

67 teams in W. Bloomfield meet

Jay runners impressive

By TOM BAER

Southfield High's cross country team has been weak for the past couple of years, but coach Chuck Balog has three good reasons to be excited about this season. The reasons are runners Scott Stone, Art Hundiak and Glenn Wingblad.

Stone, a junior, distinguished himself by finishing 16th in a field of more than 180 Class AA runners at the West Bloomfield Invitational cross country meet last Saturday at Marshbank Metropolitan Park. His time of 16:17 was remarkable since the Invitational was his first try at cross country.

"We have three really dedicated kids," Balog said. "They work very, very hard — just what you need from a kid."

"And Stone is the hardest working athlete I have encountered in 11 years of coaching."

Stone played football last fall, but soon "caught on to running" as a distance man on Balog's spring track team. After track season, Stone embarked on an ambitious summer running program, which included morning and evening workouts.

He also trained with Farmington High coach Gerald Young in a special program Young set up for his team. Summer may have ended, but not Stone's zeal for leg work.

"THE GUY JUST loves work," Balog said. "He runs 10 miles on the day before a meet. You just can't give him too much work, and we're going to pour everything on him. This year, he's going to be one of the state's top dozen runners."

Balog said he expects better things from Stone than his 16th-place finish last Saturday. It's just a matter of gaining some experience maneuvering in heavy traffic.

"He stepped up to the line and 180 guys took off at the gun," Balog said. "He got himself caught right in the middle and it took him a good mile to weed himself out of the pack. By then, the leaders were too far ahead."

Young's Farmington team compiled 187 points and finished seventh in the AA division. The Falcons' high team finish pleased Young.

"A lot of the teams which scored

Observer & Eccentric SPORTS

SEPTEMBER 12, 1974 (B—(S,F))

better than we did are out of our area," he said. "In comparison to the teams in our area, it looks like we should have a real good season."

Top Falcon runner was senior Al VanMeter, who took 14th place with a 16:16 effort. "He's a pretty good runner," Young said. "He ran the mile in 4:37 last spring in track. I think he was third in the Inter Lakes League in the mile."

Farmington's Stuart Gladfelter, a sophomore, finished 20th in 16:22.

**SOUTHFIELD-LATHRUP'S** best effort came from senior John Harding, who finished 25th in 16:29.

"This is just a warmup for us before getting into the season," said Lathrup coach Dale Petzold. "But we learned a lot about ourselves."

W. Bloomfield Meet

**Team Scores**

Class AA — Warren Cousino, 69 points; Grosse Pointe North, 89; Birmingham Groves, 134; Art Arber Huron, 138; Royal Oak Kimball, 163; Kalamazoo Loy Norris, 182; Farmington High, 187; St. Clair Shores Lakeview, 223; Hazel Park, 248; Livonia Stevenson, 260. Class A — St. Joseph, 61; Birmingham Brother Rice, 142; Howell, 147; Portage Northern, 149; Detroit Catholic Central, 167; West Bloomfield, 176; Jackson High, 201; Cierre Hill, 216; U of D High, 254; Northville, 360. Class B-C — Royal Oak Shrine, 41; Harper Woods Bishop Gallagher, 103; Jackson Lumen Christi, 196; Sturgis, 138; Linden, 148; Carlton Airport, 174; Uica Henry Ford, 182; Marine City, 200; Madison Heights Bishop Foley, 261; Holly, 272.

**Individual Results**

Class AA — Dan Sheets, Warren Cousino, 15-45.5; Jim Fouchia, Cousino; Ken Brown, Livonia Stevenson; Mark Olson, Royal Oak Kimball; Joe Menges, Birmingham Groves; John DeGrandis, East Detroit; Dave LaForce, Kalamazoo Loy Norris; Dave Lewis, Grosse Pointe North; Mark Wickard, Grosse Pointe North; Doug Bank, Birmingham Groves; Tony Badalamenti, St. Clair Shores Lakeview; Marty Downs, Birmingham Groves; Tom Loch, Cousino; Al VanMeter, Farmington High; Jon Strite, Ann Arbor Huron; Scott Stone, Southfield High; Bob DeClaire, Grosse Pointe North; Jim Fenton, Ann Arbor Huron; Mark Martin, Kimball; Stewart Gladfelter, Farmington High; Nick Hodgman, Loy Norris; Tim Brennan, Lakeview; Steve Alexander, Cousino; Mark Curtis, Grosse Pointe North; John Harding, Southfield-Lathrup.

Class A — Tom Calvert, Jackson High, 15:16; Dan Zempir, Howell, 15:17; Marty Kirk, St. Joseph, 16:11; Matt Henry, Portage Northern, 16:12; Richard Bennett, Jackson High, 16:13; St. Joseph, 16:14; Brian Graham, Bishop Borgess, 16:15; David Hubbell, Detroit Catholic Central, 16:16; Tim Cummins, Harper Woods Notre Dame, 16:17; Jim Watson, Portage Northern, 16:18; Gary Williams, Walled Lake Central, 16:19; Steve Banovic, Jackson High, 16:20; Jim Grabowski, West Bloomfield, 16:21; Joe Palazzola, St. Joseph, 16:22; Jim Baumgartner, U of D High, 16:23; Mark Giblin, Brother Rice, 16:24; Dennis Conley, West Bloomfield, 16:25; Bill Hillis, Waterford Mont, 16:26; Dave Willemis, St. Joseph, 16:27; Tom Soma, Detroit Catholic Central, 16:28; Rick Bowens, Lake Orion, 16:29; Henry Follman, St. Joseph, 16:30; Murray, Walled Lake Central, 16:31; Paul Manza, Brother Rice, 16:32; Dan Zematis, Howell, 16:33.



North Farmington's Carl Davis at West Bloomfield run



Southfield High has the makings of a fine cross country team

Clinic for girls' coaches set for Farmington Mercy

The National Women's Basketball Coaches Association will sponsor a clinic for coaches of girls' basketball teams Sept. 20-21 at Farmington Our Lady of Mercy High School.

"This is a concentrated effort of upgrade the coaching in women's sports," said Rose Swidzinski, coach of Mercy's girls' basketball team. Her squad will be the "demonstrator" team during the two-day clinic.

"There will be a conditioning program with drills and demonstrations," Ms. Swidzinski said. "We also plan to have a section on practice organization with a sample practice."

John Orr, head basketball coach at the University of Michigan, will be a guest speaker at the clinic. His topic will be offensive and defensive strategy.

Other speakers include:

- Cathy Rush, the girls' basketball coach at Immaculata in Immaculata, Pa. Her teams have

compiled a 74-4 won-loss record over the past three years.

- Maryalyce Jeremiah, the girls' basketball coach at Cedarville College in Cedarville, Ohio.
- Richie Spears, coach of Quebec's National Women's basketball team.

Last year, the clinic, which was held in Grand Rapids, drew more than 170 high school and college coaches. Area coaches are invited to register for this year's clinic. Additional information may be obtained by calling Ms. Swidzinski at 476-8020, Ext. 57.

Ernst wins softball championship

Ernst & Ernst has certified itself the finest softball team in the Southfield Industrial League.

Ernst & Ernst, managed by second baseman Tom Brown, compiled a 22-1 record last season including a three-game sweep of the city playoffs Aug. 26-28. Fireman's Fund handed Ernst its only loss in a pre-playoff tournament.

Loaded with sluggers, Ernst outscored its opponents, 35-10, in the final playoffs. Ernst clobbered Huron Cement, 22-4, in the playoff opener. Next came a 5-1 victory over Citizens' Mortgage, and then an 8-5 win over Huron Cement in the championship game.

Ernst collected 25 hits in the playoff opener. Shortstop Chuck Schmidt was the hitting star with two home runs, a double and a single in four trips.

Ernst pitcher Mike Zitzmann knows the meaning of being a workhorse. Zitzmann, a Southfield resident, compiled a 20-0 won-loss record, and was voted the team's most valuable player.

Sports coming up

- Football**
- Friday (Sept. 13) Birmingham Seaholm at Southfield-Lathrup, 19301 Twelve Mile Road, 4 p.m.
  - Friday (Sept. 13) Birmingham Groves at Southfield High, Ten Mile and Lahser roads, 8 p.m.
  - Saturday (Sept. 14) Midland High at North Farmington High, 32900 Thirteen Mile Road, 2 p.m.
  - Saturday (Sept. 14) Farmington High at Farmington Harrison, 29995 Twelve Mile Road, 2 p.m.
- Reserve Football**
- Thursday (Sept. 12) Southfield High at Southfield-Lathrup, 19301 Twelve Mile Road, 7 p.m.
- Cross Country**
- Thursday (Sept. 12) Southfield-Lathrup at Southfield High, Ten Mile and Lahser roads, 4 p.m.
  - Thursday (Sept. 12) Farmington High School at Walled Lake Central, 2978 S. Commerce Road, Walled Lake, 4 p.m.
  - Monday (Sept. 16) Birmingham Seaholm at Southfield High, Ten Mile and Lahser roads, 4:15 p.m.
  - Tuesday (Sept. 17) North Farmington, Farmington Harrison vs. Redford Union,

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