

Community center registration opens

FARMINGTON Registration continues at the Farmington Community Center for all winter classes not yet filled to capacity and additional classes created by demand.

A second singing class is being formed by Marilyn Truitt and will meet on Thursdays at 10 a.m. beginning Jan. 30.

Watercolor enthusiasts also require an extra class which will meet on Mondays beginning Jan. 28 from 9:30 a.m. to noon.

A winemaking class for both men and women will get under way Jan. 24 and there still are openings in the teen sewing classes.

Special courses available this winter are astrology, lip reading and a course in so-

cial graces known as "Mind Your Manners."

The latter is designed for the junior miss to ease a few of the tensions which develop over the proper way to behave in today's society.

Some openings still exist also in Dr. James Freer's course "The Adjusting Self" which begins Jan. 29. Aim of the six sessions is development of a more wholesome personality and arrival at an adequate self acceptance.

Dr. Freer credits the widespread acceptance of his course to the fact that he does not discount the values of religion as do some psychologists.

For the active, the center offers karate, ballet, tap and ballroom dancing and gymnastics. For the creative,

there are any number of arts and crafts. These include all types of art media for children of every age, folk art painting, oils and watercolor, needlepoint, quilting, rug hooking, crocheting and sewing for any level of advancement.

Yoga is offered to expand the mind and relax the psyche. A stock market class may help sort-out the whys and wherefores of sensible investment at a time of economic bewilderment.

Instrumental music offers a choice of guitar or accordion lessons.

An upcoming feature is the kickoff lecture of the "All About Art" series which will feature Carolyn Hall speaking on "Changing Ideas in Art."

Farmington Calendar

ALL ABOUT ART

Thursday, Jan. 24, at 8 p.m., "Changing Ideas in Art", a lecture by fiber artist Carolyn Hall, will open the "All About Art" series at the Farmington Community Center, at Farmington Rd. near 10 Mile.

SENIOR CITIZENS

Friday, Jan. 25, at noon, the Senior Citizens Social Club will meet in the First United Methodist Church, Warner and Grand River. Those attending should bring a sandwich. Cards and

games will follow the business meeting.

STONE SOUP

Saturday, Jan. 26, at one and 2:30 p.m., "Stone Soup", a play by Cass Tech's Touring Theater for Children, will play at the Farmington Community center. Reservations are asked.

FISHER BUS

Wednesday, Jan. 30, at 1 p.m., a bus will leave the Farmington Community Center for the Fisher Theater to see "A prisoner of Second Ave.", a Neil Simon play.

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YMCA beginning full program of classes

The Farmington YMCA will begin its winter session the week of Jan. 28 with a record number of classes offering opportunities for the entire family.

Babysitting will be available for most classes, according to Gary L. Unruh, executive director.

"Programs are on a first come, first served basis, and early registration is encouraged," Unruh said.

Pre-school classes are designed to improve strength, coordination and group play. They include diaper gym, tumbling, a class known as Kreative for Kiddies, arts and crafts, piano and a variety of swimming classes.

Swimming classes continue to be the most popular offering, Unruh said, with qualified instructors for beginning, intermediate and advanced skill levels.

In addition to a complete Saturday offering, the Y will conduct a new program class after school on Wednesdays

and Fridays. New classes also are scheduled for scuba diving, skin diving and senior life saving.

The Y also will make available six open swim periods per week for 50 cents per person or \$1 for the entire family.

A free fitness class for all adults will be held Sunday, Jan. 20, in Mercy Center, 11 Mile east of Middle Belt. The test, from 2:30 to 4:30 p.m., will enable an individual to determine his degree of fitness. Exercise, measurement and subliminal tests will be included.

Alpena handles Farmington squads

Alpena High captured a first in all six events to top Farmington Harrison and North Farmington in a varsity gymnastic match.

An 89.05 point total for Alpena swept honors with Harrison next best with 46.85 and North with 20.10.

The highest point total for the Farmington teams came in the side horse event where Harrison came up with 10.2.

ness. Exercise, measurement and subliminal tests will be included.

Classes offered will include men's fitness, women's trimnastics, hatha yoga, Danish exercises, swimnastics and belly dancing. Other adult classes are guitar, ballroom dancing and driver's education.

The Y's gymnastic program, instructed by James Hafke, offers a full range of classes starting with four-year-olds and available throughout the week.

Alpena still on top with a 12.7.

Results:
FLOOR EXERCISE: 1 - Kuriz (A), 6.2; 2 - Kitz (A), 7.2; 3 - Woriman (FH), 6.8; 4 - Cousineau (A), 5.5.
TRAMPOLINE: 1 - Alpena, 6.6; 2 - Woriman (FH), 3.8; 3 - Alpena, 3.75; 4 - Alpena, 2.55.
HIGH BAR: 1 - Alpena, 5.8; 2 - Stewart (FH), 3 - Alpena, 3.55; 4 - Anhalt (FH), 3.3.
SIDE HORSE: 1 - Hadreau (A), 6.9; 2 - Strand (NF), 4.75; 3 - Reid (FH), 4.5; 4 - Kitz (A), 3.95.
PARALLEL BAR: 1 - Cousineau (A), 4.9; 2 - Werda (A), 4.8; 3 - Woodward (A), 4.55; 4 - Donakowski (A), 4.1.
STILL RINGS: 1 - Golder (A), 6.6; 2 - Werda (A), 6.0; 3 - Tomkow (NF), 5.8; 4 - Yee (FH), 5.2.

Groceries rushed

Continued from Page 1A

spokesman from Chatham said.

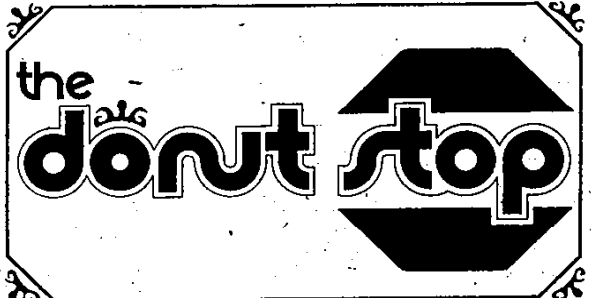
Warehousing affects from 40-70 per cent of the stock at a modern supermarket, with the remainder coming from independent vendors. Chatham can supply about half their normal stock from these vendors if the strike continues, the spokesman added.

Strikes are new in the Detroit area, because "the most competitive market in the nation has made supermarket management leery of strikes in the past," he added.

He said the run on supplies at Chatham was worse Wednesday than Tuesday, but this wasn't reflected in the Farmington branch as much because of nighttime habits of local shoppers.

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