All a coach can ask of an individual is to always give their best, and the one who pushes himself just a little bit more might relish a victory, rather than a defeat.

## Portfolio

The competition of sport. Whether it is a friendly football game in the street or a competitive swim meet, its lesson is basically the same. Besides teaching the difference between victory and defeat, it shows the individual how in the individual way to give one's best. And sport is, for man, a way of life.

Photographed by Gary Friedman

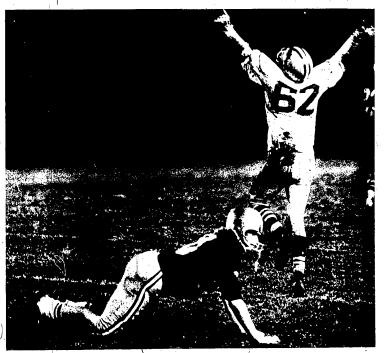


A big part of sporting events are the fans, the people who come out in bitter cold to watch the final football game, or sit crunched in the bleachers of a basketball game, or one who speads a few quiet moments wishing he were a compelitor, rather than a spectator.





Judy, and others like her, found out the consequences of competing in sporting events, as a girls' track team became a reality last spring at Southfield High.



It's a cold, late autumn night, and the score is close. A handoff, then a loose ball, results in a touchdown for one team, and a long night seems even longer for the other team.