



# Falcon long jumpers in top form at Lahser

By TOM BAER

The Bloomfield Hills Lahser Relay didn't show up on Farmington High's pre-season track schedule. But Farmington coach Gerald Young decided to enter the meet, and the three members of his long jump relay are glad he did.

Farmington tied for seventh place, scoring 13 points, 17 fewer than first-place Dearborn Edsel Ford. The Falcons' long jumpers provided a first place with a 38-3/4 combined effort. The relay consists of Bert Herwig (19-2/4), Vance Outler (20-3/4) and Scott Sawyer (20-4/4).

"All three of these kids hit their season bests," said Young, who also got a second place from the shot put relay (Jim Moore, Dave Ross and Kevin Hansen) at 141-4/4.

Farmington's four mile relay of Al Van Meter, Mike Gallagher, Arno Siet and Stuart Glatfelter finished third. Their time of 18:21.4 broke a school record by 11 seconds.

Southfield-Lathrup scored in four events and finished sixth with 11 team points.

Lathrup's best effort was a second place in the distance medley relay. The team (Howard Lake, Bill Dunn, Steve Foely and John Harding) finished in 10:32.2. The Chargers' shuttle hurdle relay took third in a school-record 39.2. That team consists of Andy Theodore, Jim Yee, Bob Goldschmidt and Rich Shepard.

WATERFORD MOTT defeated Lathrup, 67-38, last Monday in a nonleague dual meet. Mott won eight of the 15 events.

"Mott is respectable, and I don't think we came to run," said Lathrup coach Gerald Minewasser. "We weren't ready to run. They went right by us."

Lathrup, which fell to 5-2 overall, got a first from Mitch Joseph in the shot put (51-2/4) and from Jim Yee in the long jump (18-1/4).

Southfield High fell to 0-4 this season after its 58-55 loss at Ferndale in a Southeastern Michigan Association meet last Monday.

"We have some not-too-brilliant sophomores who think that everything in the world stops when it's raining outside," said Southfield coach Chuck Belog. "We had three of them not show up, and they all normally score points in our meets."

One Blue Jay who did show up was Steve Trowbridge, who's having an outstanding season. Trowbridge entered four events, winning the 130 high hurdles (1:15.0) and the 100 low

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hurdles (1:30.4), and finishing second in the 220 and the long jump.

The 220 dash was an exciting race. Trowbridge, running his first 220 this season, clocked a :32.5—two-tenths of a second slower than Ferndale speedster Tommy Stator.

Southfield's Brian Phillip won the shot put with a 51-4 toss, and teammate Mike Bryan won the two mile run in 18:44.9. Blue Jay Gary Miles

took the 440 run in :55.0.

Farmington High will host a Class A track regional on Saturday (May 17) beginning at 10 a.m. A separate regional for girls' teams will be held at the same time at Farmington.

Pontiac Central leads a field of 17 boys' teams. Other boys' teams include Lathrup, Southfield High, Farmington Harrison and North Farmington.



Lathrup's Jim Yee won the long jump against Waterford Mott

### Business as usual

Rainy days and Mondays. That's a combination cheerless enough to keep just about anyone down. May 12 happened to be both a Monday and quite rainy. A steady, day-long drizzle washed out most of the outdoor

sports like tennis and golf. The dedicated golfer, however, won't let a few raindrops spoil an afternoon stolen from the office. Pete Owens continues his game at Southfield's Plum Hollow despite the elements.

### Southfield team has new coach

## Lacrosse catching on

By TOM BAER

Box lacrosse may be Canada's national sport, but the rugged game has become popular with American youths since it was introduced in the Metropolitan Detroit area a few years ago.

Lacrosse, a sport with its origins in the battle training of North American Indians hundreds of years ago, has developed into some fine summer recreation for players from Southfield and elsewhere.

It's a fast-paced contact sport which requires top mental and physical discipline.

Southfield was an original member of the Michigan Junior Lacrosse Association when the league was formed three years ago. This summer, the MJLA begins play in early June with Southfield still a member. Other teams include Detroit, Garden City, Dearborn and Berkley.

"It's a game you can get caught up in when you watch it," said Gary

Law, Southfield's first-year coach. He replaces Dave Molitz, a Southfield athlete who coached the team for two years.

"The people can get together and see running, hitting and goal scoring—and in a good game of lacrosse, lots of goals are scored," said Law, who played for Southfield and the semi-pro Windsor Warriors. "There's also the competitive aspect and the fighting."

BOX LACROSSE is very similar to hockey, with the exception that it is not played on ice. A team consists of five players—a center, two wingers, two defensemen and a goalie—and the objective is to score goals by running and passing.

A lacrosse ball is made of solid rubber and is about the same size as a tennis ball. The ball can reach speeds of 100 miles per hour when hurled from the leather pocket of a lacrosse stick. Players wear helmets and shoulder pads.

Law's team will try the "Canadian style" of lacrosse this year. "We're looking for better ball control and fewer fights," he said. "In the past, whenever a man was open, they'd try to pass the ball to him, no matter where he was on the floor."

"In the Canadian style, it's all short passes. I compare it to a close-knit game of basketball. The only time you throw a long pass is when a man really is in the open. You create breakaways with that short passing."

Law, a 1972 graduate of Southfield-Lathrup High School, is one of the many players who never played the game until it began here three years ago.

I was a hockey goalie around here," he said. "Dave Molitz, the former coach, asked me if I'd like to try goal-tending in lacrosse. I didn't know how to spell it, much less play it."

But Law learned fast. He was named the goalie for the All-MJLA second team. Then was drafted by a Wallaceburg, Ont. junior team, finally ending up with the Windsor Warriors last year.

SOUTHFIELD WILL play its home games in the new Beechwood Arena on Beech Road south of Nine Mile. Some teams have been having problems finding places to play, according to Law.

"A lot of rinks now want to leave the ice in all summer. Some of them like to have spring hockey. Other rinks have hockey clinics in August. If they have both, that would give us only a month and a half for lacrosse."

Southfield plans a 20-game schedule, but that depends on the number of teams in the league. "They're still not sure when they're going to start league play, but it should be about the first week in June," Law said.

The league was originated for 15- to 21-year old boys. Law said there are still some openings on the Southfield team. Interested boys may contact Law at 558-2327. There is no residency requirement.



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### Sports coming up

**Baseball**  
Friday (May 16) Garden City East at North Farmington, 2200 Thirteen Mile Road, 4 p.m.

Friday (May 16) Southfield High at Ferndale High, 681 Pinecrest, 4:15 p.m.

Friday (May 16) Southfield-Lathrup at Ulica Eisenhower, 5300 Twenty-Five Mile Road, 4 p.m.

Friday (May 16) Farmington High at Pontiac Northern, 1008 Arlene, 4 p.m.

Friday (May 16) Southfield Christian at Lathrup North, 5294 Romeo Plank Road, Macomb Township, 4 p.m.

**Track**  
Friday (May 16) Southfield Christian in Class D track regional, Marietta High School, 1 p.m.

Saturday (May 17) Farmington High, North Farmington, Farmington Harrison, Southfield High and Southfield-Lathrup in Class A track regional, Farmington High, 2200 Shawansee Road, 10 a.m.

**Tennis**  
Thursday (May 15) Southfield-Lathrup at Ulica Eisenhower, 5300 Twenty-Five Mile Road, 4 p.m.

Friday and Saturday (May 16-17) Southfield High and Southfield-Lathrup in Class A tennis regional, Southfield High (singles), Ten Mile and Lahser roads, and Southfield Civic Center (doubles), 2600 Evergreen Road, 1 p.m.

**Girls' Softball**  
Thursday (May 15) Waterford Mott at Farmington Harrison, 2000 Twelve Mile Road, 4 p.m.

Thursday (May 15) Southfield High at Livonia Stevenson, 2300 Six Mile Road, 4 p.m.

Thursday (May 15) Birmingham Seaholm, 2420 W. Lincoln, 4:15 p.m.

Friday (May 16) Ulica Eisenhower at Southfield-Lathrup, 13001 Twelve Mile Road, 4 p.m.

