"I DON'T SUFFER About

"Feel Like a New Person.

says Mrs. Hamilton.



HAMILTON, 822 South 16th St.

When a remedy has lived for forty
years, steadily growing in popularity
and influence, and thousands upon
thousands of women declare they owe
their health to it, is it not reasonable to believe that it is an article of
great merit?

great ment?

If you want special advice write
to Lydia E. Pinkham Medicine
Co. (confidential), Lynn, Mass.
Your letter will be opened, read
and answered by a woman and
held in strict confidence.

A Fizzle.
Sho (as she orders a phosphate)—
I'm drinking nothing but charged drinks now.
He dismally)—Same here!—Sam-

Twis Will Interest Mothers, other Cray's Sweet Rowders for Children Freorishness, Headach, Bad Stounach thing Disorders, more and regulate theis and destroy wormt. They break up is in 28 hours. They are so pleasant to take drea Mice them. Used by Mothers for 28 and 10 proggists, fix. Sample FIEE. Ads., Stother Gray Co., Le Roy, N. Y.

The only way to successfully argu-with a woman is to keep silent.

When Housework Drags

MRCH HOUSE WOFK DIGGS.

Keeping house is hard enough when well. The woman who has a had back, blue, nervous spells, and dizzy headaches, has a hard lot, for the family tasks never let up. Probably it's the result of kidney trouble and not the much-feared woman's weakness. Strengthen the kidneys with Doan's Kidney Pills. They are as harmless as they are effective, and may be used for children with weak kidneys, too.

A Michiston Gagas

A Michigan Case

Elory a

DOAN'S POSTER MILBURN NO., BUFFALO, N. Y.

For **Emergencies**

When you have a bilious at-tack, or when you feel illness coming on—promptly move the bovels, start the liver working and put your entire digestive system in good, shape with a dose or two of the time-tested

BEECHES

You will welcome the quick relief and often ward off a severe illness. Beecham's Pills are carefully compounded from vegetable products—mild, harmless, and not habit-forming. Buy a tox now. You don't know when you may need Beecham's Pills. A reliable family remedy ithat always

Should Be at Hand

Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 10c., 25c.

ABSORBINE Reduces: Scaled, Pulfy Ankles, Lymphangith, Poll Evil, Fistula, Boils, Swellings: Stops Lameness and allays pain. Heals Sores, Cut., Bruises, Boys Chafes. It is a SAFE ANTISEPTIC AND SERMICIDE

Does not blister or remove the air and horse can be worked. Pleasant to use. 2:00 a bottie, delivered. Describe your case or special instructions and Book 5 M free. BSORBINE, R., emison talants for makind, recognized that the second of the control of the second of the MOUNT SINE, IR. satisfact inteness for analysis, or said a 1989.

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Lisbon's Beautiful Harbor.

Roman province of Lusitania, says a bulletin issued by the National Geo-

graphic society.

In the apopulation scarcely exceeding the combined population of New York city, Jersey City, and Newark, and an area in Europe less than the state of Indiana, Portugal has not played a major role in the politice of continental Europe in many years, not, in fact, since Wellesley, afterward the Duke of Wellington, landed his English forces and, with the ald of native troops, defeated South and Massens, Napoleon's marshals, in the two poninsular campaigna.

But the colonial empire of portugal

and Massens, Napoleon's marshals, in the two peninsular campaigna, : But the colonial empire of Portugal is out of all proportion to the im-portance of the home country. In fact, there were, at the beginning of the war, only three other countries in Europe—Great Britain, France, and Germany—whose flags floated over more territory beyond the boundaries of the home country. The combined area of the New England and North Atlantic states would equal less than -one-fourth of the territory under the dominion of the tiny republic occupy-ing the western edge of the Bertain peninsula, whose navigators in the fit-centh and efficient developed the sup-terent and efficient developed the woulders of the world. Yet all that woulders of the world. Yet all that yet territory is held by 8,000 colo-unal troops, supplemented by native armics.

visit territory is near by 3,000 coninal troops, supplemented by native
armies.

Peasants Are Poets.
A curious anomaly is to be found
among the pressants of Portugal, with
a continuous anomaly is to be found
anong the measure of Portugal, with
a remarked, on a mong the most interritorial control of the control
armore the control of the control
as evened to agricultural pursuits—
have a remarkable gift for versitotion, and many of the polems of the
country are handed down from generation to generation without being
recorded. The peasants also are noted
for their solviety, and yet the annual
production of wine exceeds 25 gallons
for each inhabitant. So great, in fact,
is the product of the vineyards that
in the cities the various qualities of
water are discussed with keener interest than the grades of wine.

While Portugalse maritime glory is
a thing of the past, a large number
of Portuguese still follow the sea for
a livelihood, and the finding industry
is important. The Portuguese sandines, however, are preserved in flailan olive oil, sithough one-fitteenth of
the cultivated area of the nation is
given over to olive groves, for the production of oils of a cheap grade.

The Portuguese peasant woman is
an important bread winner, but she important bread winner, but she
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given over to olive groves, for the production of oils of a cheap grade.

The Portuguese peasant woman is an important bread winner, but she receives for her day's labor of 1s hours in the field only a shilling or less, while the men get yee shillings. One of the profitable and extremely popular 'industries' other rurs portugues and the profitable and extremely popular 'industries' of the rurs portugues of the country on the less-frequented and often impassable public roads. With an ox-team the peasant waits at a favorable spot until a motorist, traveling on an automobile on which an import tax of \$120 has been collected by the Portuguese government, sticks in the mud. To haul out such an unfortunate is often more profitable than several days' work in the wheat, matze, or rice fields.

Lisbor's Beautiful Harbor.

wheat, maire, or ice fields.

Lisbon's Bautiful Harbon.

Lisbon's Bautiful Harbon.

Lisbon's Lisbon, where the scause of the German morchant ships precipitated Portugal into the war, is one of the most beautiful in all Earope, ranking scarcely second to Naples and Constantinople. The city is about the size of Pittsburgh, and has been the political center of the nation since it was wrested from the Moors in the middle of the twelfth century by Affonso Henriques, the founder of the kingdom. It was the English who sided Affonso in his war against

ORTUGAL, the most recent nation of the Moors, and the following century to to be drawn into the mast is two countries effected an alliance strom of the European war, which has existed unbroken during the was once a part of the ancient succeeding 700 years, save for such in province of Lusitanta, says sporadic interruptions as when Natelia issued by the National Geophic of forced the little kingdom to declare war against the island empire.

poleon forced the little kingdom to declare war against the sland empire.

The Portuguese, especially those of Lisbon, are a pleasure-Joving people. They are fond of sports of many sorts. Including the buil-fight, but the tore-door is not the side list his country that he is in Spain, nor are the contests as fierce. Horses are seldom if earsacrificed in the Portuguese trocavors.

Lisbon is an even greater "in", it city" than was Paris, the streets appearing at their busiest usually at. 3 a. m. The principal thoroughfares see admirably kept nowadays but as 25 as a committed on the control of the control of the country of the control of the country of the coun the streets.

animals to lie for indefinite periods in the streets.

There are about 100 fournals published in Portugal, the majority of these being of a political nature, and many of them are owned by the leaders of the various political nature, and many of them are owned in 'If Lisbon turns Turk tomorrow all Portugal will wear the turban,' so when the monarchy was overthrown in 1910, after 100 persons had been killed and 500 wounded in the capital, King Manuel taking refuge in England, it was a matter of course that the rest of the nation would quietly acquiesce in the new order of things. Fortugal joday has much the same outward form of government as our own. Each pariliament is supposed to last three years; senators are elected for six years, and presidents for four years. The head of the presidents for four years. The head of the presidents for four years, and presidents for four years. The head of the presidents for four years, and presidents for four years. The head of the presidents for four years, and presidents for the years of the presidents of the years of the presidents of the years of the yea

ear, for it takes 20 reis to mase a penny, Portugal's transcendant contribution to world history was the colonization of Brazil, the largest nation in South America and the third largest in the Western hemisphere. While Brazil was alsocovered by Columbus' companion, Pinson, and formal possession taken by him in the name of Spain, Cabral landed in 1500, a year later, and prodalmed it. Portuguese territory. Portugal settled the country and rude it until 1322 when, under the leadership of the Portuguese prince, Dom Pedro, independence from the mother country was declared,

Double Cause for Tears.

Double Cause for Tears.

A favorite limerick is brought to mind by the following tale from the Orient:

Timur-lenk, the Tartar thruder, was very ugly and, catching a gilmpse of himself in the mirror, he burst into tears. The court jester began weeping also and kept it up long after his master had stopped.

Timur looked at him in astonishment. "I wept with reason," he said, at beholding my own ugliness—I, the lord of so many lands. But I do you understand why you should thus despair."

"It you, my lord," replied the jeay," "wopt for two hours after seeing your self in the mirror for an instant, is it not natural that I, who see you all day long, should weep longer than you!"

The One Thing Needful.

His Wife—I don't think the Neurich family dates back very fag.

Her Husband—Well, the family tree
is old enough to bear golden fruit, any-

PROFITABLE TO SELL CREAM

Burdens of Farm Women Lightened and income Not Decreased—Seps rator is Most Essential.

and income Not Decreased—Septy rator is Most Essential.

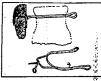
Some farmers are churning bulger and selling it for less that they would receive from the sale of the credin-which is used in making the bulger. Prot. C. H. Eckles of the Missaniri College of Agriculture points by the control of the creding of the Missaniri College of Agriculture points by the advantage of the Missaniri College of Agriculture points by the advantage of the Missaniri College of Agriculture points by the advantage of the Missaniri College of Agriculture points by the advantage of the Missaniri College of the Missaniri College of the Septy of the advantage of the Missaniri College of the College of the Missaniri Colle

As a rule, unless the homemade butter can be sold at an average pylice of 25 cents or more the year avoid, the income will be more if the creating its sold. At an average of 25 cents of the same his sold. At an average of 25 cents of the same his sold. At an average of 25 cents are in sold. At an average of 25 cents are a large amount of rork will be safeed does not have a cream separatory he should get one if four owns are milked. A machine will not own are milked. A machine will not own are milked. A machine will not cows are kept by the additional suffer owns are kept by the additional suffer avoid in the safe of the safe grade without a separator. The fifth one represents the less in butterst in the skim milk.

HANDY MILK BOTTLE HOLDER

Contrivance Shown in Illustration
Easily Can Be Fastened to

Since bottles have superseded the since bottles have superseded-the old-fashioned milk-pail, people have been perplexed to find some method of suspending the bettle out of the reach of cats, dogs, etc. The contrivance shown in the illustration can be



Milk Bottle Holder.

consists of a piece of wire curved shown with the ends bent on.—In pendent Farmer.

PASTEURIZED MILK IS BEST

PASTEURIZED MILK IS BEST
Low Temperature Does Not Affect
Nutritive Value or Digestibility.

When milk is held at 145 degreed F.
for 30 minutes, all the disease-producing bacteria, so far as can be absertained, are completely destroyed, At
the same time is larger percentage of
the same time is larger percentage of
the same time is larger percentage of
the cause it to rot are loft than when
and a smaller percentage of these
that cause it to rot are loft than when
a higher temperature is employed.
Pasteurized at a low temperature, milk
undergoes no change which affect is a
untritire value or its digestibility. Rubjection to a temperature of 150 degrees
F. or more, however, does result-in
certain chemical changes. The time
is coming when virtually all market
milk sold at retail in cities will be
pasteurized.

PREVENT GROWTH OF HORNS

In Using Caustic Potash the Applica-tion Must Be Made Before Calf is One Week Old.

ls One Week Old.

Caustic potash is the chemical fised for preventing the growth of horsy on young calves. The application must be made before the calf is one week old, in order to be effective. The hair is elipped away from the small buttons which may be felt and which are the future horns. A silet of caustic potash is then mointined and rubbed on the spot usuff the skin bleeds slightly.

The calves must not be permitted to run out in the rain for soward days after the application of the caustic days after the application of the caustic, as the water is likely to wanh the caustic down into the eyes with dam-

caustic down into the eyes with dam aging results.

If you Suffer from Backache, Lumbago, Kidneys or Rheumatism. Take Hot Water and "ANURIC"

Ancriera men and somen must guard them, gout, goved, memalga and existing cause we set too much and all our code is rich. Our blood is filled with units and we have been as too much and all our code is rich. Our blood is filled with units and we have been as too much and all our code is rich. Our blood is filled with units and the set of the code is rich. Our blood is filled with units and the code is rich. Our blood is filled with a code with the code is rich out, they weaken from overwork, because they weaken from overwork, because of members and bring the code with the code and the result is is fulley trouble, bladder weakness and a general decline health when your back hurts or the urine is cloudy, full of sediment, or you are obliged to seek relief two or three times that we dependent on an examination of units and the code of th

ALLEN'S FOOT-EASE

montain.

packages are being used b

nan troops at the front. Sol.

Boart accept any substitute

FREE TRIAL PACKAGE
ALLEN S. OLUSTED-Le Rey. N. Y.

Genuine must hear Signature

WHO IS Women are

BLAME bladder trounte.

Don't Persecute

Your Bowels

Cut out cathartics brutal, harsh unp



SPOIN MEDICA

No Changes There.

Bacon—Astronomer's in 18 observatories in almost as many nations are compiling a map of the heavens that is expected to catalogue from 30,000-000 to 40,000,000 stars.

Egbort—Evidently don't believe the war is going to change the map of the heavens. The Antiseptic Powder to Shake Into Your Shoes marting, nervous feet, stops the sting of coras and busions.

Rend a few extracts from our discretions and one of the coras and co

FRECKLES

Now is the Time to Get Rid of These Upty Sprits.

There's no longer the slightest need of the slightest need of the slightest need of the slightest need of the slightest need to the slightest need to the slight need to the

No Objection.

"This, war is making everything more expensive," complained father." I see by the paper that even castor oil is going up."

"That's nothing in my young life." said little Johnny, "The only time it worries me is when it's going down."

CUTICURA COMFORTS BABY

Suffering From Itching, Burning Rashes, Eczema, etc. Trial Free.

Give baby a bath with hot water and Give baby a bath with hot water and Cutturas Soap, using pienty of Soap. Dry lightly and apply Cuttura Onstment gendy to all affected parts. Instant relied follows and baby falls into a refreshing sleep, the first perhaps in weeks. Nothing more effective. Free ample each by mail with Book. Address postcard, Cuttura, Dept. L., Boston. Sold everywhere.—Adv.

Diligent.
"I hope you are making good use of our time at school," said Bobbie's

your time at school," said bounds, uncle.
"You bet I am," replied the boy. "I won most fifty marbles off of Jimmie Smith at recess today."

Important to Mothers
Examine carefully every bottle of
CASTORIA, a safe and sure remedy for
infants and children, and see that it

Bears the
Signature of Cart Hilthire
In Use for Over 30 Years.
Children Cry for Fletcher's Castoria

Never judge a man's worth by what woman values him at in a breachof-promise suit.

FITS, EPILIPSY, FAILING SIGNNESS Stopped Coledy, Finy years of maintampted process of In Rinds Epilery Medicine interesting results. Labor Full Bortz, Furn DR. BLUNE COMPANY, Red Bank, N. J. Adv.

Fussing in public is a better matri-nonial sign than kissing in public.

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.—Adv.

Satisfaction Couracteder Honey Refunded. For sale by all Draggiets, or next upon re-ceipt of 25c postpaid. Send for free sample, HOMB REMEDY CO. South Reven, Mich.

A glass of liquor is the toper's PATENTS Water E Coleman printing comfort.



The winnings of Western Canada at the Soil Products
Exposition at Denver were easily made. The list
comprised Wheat, Oats, Barley and Grasses, the most
important being the prizes for Wheat and Oats and
sweep stake on Alialia.

weep stake on Alfalfa.

No less important than the splendid quality of Western Canada's wheat and other grains, is the excellence of the cuttle fed and fattened on the grasses of that country. A recent shipment of castle to Chicago topped the market in that city for quality and price.

Western Canada produced in 1915 one-flind as much as all of the United States, or over 300,000,000 b

and the United States, of over Samphing States.

On Canada in proportion to population has a greater exportable surplus of wheat this year than any country in the world, and at present prices you can figure out the reversue for the producer. In Western Casada, you will find good markets, splendid schools, exceptional social conditions, perfect climate and other great attractions. There and and so conscription.

Send for Illustrated pamphlet and sak for reduced railway rates, Address Superintendent Immigration, Ottawa, Canada, or

M. V. McKINNIS, 176 Jefferson Ave., Defroit, Mich. Canadian Government Agent.