

Foods and cooking

Personality recipes: want to share yours?

By LAURENA PRINGLE

There isn't a cook book printed that doesn't include a recipe for "Sister Betty's Salad Dressing," for "Aunt Ann's Sugar Cookies" or "Cousin Jane's Chocolate Cake."

And you wonder what those women did when they weren't cooking up a storm or whether they actually were the author's sister or cousin or his aunt.

Personally, I like to identify with recipes and if I ever get around to sorting out files and down to the business of publishing, I think I will add a jigger of personality to the cooks whose kitchen accomplishments I have pilfered.

Take for example one I lifted from Orchard Lake's Lorraine Yoss, who in turn lifted it from a Thailand cook book: To serve four persons, clean half of a large fresh pineapple of meat and insert a loin of pork in shell. Salt and pepper. Use second half of pineapple shell (also freed of meat) as cover. Bake at 350 degrees for 1 1/2 hours.

Serve with apple sauce mixed with fresh pineapple meat, rice and a green vegetable.

Lorraine is a teacher of arts and crafts and a cook by necessity.

a thick syrup made of two cups of sugar (preferably brown) and one cup of vinegar boiled down to three-fourths cup. Several whole cloves and a stick of cinnamon should be boiled with syrup but removed before covering prunes.

When meat is tender, if any liquid remains, remove cover and allow it to evaporate and brown meat. Serve roast on platter covered with syrup with prunes as a border.

AND THEN there is "Bob's pancakes with beer and blueberries."

Bob is U.S. Sen. Robert Griffin (R-Mich.).

"All the Griffins love to cook," the senator's wife writes in a little cook book she compiled an election ago.

As a matter of fact Bob taught Marge to handle a skillet and baking dish, although her Danish ancestors helped along, when in the matter of ingenuity and improvisation she needed them.

I suppose, however, that the senator's "improvisation" of using beer in pancakes was entirely his own idea.

PANCAKES WITH BEER AND BLUEBERRIES

- 2 cups flour
- 1/2 cup sugar
- 3 teaspoons baking powder
- 1/2 cup milk
- 1 1/2 cups of milk diluted with beer
- 1 egg
- 2 tablespoons melted butter
- 1 pint fresh blueberries

Combine and pour in traditional pancake fashion on hot griddle. Add fresh blueberries before flipping, if fresh blueberries are in season.

Have you a favorite recipe or method of cooking something? Would you share it with us?

Would you like to find a recipe

for a certain dish because the baby smeared crayon over your old copy? How would like to swap recipes or menu ideas, variations on old recipes, improvements on new.

Write me in care of the Observer and Eccentric, 1225 Bowers, Birmingham, 48012, and let's see what's cooking around town.

If we don't have the recipe at hand, I bet I know where to get it.

How to submit Wedding news

Engagement announcements to appear in the Observer & Eccentric Newspapers must be submitted at least two months prior to the wedding date. Wedding announcements must be submitted within two months after the wedding.

A five by seven black-and-white glossy photograph is preferred. Other photographs will be accepted.

Announcement forms are available to be picked up at the Observer & Eccentric offices between 8:30 a.m. and 5 p.m. Monday through Friday.

Mail announcements to the Suburban Life Department, Observer & Eccentric Newspapers, 1225 Bowers, Birmingham, 48012.

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A SECOND example would be my "Dorothy" recipe

The Dorothy involved is far more famous for her journalistic accomplishments than her KP. She is Dorothy Jurney, now an assistant managing editor in Philadelphia but once a prominent person around the tri-county area.

I can give a first-person testimonial to the excellence of her pot roast with prunes, particularly when accompanied with Dorothy's light-as-a-feather popovers.

DOROTHY'S POT ROAST WITH PRUNES

Use a very heavy cooking pot. Select for roast a middle or fore of the rump, a round or shoulder. Wipe with a damp cloth. Heat kettle thoroughly and add meat.

Sear well on both sides, then raise from bottom on trivet or rack.

Add one cup water and one cup well-washed dried prunes. Cover tightly and cook slowly, below boiling point for three or four hours.

About 15 minutes before serving, remove prunes and cover with

Oakland 'Y' hosts mayor

Women's International Year 1975 is the general theme for the 15th annual meeting of the Oakland Branch YWCA being held Monday.

Mrs. Virginia Solberg, mayor of Madison Heights, will be the speaker at the noon luncheon. Her topic is "Women in Public Life Today."

"The Rusty Chords," a senior citizens musical group, will sing. Their director is Mrs. Opha Straub.

Following the 11 a.m. business meeting a pot luck luncheon will be served.

Members and friends may attend.

Babysitting will be provided.



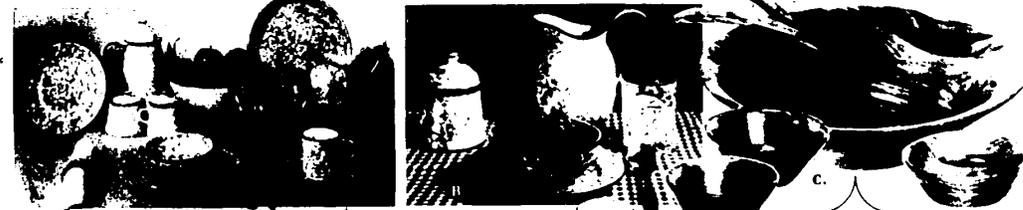
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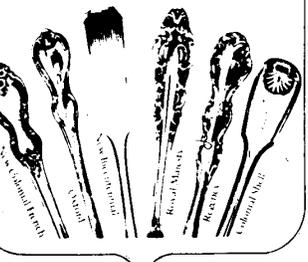
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