

Volunteers

This column describing needs in Oakland County is co-sponsored by the Junior League of Birmingham and the Oakland County Volunteer Bureau. Inquiries regarding volunteer needs listed here should be made to the Oakland County Volunteer Bureau at 642-7272. Re-

quests for volunteer listings should also be made through the volunteer bureau.

OAKHILL NURSING HOME, Farmington, needs volunteers to shop for elderly patients once a week and to provide transportation for recreational activities. Hours are flexible. Volunteers are also needed to do errands such as check cashing and letter writing for a group of younger handicapped patients.

PROJECT: HEADLINE, Detroit, provides various community health services. Volunteers are needed to man the 24-hour crisis intervention telephone. Workers are given 25 hours of intensive training during weekend sessions held every four to six weeks. Vol-

unteers provide referral service and counseling to callers and are expected to work four hours per week.

COMMON GROUND, Birmingham, is a crisis intervention center serving the tri-county area providing help with legal, personal and medical problems. It involves people in education and service projects in order to help themselves and others while building a sense of community. The Acute Care Medical Clinic needs physicians, nurses and lab technicians.

Common Ground also wants to involve those with an interest and skill in writing, speaking and fund raising. Volunteers are needed to work as part of the staff for the Friday evening coffee house. Peo-

ple are needed to teach various free classes.

Volunteers are also needed to work on Birmingham's Art in the Park to be held the weekend of Sept. 19-21. The Cinema Guild needs people to plan and run movies during July and August. Counseling and Patient Advocate training will take place in the fall. Common Ground is open from 9 a.m. to 5 p.m. and 7 to 11 p.m.

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Cancer unit forms information service

The Michigan Cancer Foundation, South Oakland Unit, has formed a Public Information Committee to notify the public of cancer control services within the community. Information about cancer detection, treatment and service education programs are made available to the public through the media.

The Michigan Cancer Foundation, the United Foundation's only cancer control agency, provides free services to cancer patients in Oakland, Wayne, Macomb and Monroe counties including professional counseling, nursing care,

homemaker services, transportation, rehabilitation, sickroom equipment and medical supplies. Volunteers may call the Michigan Cancer Foundation, South Oakland Unit, at 1739 Coolidge, Berkeley.

The new committee is chaired by Susan Rosenfeld of Huntington Woods with assistance from Patricia Baer of Farmington Hills and Avis Robinson of Southfield. The committee will handle publicity for the pap clinics, the breast cancer detection clinic, the Christmas greeting card program and other events in the South Oakland Unit.

Cancer unit pays tribute

The South Oakland Unit office of the Michigan Cancer Foundation (MCF) honored Gladys Heiter at a luncheon recently in recognition of her more than 15 years of service to the MCF and cancer patients throughout Oakland County.

Mary Mulligan, MCF director of volunteer and field services, presented Mrs. Heiter with a gold charm and wall plaque, thanking her for "selflessly donating her time and energies to easing the cancer burden for so many."

Heiter has served as a volunteer in the unit office, organized the transportation network in South Oakland County, provided rides for cancer patients to treatment centers and she also served as Volunteer Activities Chairperson from 1969 through June 1975.

David Nesbitt, Michigan Cancer Foundation Field representative for Oakland and Wayne counties, also paid tribute to Mrs. Heiter, citing her for "outstanding commitment to cancer control."

Other MCF volunteers and staff attending the presentation included Mary Read, South Oakland Unit Coordinator; Alice Nowicki, of Southfield, unit office chairman; Kay Vison of Bloomfield Hills, incoming volunteer activities chairman, and Mrs. Elizabeth Folsom of Royal Oak, former unit coordinator.

The Michigan Cancer Foundation is a Torch Drive - United Way agency.

Diabetics offered free classes

A summer series of diabetes classes, offered by the Oakland County Health Department, will begin for children and their parents on Wednesday, July 30, from 9:30-11:30 a.m.

The free classes, held weekly for five weeks, will be offered in the South Oakland Health Center, 2725 Greenfield, Southfield.

Registration may be accomplished by calling the health department's education office.

The classes are taught by public health nurses and a nutritionist. Topics include the nature of the disease, dietary management and medications, and suggestions for coping with everyday problems.

Those attending must have diabetes or have a family member who has the disease and is under the care of a doctor. A written statement from a doctor is required and can be presented at the first class.

The class is limited to 20 persons.



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