part of the conduct of life in old age, but discertion is absolutely necessary. An old man should discover by experience how much exercise he can take without chausting his powers, and should be careful not o exceed the limit. Old persons are apt to forget that their staying powers are much lose than they once were, and that, while a walk of two or three miles may prove easy and pleasurable, the addition of a return journey of similar length may seriously overtax the strength.

Now that eggs are hixuries a son of the late King Milan of Servia is to

Now that eggs are lixuries a son of Now that eggs are finuries a son of what he late King Milan of Servia is to that gnake a haughty bow to vandevitle audiences and sing a few songs. He sings in three languages, but whether in all at one time or in relays we are not informed. The question are to what to do with brokendown revalities and former great statement is being solved automatically by the amusement loving which. The vanishment representations of the properties of the statement in the statement of the state

a contactory of the anisement of the public. The vauderfile stage, says the Chicago Daily News, will care for the one-and the characterial circuit will heck after the others. Here is a fine prospect for the artist who wants to

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what is left will be beavy.

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Marriage is a quest sort of lottery, after all, because those who draw the prizes height aver appreciate them.