

# Choice morsel could be deadly

By DONNA SZATKOWSKI  
Riddle: What is more deadly than an aircraft accident, a fire, lightning or a snake bite?  
Clue: The answer is an expensive \$1.69 a pound—it's a morsel of steak.

The National Safety Council has determined that death by food inhalation ranks as the fifth most frequent cause of accidental death in America.

And the food most responsible for these deaths is steak.

A PIECE of food lodged in the bronchial tubes, blocking the air passage to the lungs, can turn a leisurely dinner into a tragic accident in just 20 seconds.

Rare is the person who has not laughed in a punch line and swallowed a bite of hamburger at the same time, only to panic in the next moment as that bite of hamburger sticks half way down, sending him coughing all the way to the rest room.

As one suffocates (and suffocate he will if something is blocking the air passages), he remains conscious just long enough to wonder what is happening.

"They just don't know what's happening," said a Rochester doctor. "And they often don't know that time is of the essence."

"It's not important that the person is choking, but that he is not breathing."

OBVIOUSLY the name of the game is clear the air passage and get the person breathing again.

This same physician adds that one can distinguish between a person who is choking and one who is having a heart attack if he remembers that a younger person is unlikely to be having a heart attack or stroke and a heart attack victim is in pain and can usually speak, while a victim of food inhalation cannot.

"And, of course, you have to de-

termine if the person is really choking or just hysterical," said the doctor.

"WHEN A piece of food truly has someone stoppered, the best thing those around him can do is give him a good, hard, open-handed slap on the back," added another doctor.

"If the victim is light-weight, throw him over a table, get his head down. The main thing is to clear the air passages."

"If you are choking and no one recognizes you are, don't worry about offending anyone. Put your head down and cough with whatever air you have left."

When one has just 20 seconds to clear his bronchial tubes, he hasn't the time to make a mad dash for the rest room to spare those around him.

## Jewelry adds boost to fashion

By CHRISTINE WALDEN

His ideas are different, his attitudes unique: his combination and creation of the unusual has made Kenneth Lane a leading jewelry designer and more recently a designer of ladies blouses.

On a recent visit to Bonwit Teller, Lane commented that of blouses and jewelry, the latter is more creative and less confining.

"It (designing jewelry) takes the most imagination," he said. "I don't have to make things that have to be mass produced. You are least committed to manufacturers when you design jewelry and you can make one of a kind piece."

"I DESIGN blouses because I like working with the fabric more than the shape or design of the blouse," he said. "I like to make the selection of colors and fabrics."

And jewelry has an added plus. "Jewelry is what keeps everyone from looking alike," he commented.

The trip to Troy was return home for Lane. Born and raised in Detroit, he left the city to attend the University of Michigan and later, the Rhode Island School of Design. Ten years ago he moved to New York city where he broke into the fashion business by designing shoes.

"I started with shoes. Then I designed some costume jewelry but I couldn't even give it away. It was a time when there was very little interest in costume jewelry," he explained. "Then the really fashionable women started wearing it. Now they don't wear any real jewelry because it's too expensive and too ostentatious."

Since making the switch from shoes to jewelry, Lane has developed several interesting ideas about jewelry.

"Women," he said, "are afraid of jewelry. It should be fun. But they are afraid of wearing too much. One necklace isn't as much fun as several necklaces."

WHILE many women refrain from wearing a variety of accessories because of body size, Lane said the woman's personality and not her size determines how much jewelry she can wear.

For example, a small woman with a dynamic personality can get away with wearing several necklaces while a larger woman with a retiring personality should only wear one.

"It really depends on your attitude," he said. "But everyone is transformed by earrings, no matter what. Many women have learned to wear diamond earrings because they sparkle and detract from possible flaws in the face."

Lane believes women should "play" more with not only their jewelry, but their clothes.

"I don't like it when a woman asks 'will this go with navy?' Everything goes with navy. They should try colors that don't go together, that adds to an outfit. And they should try to not think in terms of red, white and blue."

## Group aids veterans

Southfield Veterans Committee board members are ready to serve all veterans who need help. Letters have been sent to all recently discharged veterans advising them of services available.

There is an advisory board made up of veterans who are well-acquainted with service officers in the Veterans Administration (V.A.), and can give the proper guidance in getting V.A. services.

There are many services provided for veterans by various city agencies and many things that can be done for families of veterans. Persons interested should contact the committee at 354-4864 or write to Faye Pearl, Coordinator of Southfield Veterans Affairs.

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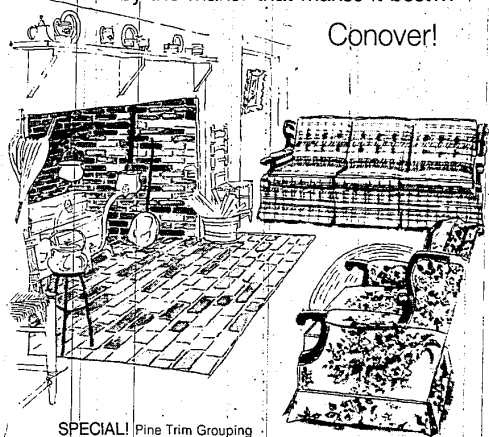
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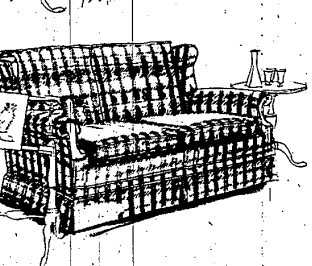
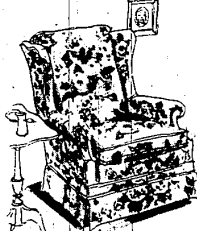
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