

Organization unites to channel awareness



Some quiet meditation

By ROBERT KIPPER

Paul Kellogg recalls the first day he knew he was psychic. He was just a small boy. He was playing near a neighbor's house and momentarily saw flames coming from its kitchen window. Seconds later, the flames disappeared and the house was unharmed. He ran to his mother and told her that the neighbor's house would catch fire. A week later, it did.

Paul is now 24-years old and interested in using his psychic powers in less showy, more practical ways. Although he says unusual things have happened to him throughout his life, he prefers talking about the organization that has helped him perfect and channel his psychic awareness, an organization called the Inner Peace Movement.

THE ORGANIZATION is not your usual counter-culture group that gathers in tight circles on foggy nights to chant by candlelight and be psychic together. It meets in the light of florescence in places no more exotic than the Birmingham Community House. Far from a group of supernaturally gifted people who keep their powers and secrets to themselves, the Inner Peace Movement believes all people are psychic.

There's much to be gained if each person trains himself to perfect his psychic ability, they claim.

People like Paul Kellogg — who could pass for a Young Republican before he could as a psychic teacher — claim to help others learn more about themselves and the people with whom they interact.

Friday, Birmingham and Southfield residents get their opportunity to hear more about the group during a three-hour introductory seminar beginning at 8 p.m. at the Birmingham Community House and at the Howard Johnson's at Ten Mile and Evergreen in Southfield. Admission will be charged.

THOSE INTERESTED in hearing more will be invited to enroll in an eight-week discovery course held by Inner Peace for a nominal fee.

While all are invited, those who are skeptical and insincere should be forewarned that immediate detection may result. According to Kellogg, it is a simple matter for those offering the course to tell who's serious. All that's required is a glance at a person's aura.

His aura?

That's right. According to Kellogg, each person has his own aura. Once a person is trained to spot it, he can see some type of glow coming off people. It can consist of many different pastel colors and can tell a trained person at a glance some basic information about another person.

KNOWING HOW TO read someone's aura can have all sorts of useful purposes. For instance, one can sense if a person is insincere. One could sense if he had a chance of getting a date with someone. One could even tell if a team embarking on a project or a couple starting a marriage has any chance of working successfully together.

It all sounds preposterous to the skeptic, but Kellogg is serious. Auras can tell a person which things should be pursued and which things avoided. Learning how to be in the right place at the right time is the most practical application of this talent, he said.

To detect an aura, one must know what to look for (which the 8-week course takes care of) and one must know how to relax (which is up to the individual).

Auras also can be detected in more difficult ways such as sensing them or feeling them (two

methods no doubt that are taken up in more advanced programs).

BESIDES THE MORE practical uses of improved psychic awareness, Kellogg claims the process helps a person "tune into himself," which he feels is more important.

"It helps people balance themselves," he said, explaining that it increases their confidence in what they are doing and teaches them to trust their hunches and instincts. "It makes them the architect of their own success," he added.

Psychic ability is actually only an extension of everyday feelings, Kellogg said. People can feel when they are unwelcome in a group. They know when they will not be able to work well with a person. They sense when a journey is unadvisable.

In many ways, these are psychic feelings that too many people have learned to suppress and disregard, he said.

KELLOGG UNDERSTANDS people's skepticism. To sway that, some of his seminars begin with a simple experiment.

Four volunteers try to lift a fifth person using just their fingers. At first, the person is heavy and can be lifted only so far. Then, after counting together, touching hands and working together as a group, the person can be lifted much higher with much less effort.

To explain what happens is not very easy. It has to do with energy and heat and people generating both as they work together while concentrating on their task. Kellogg explained he and three others

once lifted a piano in a similar way.

What this demonstrates is the power of working together, Kellogg explained. Regardless of whether the goal is lifting a table, or planning a project or just spending an afternoon with someone else, the task is simpler when people are in tune with each other.

Psychic understanding helps this, he contends.

That is the lesson of his course. If it is too much for the skeptics to handle it's all right. After all, their tell-tale auras should disqualify them from the outset.



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