

Parents and teens talk in workshop at the 'Y'

The Farmington Area YMCA and Metropolitan Counseling Associates are jointly offering a communications workshop for parents and teens. These families are seeking greater mutual understanding, improvement of rapport, and growth in family relationships. The name of the course is "Parents and Children Talking" or FACT.

An open, introductory program for parents and their adolescent children (ages 13 to 18) will be offered on Tuesday, Jan. 21 from 7 to 9 p.m. in the First United Methodist Church of Farmington. This one night program is free to the public. The Church is lo-

calced at 2811 Grand River in Farmington just one block east of Farmington Road.

FRED M. LINDHOLM, community program director, stated that the National YMCA and the Farmington YMCA have as a goal "to improve family communications" and that this program was offered to help families do that.

The objectives of the workshop sessions will focus on the following:

1. The introduction to a practical communications model which can be used in daily living.
2. The opportunity to learn and practice important techniques that can en-

hance both the sending and receiving aspects of communications.

3. Learning the importance of communicating effectively at all levels: cognitive and affective, verbal and nonverbal.
4. Defining and sharing with others how participants view their family roles, and discovering the inherent interdependence necessary for growth as individuals and families, and exploring the growth potential that exists for them within their roles.

The opportunity to grow as individuals by examining values, needs, and strengths.

WHEN POSSIBLE, focus will be on

current family experiences to provide a tangible understanding of the communications model and skills.

Lindholm emphasized that the three professional counselors who could be conducting the course were Neil Austin, Lawrence Gage and James Gural of Metropolitan Counseling Associates.

Both Austin and Gage have masters degrees in counseling and Gural has advanced ED-D degree in counseling.

Lindholm stated that he was confident that these men could help families achieve the objectives of the course.

Community Calendar

SUN CATCHERS
Monday, Jan. 20: Three-session workshop on the art of making sun catchers from stained glass conducted by Beverly Hillman in the Farmington Community Center begins at 7:30 p.m. Reservations are requested.

through the center.

WESLEY COLLEGE REGISTRATIONS
Monday, Jan. 20: Registrations are being taken at John Wesley College for programs aimed to attain degrees for adults. Contact Nancy Bates, 477-2890 or 477-4351.

AWARDS DINNER
Tuesday, Jan. 21: Annual Business Meeting and Awards Dinner of the Farmington Chamber of Commerce begins with cocktails at 6:30 p.m. in Farmington's Holiday Inn. Contact the chamber of commerce office for tickets.

SKI BUS
Saturday, Jan. 25: Ski bus will leave the Farmington Community Center for Mount Brighton every Saturday when skiing conditions are favorable. Details are available by calling the center, 477-8404.

personals

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NEEDLETHREADERS EXHIBIT
Monday, Jan. 20: Needlework designs of illustrations from children's literature created by the Needlethreaders, continues in the Farmington Community Library, 32737 W. Twelve Mile Road. On display through Jan. 30.

PRAYER BREAKFAST
Wednesday, Jan. 22: Prayer Breakfast, sponsored by the Farmington Area Jaycees, in Botsford Inn, begins at 7:30 a.m.

CHAMBER CONCERT
Sunday, Jan. 26: American Artists Series Chamber Concert in the Cranbrook Academy of Art, followed by a champagne reception. 3 p.m. Tickets are available by calling Carole Malisz, 477-5699.

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PILLOW TALK
Wednesday, Jan. 22: One-session workshop on the art of making three types of decorator pillows taught by Peggy Freeman, 1-3 p.m. in the Farmington Community Center. Reservations are being taken now at the center.

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MOTHERS MARCH
Wednesday, Jan. 22: Mothers March for the March of Dimes, door to door canvass, begins in Farmington and Farmington Hills and continues through Jan. 28.

OAKWAY SYMPHONY
Sunday, Jan. 26: Oakway Symphony Concert in Seaholm High School, 14 Mile and Evergreen roads in Birmingham, 4 p.m.

LUNCHEON
Wednesday, Jan. 22: Luncheon, sponsored by the Women of North Farmington, in Southfield's Holiday Inn begins with cocktails at 11 a.m. Reservations will be taken by Louise Delsy, 476-9384.

FROSTED FANTASIES
Wednesday, Jan. 29: Two-session workshop on the art of making frosted fantasies from pressed dried materials and Japanese rice paper conducted by Van Askounes in the Farmington Community Center. Registrations are being accepted now in the center.

WOMEN'S BREAKFAST
Thursday, Jan. 23: Women's Association Breakfast, in the First Presbyterian Church of Farmington, 26165 Farmington Road, with an address by Christian lay-workers in eastern Kentucky, 9:30 a.m. Reservations will be taken by calling the church office, 476-6170. Babysitting service available.

DRIED FLOWER ARRANGEMENTS
Thursday, Jan. 30: Four session workshop on the art of making dried flower arrangements by Van Askounes in the Farmington Community Center at 9:30 a.m. or 12 noon. Registrations are being accepted now in the center.

DESSERT CARD PARTY
Thursday, Jan. 23: Dessert Card Party, sponsored by the Our Lady of Sorrows Altar Society at 8:15 p.m. in the church social hall, 22615 Power Road. Ticket chairman is Betty Baessler, 474-2861.

NOSTALGIA CONCERT
Thursday, Jan. 30: Nostalgia Concert, sponsored by the Farmington Community Arts Council in Harrison High School auditorium, 8 p.m. Transportation for all senior citizens by bus and shuttle car and special vans for handicapped can be arranged through Ed Dobson at the Metropolitan Bank, 474-1000. Open to the public. No charge.

BRIDGE CONVENTIONS
Friday, Jan. 24: Bridge Conventions Workshop, conducted by Betty Schwehr, designed for players who need a brush up on conventions and systems, 10 a.m.-3 p.m. in the Farmington Community Center. Reservations are being taken in the center.

QUILLING
Thursday, Jan. 30: Quilling workshop, taught by Mary Whiteford, in the Farmington Community Center, 9:30 a.m. Reservations are being taken now in the center.

COFFEE CONCERT
Friday, Jan. 24: Tickets are sold out for the Coffee Concert scheduled for this date. The series continues on Feb. 21 with music by the Detroit Symphony Orchestra, a continental breakfast and fashion show. Reservations are being taken now for the February concert at the Farmington Community Center.

AUCTION BLOCK 75
Saturday, Feb. 1: Auction Block 75 sponsored by the Genwood-Hakfield chapter of OIT (Organization for Rehabilitation Through Training) in Adat Shalom Synagogue, Farmington, begins at 8 p.m. Tickets at the door through Judy Weinstein, 541-5456.

THE SNOW QUEEN AND THE GOBLIN
Saturday, Jan. 25: "The Snow Queen and the Goblin" performed by the Hagen-Mulfin Players at 1 p.m. and 3 p.m. in the Farmington Community Center. Admission will be asked at the door.

SINGLE'S SATURDAY
Saturday, Feb. 1: Single's Saturday Series leads off with an evening of wine tasting led by Torkild Nielsen in the Farmington Community Center, 8 p.m. Designed for single adults. Advance tickets on sale now at the center.

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BOTTLE & BASKETS SPECIALS

WED., THURS., FRI. NITE 4-8:30 P.M.

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Rabbi will lecture on thanatophobia

Rabbi Sherwin Wine will give the third of a series of lectures on "The New Psychotherapies" on Friday, Jan. 24 services, 8:30 p.m. The name of the lecture is "Death Resistance: Fighting Thanatophobia."

Thanatophobia, the fear of death, is the subject of a new book by Ernest Becker, "The Denial of Death." The author's thought is that unless one confronts the fear and copes with it, one cannot create a meaningful life style.

An informal discussion of the talk will follow the service.

The services will take place in Birmingham Temple, 2811 West Twelve Mile, Farmington.

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