



Chana Shemtov (left), and Shana Poller (far right), watch Gertrude Rocklin knead the

dough used to make challah, a traditional Jewish bread made during holidays

## MMMM

### Kosher cooking is tasty test

The first time she tried to make challah, the traditional bread made during holidays, she became convinced after 45 minutes that the yeast wouldn't rise and throw it out.

A few hours later, Chaya Sara Silberburg had a garbage can full of yeast in her kitchen.

She punched down the dough twice, but had to empty the garbage when it started to rise a third time.

"My husband laughed," she remembers. Mrs. Silberburg teaches kosher gourmet cooking at the Labor Zionist Institute, Farmington, so others can have access to cooking tips she didn't have when she was a novice.

"I saw a need for it," she explains. She teaches the basics that her students have either forgotten or haven't learned.

"There is a big resurgence of interest in kosher cooking in the Jewish community," she says. "There aren't any kosher cooking classes around."

"My mother is a kosher cook. I didn't cook before I was married. My mother wouldn't let me," she says.

"I'm not an expert, but I'm a pretty good cook," she says.

Mrs. Silberburg plans to teach her class to make kosher lasagna and non-dairy cream.

Her Wednesday morning class at the institute began when Rabbi Silberburg, of the Congregation Bnei Chabad, West Bloomfield, mentioned to his Hebrew class that his wife was teaching high school students kosher cooking.

"We all cared to come," Mrs. Judy Zola, one of his students, says. "Apparently, there's a desire to do the things grand-mother did."

Mrs. Silberburg brought a challah she had baked at home to show to her first class. The women made the dough, but didn't bake the bread in class because it would take too long.

Brightly colored strands of yarn were used to demonstrate the traditional method of braiding the bread.

Challah contains yeast and sugar. The first time I made it, it weighed a ton," Mrs. Silberburg says. She didn't

know that she should have waited for the yeast and sugar to interact.

The bread was edible, but she threw most of it out.

After the dough had risen, she demonstrated the braiding technique to the class. The dough should be slightly sticky, she instructed the group of women gathered around her table.

The finished bread will have a hollow sound when it's tapped. The bottom of the bread should be checked to determine if it has browned.

"Baking bread is a lost art," a Farmington resident says.

WHEN YOU create something and it comes out great—it's an accomplishment," she says.

Shana Poller, 9, and Chana Shemtov, 9, liked braiding the dough.

It's like playing," Chana says.

I told the high school girls to think about things they don't like when they're braiding the dough," Mrs. Silberburg laughs.

"Algebra history," she grinned as she went through the motions of braiding an imaginary piece of dough.

"I thought it was great," Joanne Zaroff of Farmington Hills says.

She especially wanted to learn how to braid the bread.

Her 13-year-old son came with her to class and played with the can in the kitchen.

He's going to be a great baker when he finishes this," she said, smiling at her son.

The only cost involved in taking the course is \$5 charged on days when materials are used in class.

The next class is scheduled to meet at the institute Wednesday, March 3, at 10:30 a.m.



Chaya Sara Silberburg, of West Bloomfield, saw a need for a kosher cooking class in the area. She teaches the class at the Labor Zionist Institute, Farmington, even though she doesn't consider herself an expert. "I'm not an expert, but I'm a pretty good cook," she says. (Staff photo by Harry Mauthe)

### A morale booster

## Try the YWCA self-start clinic

By MARGARET MILLER

Cheri Tokoph, who just a year ago received "a real morale boost" from the Southwest branch YWCA's self-start clinic, is coming back to the clinic this year to help pass the encouragement on to others.

She is a good person to talk to the women who sign up for the three-part clinic that begins Monday, March 1.

When a friend signed her up and offered transportation for the series that has become an important part of the branch program, there was at a down point in her life.

She had worked before her four young children were born, but had been at home with them in recent years. As a further depressive, she was sure her marriage was in trouble.

AT THE CLINIC she heard speakers who reinforced her idea that it was time she tried to return to the kind of work she

had done—selling jewelry at home parties. She also realized that the very fact that she had a firm plan put her well ahead of a lot of other women there.

"Some of those I talked to had grown children and really didn't know what they wanted to do," she told.

When the clinic was over, Cheri followed up on a few leads and put in a few applications, using the how-to knowledge and confidence she felt she had gained.

Eventually she followed up on her first plan and went back to work for Tara K. closure.

IT WAS A GOOD move, she is sure now, because she has gone on to management as well as giving demonstrations. Although she feels she and her children now are "doing very well."

And to prove it, she's bringing her manager from Tara K. closure to one of the sessions of Self-Start of 1976. Cheri and

Jerry Maynard will lead a session dealing with raising the self image.

THIS YEAR'S program will be held in the Northwest YWCA, 2500 Grand River, Bedford Township, on March 1, 4 and 15, running from 9:30 a.m. to 2:30 p.m. each of the three Mondays.

The registration fee is \$15 and the clinic is open to any woman 17 or older. A nursery will be available for a nominal fee.

The idea of the first day's sessions, which will include the visit by Maynard and Ma Tokoph, is to help women used to thinking of themselves as a wife or a mother consider themselves instead as individuals.

The keynote speaker will be Nevah Martin, management consultant.

THE SECOND DAY of the clinic will center on employment opportunities.

The morning program will cover specific fields, including business and non-retail jobs, civil service, real estate, retail sales,

secretarial and clerical work and other fields.

Representatives from each of the field will be present to give brief summaries of requirements and answer questions.

The afternoon will cover employment opportunities and try to answer the "where to start" question. Representatives of private, public and temporary employment agencies as well as people who do vocational counseling, will be present.

On the final day, the program will focus on education and training.

There will be representatives from Detroit College of Business, Oakland Community College and Wayne State University, as well as an employment counselor from Henry Ford Hospital speaking on health careers.

The afternoon session will be a program on value clarification, an introduction to the more involved human potential program. Value clarification helps an individual sort out his feelings and attitudes to try to reach better self-understanding.

### Activity center drive launched

March has been designated fund campaign month for the Farmington Community Center.

This year's goal is set at \$25,000. Projected improvements include exterior painting, rastrovrough replacement, electrical work, sewerage improvement and kitchen modernization.

Day to day operations are covered largely by fees from this year's 43 classes and workshops, room rentals, and board sponsored fund raising projects.

The center must rely on donations because funds from governmental agencies are unavailable.

Use of the center has grown each year since its opening in 1960. The ethnic festival, antique and art shows, bus tours and other special events draw thousands of people.

During 1975, overhead parking lights and new water lines were installed.

This summer will see the addition of a new series of special activities to benefit school age youth. They are described as "fun while learning" classes.

### Robert Peirsons mark 25th year

Mr. and Mrs. Robert Peirson, 3020 Fiddlers Green, Farmington, will celebrate their 25th wedding anniversary March 3. The couple were wed in 1951 in Grange Pointe.

They have three children, Nancy Newman, Paul L. Peirson and Mark R. Peirson.



### Fun funds

Mapping out a plan of action for raising funds for the Farmington Community Center are (from left) Annie Laurie Stultz and Phyllis

Welch. Mrs. Stultz is co-chairman of the 1976 fund drive. Mrs. Welch is co-chairman of the ways and means committee for the center.

## String lovers concert planned

Enthusiasts of string instruments will have an opportunity to hear their favorite music on March 3 in the auditorium of the Farmington Community Library, on West Twelve Mile in Farmington Hills.

The Farmington Musicals is sponsoring the show which will begin after a meeting at 12:30 p.m. Guests are welcome. Baby-sitting is available for pre-schoolers.

Reservations should be made with Mrs. Charles Osterdale, 3905 Springwood, Farmington Hills.

Andrew Henderson, harpist, will be the featured performer. He is the principal harpist and the assistant conductor of the Oakway Symphony. He is also the musical director of the Dearborn Civic Theater and teaches harp at Madonna and Ladywood.

He will perform a movement from a Handel concerto for harp, originally written for a Welsh harp. Other selections will be a prelude by Tenebris, a 16th century composition.

"Song of the Night" by Salzedo, will demonstrate many of the sound effects of the harp.

Salzedo was Tenebris's harpist and the developer of many modern techniques on the harp.

Members of the backup string quartet are Kay Prior, first violin, Marjorie Mowat, second violin, Nancy Koshi, viola, and Jean Marshall, violoncello.

Ms. Prior is an instrumental teacher in the Farmington schools. She has been with the system for nine years.

Ms. Koshi teaches music in five schools in Bloomfield Hills.

Ms. Marshall is a first grade teacher at Alameda in Farmington. She formerly was a music teacher in Detroit. She is a member of the Oakway Symphony.

Ms. Mowat is an instrumental teacher in the Farmington schools. She is a former member of the Farmington Community and the Farmington Community Orchestra.

## Lion All Stars come to NFHS for benefit

"The Detroit Lion All Stars vs. the PTO" is the next fundraiser scheduled by the Parents and Teachers Organization for North Farmington High School.

A basketball game featuring the club with a team made up of PTO members will take place at 7:30 p.m. Tuesday, March 5, in the school's gym.

Some of the Lions who will be appearing

on the court are Bob Kowalski, a Farmington resident, Ray Jarvis, Ann Leary, Ed Manning, Herb Davis, Charlie Sanders and Charlie Weaver.

The PTO sees its task to help the high school in a variety of ways. Last year the group brought in cameras and movie projectors for use by all school departments.

Tickets, at \$2.50 each, are available through the school office.