

# 'Operation Threshold' attacks alcoholism

An educational seminar designed for problem drinkers, their families, youth group leaders and others will begin at 7:30 p.m. Tuesday at the Oakland Branch YWCA, 839 Crooks Road, Clawson.

"Operation Threshold" is sponsored by Oakland YWCA and the Royal Oak Jay-Cee's.

There is no fee for the eight week program.

According to the National Council on Alcoholism, incorporated, alcohol

is a mood-changing drug, as are heroin, cocaine, barbituates and amphetamines.

THE CHRONIC alcoholic has a physical and psychological addiction to the drug, alcohol.

Of the 100 million persons over the age of 15 in this country who drink, an estimated 9 million are alcoholics.

Alcoholism has been called the most serious drug problem, in terms of

number of victims and cost to society. Physical damage to the body and its organs and the large number of fatalities resulting from withdrawal symptoms.

Along with cancer, mental illness, and heart disease alcoholism ranks among the major national health threats. Yet the U.S. Department of Health, Education and Welfare has termed alcoholism this country's most neglected disease.

ALCOHOLISM is a complex, progressive illness.

Alcoholics are sick, just as people suffering from heart disease or cancer are sick. If not treated, alcoholism ends in permanent mental damage, physical incapacity or early death.

The average alcoholic is a man or woman in the middle thirties with a good job, a good home and a family.

Less than 5 per cent of alcoholics are found on Skid Row.

Some 6.5 million employed workers are alcoholics. Loss of productivity because of alcoholism has been computed at 10 billion dollars annually.

FIFTY per cent of all fatal accidents occurring on the roads today involve alcohol. Fifty per cent of these involve an alcoholic.

Forty per cent of all male admissions to state mental hospitals suffer from alcoholism. Thirty-one per cent of suicides are

alcoholics. Their suicide rate is 58 times that of non-alcoholics.

ALCOHOLISM is treatable. Effective programs show recovery rates of 65 to 70 per cent.

Education, early detection and community treatment are the greatest forces operating today for the control and reduction of alcoholism.

"Operation Threshold" will be conducted by the staff from the Talbot Center.

## Guidelines offered for financial planning

Living from paycheck to paycheck and scraping the bottom of pocket or pocketbook for morning coffee money is hardly sound financial planning.

And according to Maxine Niemyer, building a solid financial framework is the key to freedom for any individual.

Ms. Niemyer, a licensed life insurance counselor with offices in Southfield, spoke recently at the Troy Public Library on the subject of Security and the Single Woman. The talk was part of a weekly Family Affairs series held by the library.

MS. NIEMEYER'S suggestions for financial planning are not restricted as guidelines for working women only. They can be turned into a solid financial base for anyone working, she said.

According to Ms. Niemyer, social security benefits provide one of the mainstays of future finan-

cial security. An employee needs an annual salary base of \$13,200 to earn maximum social security benefits, she said.

Ms. Niemyer cautioned against relying too heavily on employer benefits for disability or retirement funds since such planning does not take a possible job transference into account.

SHE ALSO said employees should be certain they are ensured of guaranteed retirement benefits.

As a savings guideline, the president of the Detroit Chapter of the Chartered Life Underwriters suggested accumulating the equivalent of six months earnings.

Noting that most single women do not believe they need a life insurance policy, Ms. Niemyer recommended a \$5,000 life insurance policy. The insurance, she contended, may be necessary to cover taxes and death-related expenses.

## Eight temples to mark Isaac M. Wise Shabbat

Eight Reform Temples of Greater Detroit will gather at the new Temple Beth El in Birmingham on Friday evening, April 12 at 8:30 p.m. to mark the anniversary of the birth of Rabbi Isaac M. Wise, founder and guiding light of the American Reform Jewish Movement.

This will be the second annual Isaac M. Wise Shabbat Evening Service sponsored by the Metropolitan Detroit Federation of Reform Synagogues.

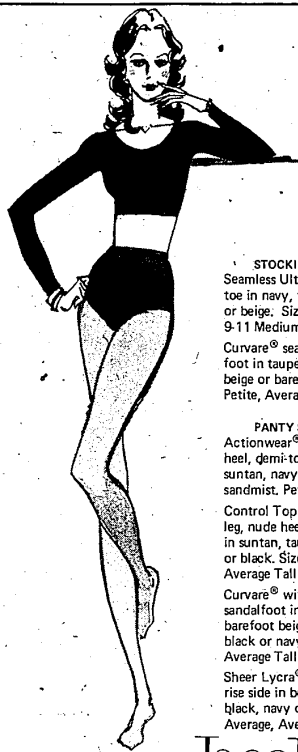
Guest speaker at the joint service will be Rabbi Balfour Brickner, director of the Commission on Inter-faith Activities of the Union of American Hebrew Congregations.

Participating in the worship service will be Rabbis Richard C. Hertz and Joseph Guttmann of Temple Beth El.

Birmingham: Rabbis Leon Fram, M. Robert Syme and Harold Loss of Temple Israel, Detroit; Rabbi Milton Rosenbaum of Temple Emanu-El, Oak Park; Rabbi H. Philip Berkowitz of Temple Beth Jacob, Pontiac; and Rabbi Ernst Conrad of Temple Kol Ami.

Others are Rabbi Bruce Warshal of Temple Beth Emeth, Ann Arbor; Rabbi Gerald Schuster of Temple Beth El, Flint; Rabbi Jonathan Plaug of Temple Beth El, Windsor; Rabbi David Hachen, director of the North-east Lakes Region of UAHC.

Cantor Harold Orbach, Cantor Norman Ross, Cantorial soloist John Redfield and the choirs of the participating congregations, under the direction of Jason Tickton, will render the liturgical music.



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## African safari inspires artist

An exhibit of watercolors by Southfield artist, Aviva Robinson, will open with a meet the artist reception at the Rubinger Gallery, 821 S. Washington, Royal Oak, at 7 p.m. Tuesday.

The show called "Fantasy and Reality" will display Miss Robinson's paintings inspired by a three week Safari to Africa.

Ms. Robinson traveled to the games reserves of Kenya and Tanzania, to Johannesburg and Cape-town in South Africa, to Victoria Falls in Rhodesia, and to Ethiopia.

rial provided by her husband's photographs and her own impressions, her paintings emerge as strong statement of her African experience.

"Africa had such a fantasy quality," she said, "that my abstract images became solid in retrospect."

She uses watercolor on partially wet paper and the technique of washes, dry brush-strokes, some opaque shapes and in some cases, collage.

The show will continue through April 30.

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