

Farmington

LIFE

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(D19)



Chana Shemlov (left) and Shana Potter (far right) watch Gertrude Rocklin knead dough used to make challah, a traditional Jewish bread made during holidays.

A morale booster

Try the YWCA self-start clinic

By MARGARET MILLER

Cheri Tokoph, who just a year ago received a real morale boost from the Northwest branch YWCA's self-start clinic is coming back to the clinic this year to help pass the encouragement on to others. She'll stop by to talk with those who stop up for the third part clinic that begins Monday, March 1.

When a friend signed her up and offered transportation for the series that has become an important part of the branch program, Tokoph was at a down point in her life.

She had worked before her four young children were born, but had been at home with them in recent years. As a further depression, she was sure her marriage was in trouble.

At THE CLINIC she heard speakers who reinforced her idea that it was time she tried to return to the kind of work she

had done—selling jewelry at home parties.

She also realized that the very fact that she had a firm plan put her well ahead of a lot of other women there.

"Some of those I talked to had grown children and really didn't know what they wanted to do," she said.

When the clinic was over, Tokoph followed up on a few leads and put in a few applications, using the how-to knowledge and confidence she felt she had gained.

Eventually she followed up on her first plan and went back to work for Tiaa Ex-Change.

IT WAS A GOOD move, she's sure now, because she has gone on to management as well as giving demonstrations. Although she and her husband now are separated, she says the new children now are "doing very well."

And to prove it, she's bringing her manager from Tiaa Exchange to one of the sessions of Self-Start of 1976. Tokoph and

Jerry Maynard will lead a session dealing with raising the self-image.

THIS YEAR'S program will be held in the Northwest YWCA, 2500 Grand River, Bedford Township on March 1, 8 and 15 from 10 a.m. to 3 p.m. and 3 to 5 p.m. each of the three Mondays.

The registration fee is \$15 and the clinic is open to any woman 17 or older. A non-refundable fee of \$10 is required to register. Ms. Tokoph is to help women learn to think of themselves as a wife or a mother consider themselves instead as individuals.

The keynote speaker will be Sarah Martin, management consultant.

THE SECOND DAY of the clinic will center on employment opportunities.

The morning program will cover specific fields, including business and commercial jobs, civil service, real estate, retail sales,

secretarial and clerical work and other fields.

Representatives from each of the field will be present to give brief summaries of requirements and answer questions.

The afternoon will cover employment opportunities and try to answer "How to Start" questions. Representatives of private, public and temporary employment agencies as well as people who do vocational counseling, will be present.

On the final day, the program will focus on financial training.

There will be representatives from Detroit College of Business, Oakland Community College and Wayne State University, as well as an employment counselor from Henry Ford Hospital speaking on health careers.

The afternoon session will be a program on value classification as introduction to the more involved human potential program. Value classification helps an individual sort out his feelings and attitudes to try to reach better self-understanding.

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Kosher cooking is tasty test

The first time she tried to make challah, the traditional bread made during holidays, the 18-year-old converted every 10 minutes that the yeast wouldn't rise and throw it out.

A few hours later, Chaya Sara Silberburg had a garage full of yeast in her kitchen.

She punched down the dough twice, but had to empty the garage when it started to rise a third time.

"My husband laughed," she remembers.

Mrs. Silberburg teaches kosher gourmet cooking at the Labor Zionist Institute.

Participants in others can have access to cooking tips she didn't have when she was a novice.

"I saw a need for it," she explains. She teaches the basics that her students have either forgotten or haven't learned.

"There is a big resurgence of interest in Jewish cooking," she says. "It's a great opportunity," she says. "There aren't any kosher cooking classes around."

Her mother is a kosher cook. I didn't cook before I was married. My mother wouldn't let me," she says.

"I'm not an expert, but I'm a pretty good cook," she says.

Mrs. Silberburg plans to teach her class to make kosher lasagna and non-dairy ice cream.

YESTERDAY morning class at the institute began when Rabbi Silberburg, of the Congregation B'nai Chabad, West Bloomfield, mentioned to his Hebrew class that his wife was teaching high school students kosher cooking.

"She's called to come," Mrs. Judy Zola one of his students says. "Apparently there's a desire to do the things grandmother did."

Mrs. Silberburg brought a challah she had baked at home to show to her first class. The students were to mix the dough, but didn't bake the bread in class because it would take too long.

Brightly colored strands of yarn were used to demonstrate the traditional method of braiding the bread.

"Challah contains yeast and sugar."

"The first time I made it, it weighed a ton," Mrs. Silberburg says. She didn't

know that she should have waited for the yeast and sugar to interact.

"I left the dough

"I left the dough," Mrs. Silberburg laughs.

"Algebra factors," she grimaced as she went through the motions of braiding an imaginary piece of dough.

"I thought it was great," Joanne Zaroff of Farmington Hills says.

She especially wanted to learn how to braid the bread.

Her 10-year-old son came with her to class and played with the cart in the kitchen.

"He's going to be a great baker when he finishes that," she said smiling at her son.

The only cost involved in taking the course is \$1 charged on days when materials are used in class.

The next class is scheduled to meet in the institute Wednesdays, March 3, at 10:30 a.m.



Chaya Sara Silberburg, of West Bloomfield, saw a need for a kosher cooking class in the area. She teaches the class at the Labor Zionist Institute, Farmington, even though she doesn't consider herself an expert. I'm not an expert, but I'm a pretty good cook, she says. (Staff photo by Harry Mauthe)

String lovers concert planned

Enthusiasts of string instruments will have an opportunity to hear their favorite music on March 3 in the auditorium of the Farmington Community Library, on West Twelve Mile in Farmington Hills.

The concert, which will begin about 7:30 p.m., is free. Guests are welcome. Baby sitting is available for preschoolers.

Reservations should be made with Mrs. Charles Oberholzer, 3609 Springfield, Farmington Hills.

John Henderick, harpist, will be the featured performer. He is the principal harpist and the assistant conductor of the Oakway Symphony. He is also the musical director of the Daughters Civic Theater and teacher at the Michigan and Indianapolis.

He will perform a program from a planned concert for harp originally written for a Welsh harpist. Other selections will be a prelude by Tchaikovsky, a 20th century composer.

"Song of the Night," by Salonen, will demonstrate many of the sound effects of the harp.

Salonen was Toccatina's harpist and the developer of many modern techniques on the harp.

Members of the backup string quartet are Kay Prier, first violin; Marlene Mervat, second violin; Nancy Kaudt, viola; and Jean Marshall, cello.

Mr. Prier is an instrumental teacher in the Farmington schools. She has been with the system for nine years.

Ms. Kaudt taught music in five schools in Bloomfield Hills.

Ms. Marshall is a first grade teacher at Almonte in Farmington. She formerly was a music teacher in Syosset, N.Y., who is a member of the Oakway Symphony.

Ms. Mervat is an instrumental teacher in the Farmington schools. She is a former member of the Farmington Community and the Farmington Community Orchestra.

Lion All Stars come to NFHS for benefit

"The Detroit Lions All Stars vs. the PTO" is the next fundraiser scheduled by the Parents and Teachers Organization for North Farmington High School.

A benefit concert will be held at the auditorium with a program of 10 PTO members who will take place at 7:30 p.m. Tuesday, March 8, in the school's gym.

Some of the Lions who will be appearing



Fun funds

Mapping out a plan of action for raising funds for the Farmington Community Center are (from left) Annie Laurie Stultz and Phyllis

Welch. Mrs. Stultz is co-chairman of the 1976 fund drive. Mrs. Welch is co-chairman of the ways and means committee for the center.

Robert Peirson's mark 25th year

Mr. and Mrs. Robert Peirson, 3020 Piedmont Green, Farmington, will celebrate their 25th wedding anniversary March 3. The couple were wed in 1951 in Grosse Pointe.

They have three children, Nancy Peirson, Paul L. Peirson and Mark R. Peirson.