

Recipes and reasons

Summer salads make life easy

A summer salad is an easy method of serving a nutritionally balanced meal from one dish with out turning the oven on. Economical seasonal buys, vegetables and fruits can be teamed in salads with members of the major food groups to provide nutritional balance without the preparation of several cooked side dishes.

Summer months mean vegetables can be purchased fresh with no loss of vitamins due to spoilage or aging. There's an added nutritional boost from the use of raw vegetables which loose none of their vitamin and mineral potency through cooking.

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THE FOLLOWING tuna macaroni salad combines foods from the four major food groups in one dish. If planning a day of relaxation, cook the rest of the ingredients just before serving. When there are toddlers to keep

busy during lengthy summer days, assign them the culinary tasks of peeling eggs and flaking tuna. Add French bread and a parfait dessert for a light and cooling meal.

- Tuna Macaroni Salad**
- 2 cups cooked macaroni
 - 1 cup chopped celery
 - 1/2 cup diced carrots
 - 1/2 cup diced onion
 - 1 small green pepper, chopped
 - 6 slices American cheese or sharp cheddar cheese, cubed

1/2 thinly-sliced cucumber
1 can tuna fish, flaked
1/2 to 1 cup mayonnaise

Combine all ingredients and salt and pepper to taste. Serve well-chilled. Garnish with hard-boiled eggs and tomato wedges before serving. Serves four.

FRESH FRUITS picked up from a market or fruit stand in the early morning hours can add interest to Saturday lunches and brunches.

Summer Fruit Delight is a refreshing partner with a tray of cold meats or a cheese omelette.

You and your pet Running kennel requires space

If you're the proud owner of a purebred cat or dog, the idea of breeding your pet or perhaps even opening a kennel may have crossed your mind.

But beware! Running a successful kennel or cattery is quite different from keeping two or three household pets.

First, there is the matter of space. If you intend to raise dogs, you should have a run for each

ear or tails cropped to conform to the breed standard, leave the job to your veterinarian. These are minor surgical procedures, but they should be handled by a professional. Tails are usually docked on three-day-old puppies, when the bone is still soft. Ears can be cropped several weeks later.

A BREEDER has a responsibility to provide his customers with healthy puppies, so you will have to remember to worm your new charges as they get older. Keep records of the time of their worming and the types of vaccines administered by your veterinarian.

There is a distinct advantage in having a veterinarian arrange to administer regular care to all your kennel stock. Certain viral infections can run through an entire animal colony, and a veterinarian who is familiar with your animals will be able to control such a problem more efficiently.



By **RAYMOND A. MINOR, D.V.M.**

adult animal. Keeping the animals separated reduces the possibility of unwanted pregnancies and allows you to keep accurate breeding records.

Properly constructed runs and kennels will go a long way toward keeping your dogs healthy. A dry, sunlit run will provide few places where mites or fungus can grow to infest your dogs. And a sturdy house will eliminate drafts that can reduce your dogs' resistance to infection. Under these conditions, most breeds can be housed outdoors all year, providing they have an insulated refuge for rainy or extremely cold weather.

A kennel should have maternity quarters where a new litter can rest quietly with the mother, away from noise and other animals. Special care for mother and litter includes increased feeding, warmer temperature and services such as tail or ear cropping. If your pups must have their

Many of these suggestions also apply to the cat breeder. Although the cattery will probably be completely indoors, special attention should be given to keeping the area dry and well-ventilated. Cats kept in groups are especially prone to upper respiratory infections, so a cattery that is well-ventilated, but not drafty, is recommended.

Some breeders with large numbers of cats prefer solid partitions between individual animals, so that respiratory infections cannot be passed on by nose-to-nose contact.

ALTHOUGH CATS will bear several litters each year, limiting each female to two pregnancies annually is recommended. The female will have more time to recover, and the next crop of kittens will benefit from her improved condition.



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