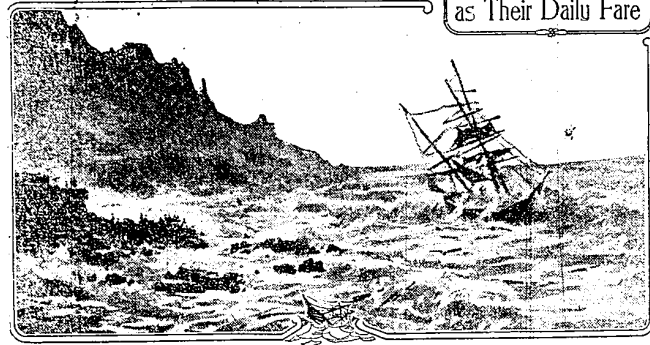


The COAST GUARD LIFE-SAVERS

How Hardy Men
Patrol Our
Shores and Take
Heroism and Peril
as Their Daily Fare



THE best time to read this story would be a night of storm. For with the howl of the wind in his ears and the spatter of the sleet upon his windows it would seem good to the reader to reflect that the men of the coast-guard patrol, in relays that interlock from sunset to sunrise on clear nights and through all the hours of the twenty-four on days and nights of darkness and danger, are tramping the beaches of the whole United States in an almost unbroken succession from Quoddy Head to Cape Horn, from Oswego to Duluth, and from Peterson's Point to the Golden Gate.

Slightly the remotest of this hardy and heroic band of men patrol a thousand miles of the coast of this country. They use like a big pendulum. Away at the far North a man is switched in off skins starts south and at the same time a guard at the far South starts north, and between these two end links of the long chain there are hundreds of other watchers, each tramping his beat to the midway point where he meets the patrol from the adjoining station, and then tramping back to his quarters, alert every minute, peering through darkness and fog, blinding rain, and flying spray, ready any instant to burn a coast light, to hurry to the wreck with a report of a ship in trouble, or to leap into the lifeboat for a race through the surf to a vessel in distress.

A Hard Life.

The coastguardman's life is a hard one. It is a life of peril. It is a life of the fascination of the lure of danger, and no enlisted man of the army or navy surpasses the beach patrol in fidelity to duty or ingenuity in devising ways to help the helpless. It is an unusual thing for a guard to be blown off his feet by a gale, and sometimes he is washed out to sea. No wonder his face is hard as leather, for he has to make his way through rain, sleet and sand many nights every winter, and through the driving blast he must see all that a keen and trained pair of good eyes can see in the midst of a storm that would leave the landlubber helpless. Many a time in the teeth of a stiff northeaster he pulls his three legs through sodden sand into which he sinks to his boot tops at every step, stumbling over half-buried casks and tubs that have been thrown up by the sea. On clear and cold nights the beach may be hard and smooth, but such nights often enough are of freezing temperature. But the guard never falters. He bucks the gale and endures the cold, his eyes always watchful and all his senses quick to catch the tokens of human need and possible rescue.

A Visit to the Station.

It is an illuminating experience to visit one of these stations. It matters but little which one you may choose to see. Every station has its history and its traditions, but all are similar in their methods of work and in general equipment.

Probably you would appreciate a visit to the Peaked Hill Bars station. It is a brown wooden building which a stranger unaided might have hard work in finding. It is but a few rods of feet from the shore line, and yet is invisible both from the beach and from off shore. Big hummocks of sand have been piled about it by the shifting winds, and on every side these make the entire view which the eye of the underscoring would perceive. There is no beaten track to the door; the winds and the sands obliterate trails very quickly. You tramp several miles of desolate dunes before you reach the door, but when the door is reached and you look into the face of the husky guardmen you

know you are in good hands and welcome.

At Race Point.

Or you may choose Race Point for your visit. You find the road a mile and a half from Provincetown litting slowly, and at the top you stop to look beyond upon the long reach of sand, heaped into curious mounds, with the curving shore and the heaving sea beyond. Amid these sand mounds the road winds along, then climbs abruptly to the summit of a cliff, and there at the top are the three gray buildings of the Race Point station.

It may be your good fortune—or ill fortune—as you approach to be met by a man who a few years ago spent several days at one of these stations. He thus told of the temerity with which he went out into the storm and of his rather speedy return.

"We ate our breakfast by lamplight, as the windows were battered up for safety against the fury of the storm. I noticed the morning patrol washing at the kitchen sink. 'It's a howler,' he said, 'and in mouth, throat, everywhere, coming up in bucketfuls; eyes near knocking off me.'"

Peaked Hill in a Storm.

"All this was just what I had hoped for. I wanted to see the real thing, and not measures taken after breakfast put on my thickest clothes, supplemented with a borrowed sweater, and started out. Started, however, hardly described my exit from the station, for on opening the door I was literally buried into space. The rain I could stand; it was the sand, the ever-shifting sands, that needed a stronger physique than mine to keep time to the glass of all your windows can pile up outside your door three feet of a night, can in one day take all the paint off your house and make it white and clean as bleached bones, can so cut the glass of all your windows that in a few hours they are useless, all transparency gone out of them."

"Up the beach I forced myself, enveloped in this blazing drift. Blind and bewildered by it, buffeted yet supported by the on-rushing torrent of air. I was obliged to own myself beaten this time; my face was suffering as if cut by knives. I forced my way back with even greater difficulty, for the wind was off shore. I entered the house once more with gratitude. The men said nothing about my speedy return; one merely muttered to another, 'No need for the lad to punish himself.'"

The Men and Their Lives.

If you can gratify yourself with these men and stay at a station for several days, you will get a rather complete notion of the life they lead and the kind of men they are, and of the rescues they have accomplished.

The guardmen are as a class weather-beaten and strapping fellows, recruited largely from the Grand Banks and Cape Cod fishermen. Many of them commanded vessels on the banks before entering the service. Most of them have been local sailors, and therefore they are very familiar with the waters and coasts to which they are assigned, and in case of war they would be likely to be very valuable to the navy, with their knowledge and their general all-around ability.

There is a military service. The guardmen are actually enlisted, for a year at a time in every case, with the privilege of re-enlisting within a few days after the expiration of their term, when the service would be regarded as continuous. Many of the

men thus come to consider their a life service. Their training is acquired before their enlistment for the first time, largely from their previous callings. As the first enlistment they must qualify as expert boatmen, they must be physically sound and not more than thirty-five years of age. The service now has an arrangement by which the men may retire at three-fourths pay when they have served thirty years or have reached the age of sixty-four. But in the former case they must hold themselves in readiness for any duty for which they may be called by the secretary of the treasury. In time of war this service would be transferred from the department of agriculture to that of the navy.

On Duty Ten Months.

The stationed guardmen of the men for many months each year, are frame buildings, all of the same general pattern, housing four or five boats and the keepers and crews. The men are on duty from August 1 to June 1, ten months each year, and in that period they are allowed, in turn, twenty-four hours of liberty. Each crew consists of seven men and a keeper. Thus the men divide two watches for the night, two and two, with one extra, and one off duty. During June and July only the keeper is at the station.

The boats over which these men tramp measure all the way from two miles to five in length, and when making their rounds they cover the distance twice, in each case of course, once out and once back. The boats are regulated somewhat by the distance between stations. If they are more than ten miles apart the patrol would not be able to make a round in two hours. However, not every mile of coast is guarded.

And now—What happens if a ship is seen in danger?

If a patrolman sees a vessel in trouble, which is not yet actually a wreck, he burns a red signal light. The case is light is a tubelike affair; a little tap on a spring and a percussion cap explodes and that sets the light afire; it burns four minutes, with a brilliant red flame; seeing it, a crew hauls down their net, has been noted and that all assistance possible will be rendered them. If the vessel already is a wreck when she is seen, so that the service of the station crew will be required, two Coast lights are burned.

Power Life Boats.

More and more the stations now are being equipped with power life boats. All depends upon the possibility of using them. A power boat cannot be launched from the beach itself like a surf boat; it requires a harbor of some kind. The oil boats may be launched anywhere; the power boats are preferred, however, whenever circumstances make them available.

In the half-way houses as well as in the stations telephones are always located. The patrolmen make use of the wires in pending out their alarms. If a wreck is accessible to more than one station, or if the need is greater than one crew may be able to render, the telephone call is sent out. From the half-way houses also full details may be sent by the patrol to his own station, and from thence the notice may be sent on to the general headquarters; at times thus the service of the wireless may be requisitioned. But the wireless may send out the S. O. S. to the revenue cutter cruisers which may be off shore searching through the fog or the storm for ships in distress.

The guardmen also make considerable use of the international code of signals, using the ordinary signal flag, and of the international wig-wag system, using the Morse code.

News From Rumpus Ridge.

"I had a mighty narrow escape 'lather day from having a lawson on my hands," related Mr. Gap Johnson of Rumpus Ridge, Ark. "My least boy, Bearcat, was playing in the road when one of these yucky little motor cars came tumbling along and run smack over him. I expected him to be killed, but the blame contraption would be busted all to thunder. But the feller in it managed to fiddle and snort off down the road, with Bearcat cussing and throwing rocks at him as far as he could see him."

Why Leave a Good Thing?

Edward B. Clark says the American farmer is taking to scientific methods avidly and that within a decade the farm population problem will have solved itself. Values are growing constantly. Children are showing remarkable interest in raising superior vegetables, fruits, dairy products and live stock. Federal and State action helps the cause.

In Washington, D. C., the answer to a certain question is made by asking another question. To the query, "Why should the farmers and the boys stay on the farm?" the answer comes, "Why should they want to leave a good thing?"

There is war in Europe, and therefore it may be held by the entirely thoughtless that the farming prosperity in the United States to which attention has just been called by the department of agriculture's statisticians, is merely a thing of the year, and that a slump will come, and that as a consequence there will be simply one bright spot offset by several black spots. There is a good deal of nonsense in this view of the case.

It is not always wise to take what may be called a boom year and to use it as a basis of comparison or as a towering landmark to which some hole in the ground of the past is to be compared, with the dismal prophecy that other holes in the ground are to be dug in the future. This sort of thing tends to discourage the men who believe that hill-tops are to remain the general features of picture landscape.

Values Grow Constantly.

The year just past has been a great one. The aggregate production of all crops is estimated to be seven per cent larger than the preceding year. The American farmer has profited, but it should not be overlooked because attention is called to a particularly marked growth that development and increasing prosperity are only matters of a twelvemonth that is past.

Let us see what has happened in the country in the last few years. Complete government statistics, because the census is taken only once in ten years, are not available for the last two or three years, but the word is that the progress of the preceding decade has been maintained. Here are some figures which mean something.

In the year 1900 the value of farm property in the United States, including land, machinery, houses and all other things pertaining to agricultural production, was \$49,914,990. In the last year these values had more than doubled, reaching in 1910 the astonishing figure of \$109,914,990.

Farmers Better Off.

Now it might be held by some persons that these figures simply mean that the farm population is tremendously and that the increased valuation would be spread over an enormous territory occupied by new farmers. It is not so. The individual farmer was a much better off. Well, let us see about this.

In the year 1900 there were in the United States 5,737,372 farms. In the year 1910 there were 6,392,380 farms. The change in the figures will show that while the farm property values more than doubled, the increase in the number of farms, comparatively speaking of course, were small. There have been things done in the old basis of value, the number of farms should have doubled, while the values were doubling.

In the year 1900 the average value of all farm property per farm was \$3,652. In 1910 the average value of all property per farm was \$6,444. These figures perhaps almost better than anything else can show the advance of property in the agricultural regions of the United States.

An 83 Per Cent Increase.

The census bureau of the United States furnishes other figures which have to do with crop values. In the year 1899 the value of all crops in the United States was \$2,998,704,112. In the year 1909, that is just a decade later, the value of the crop was \$5,457,161,223, an increase of 83 per cent in ten years.

For the same ten years we find an increase of 83 per cent in the value of the average value of crops per farm was a trifle more than \$500, while in 1909 it reached the value of \$953.

A curious thing is noted in Washington concerning the thoughtlessness of industry on the individual farm, or if you will, on farms in the aggregate. Some men who think of farming as a merely a hobby, and who do not value the man who owns his farm. They say "So and So made so much last year, but the sum is not big." To the amount made must be added about five per cent on the value of the land. A farmer who owns his own house deducts the rent that otherwise he would have to pay from his yearly expenses, and so, of course, it must be with the man on the country.

Mortgages Are Disappearing.

The farmer who owns land to the value of \$10,000 must add \$500 a year to his farming profits. If he did not own the land he would have to pay that amount at least for its use. Into this, of course, must be figured the

selling value of the property. If land is valuable it also is valuable when it is turned into cash. It seems ridiculous, but these things frequently are overlooked by the average layman when he is inquiring into prosperity conditions on the farm.

Statistics show that mortgages are disappearing from the farming communities, that outward evidences of prosperity are appearing as mortgages disappear, as the land becomes more productive, as the result of the energies of the state and federal departments of agriculture become more manifest, and as the farmer applies more modern methods to his work. The children at college, the automobiles which are displacing the buggies of the olden time, the improving, slowly improving as yet it is true, conditions in the social and domestic life, improvement and extension of the country roads and a dozen of other things show not only increasing prosperity in the country, but the means of increased comfort and happiness.

Many Farm Opportunities.

The opportunities on the farm are growing daily in number and attractiveness. Already there have been for a year or two evidences that the leave-the-farm movement has been checked, and there are further evidences that later it will be stopped and that the return movement will set in. There is a reason for the objection to the farm. The department of agriculture has been making a study of the cry of "Back to the Farm." They have made it "Stay on the Farm." They think that if the young men stay by the land that with things as they are, they will be eventually glad of it within a few years, and that as farm life grows more attractive and prosperous the back-to-the-farm movement will take care of itself for many years where lies the lure of comfort and prosperity.

Under the Smith-Lever act the United States government aids the states in co-operative demonstration work on the farm. The total amount set aside for this work for the year 1915-16 is \$4,782,000, of which \$1,050,000 is from federal Smith-Lever funds, \$225,000 from appropriations to the United States department of agriculture for farmers' co-operative demonstration work, and \$100,000 from other bureaus in the department. These amounts make the total from federal sources of \$2,125,000.

State and Federal Aid.

Of the funds contributed from sources within the states \$600,000 is from state Smith-Lever funds made up mainly of direct appropriations of the state legislatures. In addition to funds used under the Smith-Lever act, \$625,000 is appropriated by the state legislature for extension work, \$225,000 by colleges from funds under their control, and \$251,000 by county authorities and \$392,000 from miscellaneous sources.

It is said in Washington by the officials that the interest in the co-operative agricultural extension work is nothing short of remarkable. At the outset there was some little objection to the appearance of instructors in the field. The thought in a few cases was by individual farmers was that it was presumptuous for the scientific fellows to come along and attempt to teach them their work. This feeling never was widespread, and it has been virtually disappeared.

Children Much Interested.

The boys and girls of the country have shown an admiration and a wonderful interest in the instructive work of the agents of the departments. The canning clubs, the corn clubs and other clubs which have been established have added to the prosperous conditions of the farm, but as yet there is only a beginning. The promise is great for the future. The interest that has been aroused in the young and the increasing assurance of success makes the boys and girls desirous of staying where they see success is certain.

In the agricultural colleges the result of federal and state action in the form of increasing prosperity of the farms of the country is manifest. Young men and young women are taking courses, the men as instructors in the actual farm work and the women as instructors in household economics. Property is increasing on the farms in the United States. Under recently quickened government aid and general interest in the subject, and under the improved conditions of country life, it seems certain that the pace of prosperity is to be greatly accelerated. Stay on the farm.

For Efficient Farming.

Efficiency is as necessary to the farm as it is to the factory, the ship, or the store. To be efficient in farming involves a certain amount of preparation; just as to be efficient in war involves careful and scientific preparation. It behooves every young man who expects to secure his living from the soil to prepare himself for his life work just thoroughly as his circumstances will permit. He may do this by studying at home and by observing the methods of successful farmers.

Jump from Bed in Morning and Drink Hot Water

Tells why everyone should drink hot water each morning before breakfast.

Why is man and woman, half the time, feeling nervous, despondent, worried; home days headachy, dull and unstrung; some days really incapacitated by illness.

If we all would practice fastidious bathing, what a gratifying change would take place. Instead of thousands of half-dressed, anemic-looking souls with pasty, muddy complexions we should see crowds of happy, healthy, rosy-cheeked people everywhere. The reason is that the human system does not rid itself each day of all the waste which it accumulates under our present mode of living. For every ounce of food and drink taken into the system nearly an ounce of waste material must be carried out, else it ferments and forms poisonous-like poisons which are absorbed into the blood.

Just as necessary as it is to clean the ashes from the furnace each day, before the fire will burn bright and hot, so we must each morning rid the inside organs of the previous day's accumulation of indigestible waste and body toxins. Men and women, whether sick or well, are advised to drink each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it, as a harmless means of washing out of the stomach, liver, kidneys and bowels the indigestible material, waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Millions of people who had their tumors at constipation, bilious attacks, acid stomach, nervous days and sleepless nights have become real cranks about the morning limestone-phosphate. A quarter pound of limestone phosphate will not cost much from your druggist or at the store, but is sufficient to demonstrate to anyone, its cleansing, sweetening and refreshing effect upon the system.—Adv.

Wireless Men in Demand.

Radio operators are enlisting in great numbers in the ranks of the beligerent nations of Europe. It is reported that in the British navy alone more than 5,250 radio-operators have enlisted. Among those serving on warships one has earned the Victoria cross, one the cross of the Legion of Honor and four the distinguished conduct medals.

SUFFERED FOR FOUR YEARS.

Mr. J. M. Sinclair of Oliveville, Tenn., writes: "I strained my back, which weakened my kidneys and caused an awful bad backache and inflammation of the bladder. Later I became so much worse that I consulted a doctor, who said I had Diabetes and that my heart was affected. I suffered for four years and was in a nervous state and very much depressed. The doctor's medicine didn't help me, so I decided to try Dade's Kidney Pills, and I cannot say enough to express my relief and thankfulness, as they cured me. Diamond Diner Pills cured me of Constipation."

Dade's Kidney Pills. 50c per box at your dealer or Dade Medicine Co., Buffalo, N. Y. Dade's Dyspepsia Tablets for Indigestion have been proved. 50c per box.—Adv.

He Was Right.

A man rushed to the entrance of a lunatic asylum in the middle of the night and yelled to the keeper to let him in.

"Let me in!" he cried. "I have suddenly gone insane."

The keeper woke up, thrust his head out of a first-story window and belowned down in rage:

"What? Come here at this time of night? Man, you must be crazy!"

NEW TREATMENT FOR SWOLLEN VEINS

Swollen veins are dangerous and often fatal. Sufferers are advised to get a two-ounce, original bottle of Dr. Williams' Pink Pills for Pale People, and start to reduce the blood pressure. The pills are made of purest ingredients and are not harmful. They are recommended by Dr. Williams, who has been practicing medicine for over 40 years. They are sold by all druggists and by mail order. The price is 50c per bottle. The original bottle is 2 ounces. The smaller bottle is 1 ounce. The price is 25c per bottle. The original bottle is 2 ounces. The smaller bottle is 1 ounce. The price is 25c per bottle.

Seasonal Activity.

Mrs. Knicker—What is your trade? Weary Wilcox—shovel rain, mum.—New York Sun.

RECIPE FOR GRAY HAIR.

To half pint of water add 1/2 oz. Bay Rum, a small box of Bacto Compound, and 1/2 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any drug-gist can put this oil or you can mix it at home at very little cost. It is a very effective remedy for gray hair, and it is very pleasant to use. It is not a cosmetic, but a natural hair restorer. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

THE WORLD OVER

It is reported that an earthquake in Union county, Ore., has caused a hot spring to become cold, its flow increasing tenfold, while in another spot a large spring burst out right in the middle of a much traveled road. The bureau of standards has found that better glass melting pots can be made of clay found in the United States than of clays imported from Germany; heretofore believed necessary.

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