Tiger wives sell cookbook

By MARY CONNELLY

Tiger baseball players eat more than ball park franks.

The proof is a newly-published cookbook compiled by the wives of the Tigers.

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The cookbook, to be released Saturday, offers the culinary favorites of the team members under the title "Ieam Mates Present Tigers' Favorite Recipes."

Team Mates is a fund-raising or ganization composed of wives of past and current Tiger players, sports media people and ball club personnel.

THE WOMEN have collected 100 recipes for dishes which the athletes consume when they are at home. Offered are Mrs. Jim Northrup's lemonade pie, Mrs. Norm Cash's wok-ed chicken with almonds, Mrs. Mickey Stanley's crab and shrimp mousse, Mrs. Dick Sharon's health muffins, Mrs. Eddy Brinkman's chocolate curleake and Mrs. Joe Coleman's pizza fish.

fish.

Relief pitcher John Hiller, who bypassed the 1971 season due to a heart attack, has collected his favorite low-cholesterol dishes.

The cookbook, published by Edwards Brothers, nec, Ann Arbor, is a fund-raising venture for the Team Mates.

Proceeds from the sale of the 10,000 copies ordered will benefit the Retinitis Pigmentosa Founda-tion of Michigan and Chan Wood

the mentally retarded.

THE BOOK, which is dedicated to Tiger owners Rhea and John Fetzer, was a hyproduct of a Tiger spring training session. Mrs. Don Lund, wife of the assistant athletic director of the University of Michigan, formerly the director of player personnel with the Tigers, teamed up with Mrs. Bill Freehan to mastermind the publishing ventuce, is of the book will be available at Tiger Stadium, the J. L. Hudson Stores or by writing the Team Mates, P. O. Box 817, Franklin, 48025.

Among the recipes compiled

lin, 48025.
Among the recipes compiled from the kitchens of the Tiger wives is Pat Freehan's fancy pancake. Mrs. Freehan said the dish is good for a morning or late evening recel

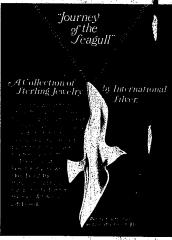
good for a morning or late evening meal.

PAT FREEHAN'S FANCY
PANCAKE
Preheat oven to 425.

½ cup flour
½ cup milk
2 eggs
Generous dash of nutmeg
Beat batter with a fork. Batter will be lumpy, Place ½ stick of butter in an 11-inch skillet and meltin-the oven. Add batter and bake 15-20 minutes until golden brown and puffy.

Sprinkle with lemon juice. Sift jowdered sugar over it and serve with jams, jellies or marmalades.

Serves one or two.











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Bill and Pat Freehan try Fancy Pancake

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Hills vice president; Mrs. Walker
Hills vice president; Mrs. Darrel
Drake, extension officer: Mrs. Darrel

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