I OWE MY HEALTH

To Lydia E. Pinkham's Vegetable Compound.



to me at times. Lydis E. Pinkham's Vegetable Compound and Liver Pills restored in to be call the new to the compound and the Pills restored in to be call the new to thank you for the good they have done me. I have had quite a lit of trouble and very but it does not affect my youtful looks of young and well? I new it all to the Lydis E. Pinkham remedies." Mars. Rops. Tsorpet, Moore Avenue, Washington Park, Illinois.

We wish every woman who suffers

Washington Park, Illinois.
We wish every woman who suffers from female troubles, nervousness, backache or the blues could see the letters written by women made well by the E. Pinkham's Vegetable Compound.

If you have any symptom about which you would like to know write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free of

Then She Said "Yea."
She Before I give you my answer I must know more about you. Are you alming at anything worth while?
He—You seem to have a very poor opinion of yourself.

IS CHILD CROSS, FE<u>veris</u>h, sick

Misunderstood.
you a plain cook?"
ppose I could be purtler, mum.

PREPAREDNESS!

PREPAREDNESS I
To Fortify The System Against Grid
when Grid-is prevalent LAXATIVE BROMO
GUININS should be taken, as this combination
of Unitine with other Ingredients. Settory
formalizers as a Tonic and Latative and this
teasy like system is condition to withtund
Cods. Grid and Influenza. There is only one
BROMO—GUININE—" E. W. GROWE'S is a

Dr. Pierce's Pellets are best for liver, owels and stomach. One little Pellet for larative—three for a cathartic.—Adv.

Many a man who seeks fame finds

Makes Work a Burden

A hald back makes hard work harder.

All day the dull throb and the sharp,
daring pains make you miserable, and
there's no rest at night. Maybe it's
your daily work that burst the kidays,
for jarring, jolting, lifting, reaching,
dampaes and many other strains do
worker them.

Pills. They have believed
thousands and should do as well for
you. Thousands recommend them.

A Michigan Case



DOAN'S HIDNEY
DOSTER-HIBURN CO., BUFFALO, N. Y.

PATENTS Watson E. Coleman, Patent Lawrer, Washington, D.C. Advisor and books free. Michigan Farms For Sale-Farms of all sires and and arout, Buck & Starkweather, Pontiac, Mich.

HE STORY OF A MAN WHO IN HIS OWN LITTLE WORLD ABOARD/SHIP WAS A LAW UNTO-HIMSELF

is thrown in a cisco bay, and becomes be help reaches him. On the finds himself Ca CUTHE to die. The reception and the presument Humphrey habore and makes lim cablin boy for the good of his soul. He bectine under the concept of the good of his soul. He bectine under the cocking could find the leading the content of the leading the content of the leading the leading the could be a leading to the leading t

Look, Mother! If tongue is coated, give "California Syrup of Figs."

Children tove this "riut larative, and nothing else cleanes the tender stoment, liver and bowels so nicely. A child simply will not stop playors to empty the bowels, and the result is they become tightly clogged with the pecome tightly clogged with waste; liver gets singsibs, stomach sours! (thin your little one becomes coars! (thin your little one becomes coars!) the properties of the proporties of the solid over yet it was a grin that contained syrup of Figs." which will be and undigested food passes out of the system, and you have a well child sgalin. Milliosis of mothers give "California Strup of Figs." because it is perfectly harmless; children love it, and it see fails to act on the stomach, lives and bowels.

Accome the coars of the store of the coarse of the coars



"You'd better get on your course, then," I chided.

He put a few spokes over, and I was no movement of the body what-was not severally to color and a steady isself with solid of it the kanaka roused. He favore as gently as he slept. There was no incoment of the body what-was no movement of the body what-was nothing the man at the wheel, as though to safer a himself of his identity and then the uniform the property of the same when as thought to safer a himself of his identity and then the uniform the man at the wheel, as though to safer a himself of his identity and the same his not body of the same not be the same not be the same not be well as the same than the force of the same of the same not be same than the same than the same his not same what was going on. He must have leaped, also, at the same three what was going on the must have leaped, also, at the same three what was going on the must have leaped, also, at the same three what was going on the must have leaped, also, at the same three what was going on the must have leaped, also, at the same three what was going on the must have leaped, also, at the same three what was going on the must have leaped, also, at the same three what was going on the must have leaped as the same three what was going on the must have leaped as the same three what was going on the must have leaped as the same three what was going on the must have leaped as the same three what was going on the must have leaped as the same three what was going on the must have leaped as the same three what was going on the must have leaped as the same three what was going on the must have leaped as the sa



N THIS TALE JACK LON-DON'S SEA EX-PERIENCE IS USED WITH ALL

THE POWER OF HIS VIRILE PENand mountly and

cause of confusion. They blocked their own efforts, white Wolf Larsen, with but a single purpose, achieved his. This was to fight his way acroes the floor to be ladder. Though in total darkness, I followed his progress by its sound. No man less than a giant could have done what he did, once he had gained the foot of the ladder. Step by step, by the might of his arms, the whole pack of men artiving to drag him back and down, he drew his boot. And then, step he foot till he should foot. And then, step he foot till he should foot. The very longed up the ladder. The ladder lad

HARD TO CONTROL NERVES

Even the Brayest Men Have Been Known to Exhibit Fear Before Be-ing Inured to Battle.

Even the Brayest Men. Have Been Knewn to Exhibit Fear Before Being Insured to Battite.

Men in the trenches, now quite used to the war game, have been deserrhed as feeling 'jumpy'—the sort of affection that used to be called 'material'. Here is a state of mile and sertific. Here is a state of mile mechanism of the beautiful to be a state of a state of the control of the state of the control of

Scientific American.

Draw Power From Air.

The mission settlement at Mt. Hope.
100 miles north of the arctic circle.
In Alaaka, is condemplating the last to
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Too Much fo: Her.

A little girl who was enrolled in the extension department of the Y. W. C.
A was asked by one of the secretaries of the association why she no longer attended the technical grammar class. Well. replied the gift. "I siwars thought a conjunction was a place where trains storped. When I learned it was a word that connected other words the class was 100 much for

Not a Bite of Breakfast Until You Drink Water

Says a glass of hot water and phosphate prevents illness and keeps us fit.

Just as coal, when it burns, leaves behind a certain amount of incombustible material in the form of ashes, so the food and drink taken day after day leaves in the alimentary canal a certain amount of indigentible material, which if not completely eliminated from the system each day, becomes food for the millions of bacteria which first the house. From this mass of

ed from the system each day, becomes food for the millions of bacteria which infest the bowels. From this mass of left-over waste, toxins and promaine-like poisons are formed and sucked like poisons are formed and sucked to the blobd. Men and women who can't get feel-bear and the sucked bear and to keep the sucked bear and to keep the entire alimentary canal clean, pure and fresh. Those who are subject to sick head-ache, colds, billousness, constitution, there will be a considerable of the sucked bear and the sucked bear

after meals, are urged to get a quarter pound of limestone phosphate from any druggist or storekeeper, and begin practicing internal santiation. This will cost very little, but is sufficient to make anyone an enthusias on the subject.

Remember inside bathing is more important than outside bathing; because the skin pores do not absorb impurities into the blood, causing poor health, while the bowel pores do. Just as soap and hot water cleaness, sweetens and freshens the skin, so hot water and limestone phosphate hot water and limestone phosph act on the stomach, liver kidneys bowels.—Adv.

"That young man is the salt of the earth."
"Oh, no, he isn't; he's too fresh."

"CASCARETS" FOR SLUGGISH BOWELS

No sick headache, sour stomach, biliousness or constipation by morning.

by morning.

Get a 10-cent box now.
The the rescale out—the headache, bittousness, indigestion, the sick, sour stomach and foot the seek, sour stomach and foot the sick, sour sources and the sick of the sick of

Only Part of the Obligation.
Patient—Doc, I owe you my life.
Doctor—Yes, and that isn't all.—
Minnesota Minnehaha.

A GRATEFUL OLD LADY.



Mrs. A. G. Clemens, West Alexander, Pa., writes: I have used Ond's Kidney Pills, also Diamond Dinner Pills. Before using them I had suffered for a number of the property of t

The Sort.
"What kind of ships do they have og watches on?"
"Why, barks, of course."

important to Mothers
Examine carefully every bottle of
CASTORIA, a safe and sure remedy for
infants and children, and see that it

Bears the Signature of Carl Flitting.
In Use for Over 30 Years.
Children Cry for Fletcher's Castoria

The dancing master is always tak-ing steps to raise money.