### HELP FOR **WORKING WOMEN**

me Have to Keep on Until They Almost Drop. How Mrs. Conley Got Help.



COMEN, Elé St. Clair St., Frankfort, Ky.
No vonan suffering from any form of
female troubles about doe bees until
the has given Lydie. Pinkham's Vegetable Compound a fait trial.
This famous remedy, the medicinal
ingredients of which are derived from
native roots and herbs, has for forty
years proved to be a most valuable unic
and invigorator of the female organism.
All women are invited to write
to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for special
advice,—it will be confidential.

Th.

The Army of Constipation

Is Growing Smaller Eve CARTER'S LITTLE LIVER PILLS are

Genuine must bear Signature



Savage Animal Finally Driven Away by School Children Unaware of Danger.

A gaunt gray coyote terrorized Por-tola, Çal. It was first noticed when it attacked two dogs at the residence of

attacked two dogs at the residence of Thomas Borithy. 
Mrs. J. Hardy, who was passing at the time, narrowly escaped being bitten when the coyole broke away from the dogs and attempted to attack her. 
The dogs pulled it down again, however, before it reached her.

During the recess period it appeared at the seabolinous, but the children at the seabolinous, but the children as way. They were not aware of the real dancer.

away.

real danger.

A number of hunters are scouring the hills close to town in an endeavor to locate and kill the coyote.

Great Relief.

"I'd like to tell you a bright thing at comparer of mine said last night." 'Oo, well, go ahead."
"But I've forgotten it."
"Say! Don't you want a good char?"—Boston Evening Transcript.

and is as graceful as a willow.

Harold — Ab! you have slende

### Concentrated Satisfaction

A great many former users of tea and coffee have learned that there is a pure food beverage made from wheat, which has a delightful flavor.

It never exacts of its users the tribute of sleeplessness, heart-flutter, headache and other ills often caused by the drug, caffeine, in coffee and

### Instant **Postum**

suggests the snappy flavor of mild java coffee, but is abso-lutely free from caffeine or any harmful ingredient. In-stant Postum is in con-densed, soluble form, and wonderfully convenient for the home—for the picnic— for travel—everywhere.

If tea or coffee interferes with comfort or success, as it does for many users, try a shift to Postum.

"There's a Reason"

# Their Care and Shrubbery -



Showing the Beauty of a Lawn Rightly Planted and Cared For.

THE BEAUTY OF A FINE LAWN
BY E. VAN BENTHUYSEN.
The question of wbother to sod or seed is, of primary importance, as colid greenaward is immediately socured if we sod. The objections to diding are many. Good of is not always procurable. It requires an extra mount of labor to sod. If the grounds are very large it is not practical.\*\*

If, however, sodding is decided upon, the ground should first be leveled and smoothed to the proper grade. The service is the first the grounds are very large it is not practical.\*\*

If, however, sodding is decided upon, the ground should first be leveled and smoothed to the proper grade. The seed must be sawn thickly and worked in. It is well to spread rich dirt from a first the grounds of the seed. Be sure the solid has been made rich with decompany and the seed in the surface is hould not be original sol. It is not essential to cut the sod must be received to a depth of an inch or more and an inch thick, or just deep sough to include all the underground more than an inch thick, or just deep sough to include all the underground stems, but the thicker the sol is the least high the present the still departs of the seed in the service of the second in the seco

more than an inch thick, or just deep enough to include all the underground stems, but the thicker the sod is the better.

It is not necessary in laying the sods to lay them first against each coher reason than to keep down to other reason than to keep down to other season than to keep down to sole in settling and leveling. As soon as this sods are laid give the entire lawn a complete wetting, then go over the surface with a roller to level it.

A good home-made pounder for the lawn enable such goods as the sole such coher reason the surface with a roller to level it.

A good home-made pounder for the lawn enable such goods as the sole such goods as the sole such gives the sole such goods as the sole such goods as the sole such goods as the sole such good as the sole such goods as the sole suc

TABLE DECORATIONS

proportion. But flowers we ought to have and can have at a very nominal cost in time and money if we are will-ing to take care of a few plants in the

The best all round plant for a decora tion for the table is asparagus plume-sus. Its foliage is far deintier than any other fern. It can easily be made to grow in the bushy, compact form which a plant designed for use on the

which a plant designed for use on the table should have.
Pluch off the ends of the young fronds when they have made a growth of 12 or 18 inches. This causes the lower side branches to spread out breadly and thus breadth is secured where there would be little if the plant were allowed to train itself.

Long stem flowers can be thrust through its filmy green follage if added beatury is needed, but there are few ferns comparable to this filmy, lacy fern.

fern.
This plant requires a soil of garden loam made light with sand. Water
moderately. For its successful oulture
sunshine is not necessary.
Keep the red spider from injuring
it, and shower several times a week.

Nip off the end of each shoot and make the plant spread out well. Pots of Roman byacinths and lilies of the valley and narcissus make JBy L. M. BENNINGTON.
We cannot all have flowers for the table if we are dependent on the green-houses in our neighborhood for the supply. The cost is out of all of the valley and narclassus make charming adjuncts to the breakfast table. Few plants can be kept on the table day after day without becoming unhealthy. Have a shelf in your window and give the flowers a change, using one only for a day or two and changing to something different. This gives them all a fair chance at the suneshine and light. Several types of begonia make successful plants for the table. The Gloire de Lorraine, whose flowers literally cover the plant, are of an exquisite pink which artificial light seems to make more vivid.

### FOR ROSE MILDEW.

For rose mildew spraying with sul-phide of potassium, using one ounce to three gallons of water, is much more effective than the old-fashioned method of dusting the foliage with flowers of sulphur.

For Blight in Panales.
Str lime and sulphur into the soil when blight attacks panales. Remove the affected plants and burn them. If the blight continuous best make a new bed elsewhere. Spread lime and sulphur freely on the old bed and stir it well into the soil.



If You Desire a Particularly Attractive Contemplece for Occasions, Arrange

### FRECKLES

ow is the Time to Get Rid of Th Ugiy Spots. eyes no longer the slightest no grashamed of your freckles, cription othine—double streng

"Sarah," said her mistress during in dinner hou, "will you go down to the basement and get the catsup." Sarah departed, and a few minutes later the family heard a great shooing and scamporing of feet. Shortly after Sarah came breathlessly into the dinner own and said to her astonished mistress: "They're up, bum."
"What are up?"
"The cats, mum."—Youth's Companion.

#### YOU MAY LOOK YOUNG

By Keeping Your Complexion Young With Cuticura, Trial Free.

The Scap to cleanse and purity, the Olatment to soothe and heal. These super-creamy emollients do much to keep the skin clear, fresh and youthful, as well as to keep the half in a live, healthy condition and the hands soft and white.

Free Sample each by mall with Book.

Address posteard, Cutteura, Dept L.
Boston. Sold everywhere.—Adv.

A Wise M. D.
Patient—Do you speak more than one language, doctor?
Physician—No; but I have a working acquaintance with many tongues.

LADIES CAN WEAR SHOES
One size amalier after using Alenis FootEase, the antiserule power for the feet.
Bhaken into shoes and used in foot-bath.
Allen's Foot-Ease makes tight shoes feet
easy, and gives instant relief to corns and
bonding. Tyl 11 today. Bold everywhere,
bondings, Tyl 11 today. Bold everywhere,
Allen S. Olmsted, Le Roy, A. Y. Adv.

Watch Wasn't Necessary.
The colonel of a certain regiment in Kitchener's army is a great stickler for obodience, instant and complete. "Smith," he said to his orderly recently, "I want you to ride down to the railway station and get me the correct time."
Smith shuffled his feet and stidled.

correct time."
Smith shuffed his feet and fiddled with his fingers.
"Well, man," roared the officer intely, "why don't you do as you are told?"

told?"
"Please, sir," replied the orderly
meskly, "I haven't a watch."
"A watch—a watch!" snapped the
colonel. "What d'ye want a watch for?
Just write it down on a bit of paper."

Taxicab Driver Senses Danger.

A. London taxicab driver, rejected for the army on account of defective cyclight, was re-examined recently, the London Globe says.

"How do you manage to drive your cab at night?" the officer asked.
"It's like this," he replied. "If we hear a smash we know we have hit something, and if we don't we know it's all right."

Ho was remanded to Scotland Yard.

He was remanded to Scotland Yard for further examination,

Exclamation Apropos.

"Some of the new cannon they carry over thirty miles."

"Great guns!"

There is danger that a little learning will result in a swelled head.

### Three Hundred Million Bushel Grop in 1915

Regarding Western Canada as a grain producer, a prominent business man says: "Canada's position today is sounder than ever. There is more wheat, more oats, more grain for feed, 20% more cattle than last year and more hogs. The war market in Europe needs our surplus. As for the wheater, pt. it is narvelous and a monument of strength for business condimente build upon, exceeding the most optimistic predictions."

Wheat averaged in 1915 over 25 bushels per acre Wheat averaged in 1915 over 45 bus**hels per a**cre Oats averaged in 1915 over 45 bus**hels per acre** Barley averaged in 1915 over 40 bus**hels per acr**e

Prices are high, markets convenient, excellent land, low in price either im-proved or otherwise, ranging from \$12 to \$30 per acre. Free bounestead ands are plentiful and not far from railway lines and convenient to good schools and churches. The climate is healthful.

There is no wer fax on lend, nor is there any conscription. For complete information as to best locations for settlement, reduced railroad rates and descriptive limitrated pumphlet, address Superintendent immigration, Ottawa, or

M. V. McKinnis, 178 Jefferson Ave., Detroit, Mich.

### **Insure Your Auto** Against Fire, Theft, Liability

6000 members. Surplus of \$12,000. Seven claims recently paid. The company started at the right season of the year and built up a large membership and agency force, the growth now being 500 members per week. TOMORROW MAY BE TOO LATE. INSURE TODAY. Write W. E. ROBB, Secy.

#### CITIZENS' MUTUAL AUTOMOBILE INSURANCE CO. HOWELL, MICHIGAN

It's Valuable Now.

When William Jossup, who formerly operated a wooden mill in Princeton, died 20 years ago, he left, among his effects a large keg of Russian red dyestuff. Each houselcleaning time his son in-law and daughter, Mr. and Mrs. Charles F. Woods, had tred to sell it to wholesalers in vain; they didn't need it.

abound. Woods and tred to self in they didn't need it.

"What'll we do with this?" asked Mr. Woods when they cleaned house last summer.

"File it on the trash beap and burn it; I'm tired of looking at it," said Mrs. Woods.

Being a duttful husband, Mr. Woods obeyed.

Now the Russian dye is said to be unobtainable at any price, and the amount that Mr. Woods burned would have netted at this time from \$500 to \$1,000.

have netted as a state of the losers philosophically agreed that it's no use to cry over split milk" and have dispensed with any worry over "what might have been."

—Indianapolis News.

Strategy.

Mrs. Exe—Yon always have such wonderful success in getting people to ome to your parties.

Mrs. Wye—Oh. I always tell the men hat it's not to be a dress-up affair, and the women that it is.

The Net Result.
"Did you raise anything on your romise to pay?"
"Oh, yes; I raised a smile."

Better Than War.

"The whole world is preparing for war," said William Jeanings Bryan at a pacifist dinner.

"I know a man is Miami whose good lady suddenly went in for spiritualism. Did he declars war! No; he did not. He did botter.

"Instead of declaring war, the Miami man took to accompenying his wife to all her spiritualistic esances, and at every seance he got the handsome medium to procure him messages from his first wife, who was dead-and, th, such tender, such loving measuges as they were!

"By this method the Miami mas on put an end to the spiritualitic idea in his household."

A Will of Ninetzen Words.

In one of the shortest wills on record, James H. Darling, who died on December 3, 1915, cuts of his sons with but it can be a been self the control of the sons with but it can be a been self the certainent, which is dued February 10, 1910, was filed in the orphanic court. It contains ninetzen words, as follows:

"After death, I will my daughter, Annie C. Darling, all my money and belongings, except \$1 to my sons."—Baltimore News.

Reasonable Aspiration.
"I suppose you have high ambitions for your hop?"
"Well, I wouldn't say that exactly; but I do hope that he won't turn out to be the male assistant to a female dancing teacher."

### For a Tip-Top **Breakfast**

Serve

## New Post Toasties

Here's the why:

The New Toasties have a delicate, true corn flavour-unmatched by any other corn flakes. Trial proves.

They are the meat of choicest white Indian Corn-first cooked and seasoned, then rolled into thin wisps and toasted by quick, intense rotary heat. This new patented process of making raises dis-tinguishing little bubbles on each flake, and brings out their wonderful new flavour.

### **New Post Toasties**

-the New Breakfast Delight

Your grocer has them now.