Letting dad in delivery room makes birth a family affair

University of Michigan Hospital has announced a policy change which will allow husbands and fathers to participate in nearly all birth procedures at its Women's Hospital unit—including operations for Cesarean sections.

The U-M hospital is the first in Michigan and believed to be the second (the other institution is Boston City Hospital, Boston, Mass.) in the nation to routinely open its operating-delivery rooms to fathers—making Cesarean sections a family event as well as an operation.

According to Dr. George H. Nolan, U-M associate professor of obstetrics and gynecology, the policy was changed at the request of parents who missed the closeness of natural birth at which the husband, in recent years, has almost always been present.

"The mothers very much wanted their husband by their side while facing this procedure (Cesarean section)," Dr. Nolan said. This was particularly true for women who had come to expect their husband's presence during natural childbirth classes and was medically feasible with the use of a regional (spinal) anesthetic.

U-M physicians have found that the husband could be present in the operating room if complications made a natural, vaginal delivery impossible, the obstetrician said. The new U-M policy

> **'None fainted, and, to a man, they strongly supported the concept and said that they would want to be present if their mates were to have more children.'**
> **—Dr. George H. Nolan**

represents a reverse attitude shift for most medical staff members who became convinced of its value when fathers were allowed to witness Cesarean sections on a test basis.

A STUDY under way since last November at the U-M has shown that of 66 Cesarean births with the husband present, there has been no adverse effect on mother, child or father.

"None fainted," Dr. Nolan said of the husbands, "and, to a man, they strongly supported the concept and said that they would want to be present if their mates were to have more children."

U-M physicians also found that, if both the parents are present in the operating room, they gained a greater appreciation for the efforts of the doctors and other members of the health care team than if the husband is left to sweat it out alone in the waiting room.

"They believed their wives got good care, but seeing it first hand makes a world of difference," Dr. Nolan said.

Little is changed in the Cesarean procedure when the husband is present, except that one nurse is assigned to look after him and explain procedures. The rest of the operating room team—two obstetricians, two pediatricians, two anesthetists, and three nurses—concentrate solely on the mother and child.

THE FATHER sits close to his wife's head and both are screened off from the operating field while the incision is made. The screen is lowered later and both have the opportunity to see the child come forth in a manner similar to natural birth. Dr. Nolan explained.

Within an hour, suturing is complete and the mother is in the delivery suite recovery room, holdin her child with her husband still at her side.

The use of Cesarean births in the U.S. has doubled in recent years because, with modern antibiotics, anesthetics, blood banking and improved surgical techniques, it is preferable to a difficult natural delivery, Dr. Nolan said.

College: These are the times that try parents' souls

Parents who are packing a young person off to college for the first time this fall can expect some radical, and perhaps trying, changes in family relationships, and in the behaviors and attitudes of the fledgling scholar.

Gary North, coordinator of residence hall programs at Michigan State University, and Cecil Williams, who heads MSU's Counseling Center, concurred on this forecast of what's in store for prospective college students and their families.

"Most entering freshmen are between the ages of 17 and 19, and are in the developmental stage where they begin seriously trying to resolve questions of identity, autonomy, and career goals," Dr. North said.

"Considerable adjustment is going to take place," he continued, "as a result of making the transition from the predictable home environment to the college setting, where students are on their own for the first time and responsible for both day-to-day and lifegoal decisions."

"Students will want their parents to stop treating them as children," Dr. Williams pointed out, "and some stress is to be expected in the working out of a new, adult-to-adult relationship between parent and child."

Part of the young person's process of developing a new, adult identity, according to Dr. Wiliams, will be a period of "testing" the parents to see if they recognize the young person as an adult and accept her or his independence from them.

"Students will examine and often challenge the parent's attitudes on such issues as religion and politics," Dr. Williams noted, "and may become very verbal in expressing their own, newly-formed opinions."

New students frequently reevaluate their religious beliefs, according to Dr. Williams, and may temporarily reject the traditional family religion in an effort to establish distinct convictions of their own.

Young people also may become more open about their sexual attitudes, and parents should keep in mind that sex roles have changed considerably in recent years Dr. Williams continued, and not be shocked by such new elements in male-female relationships as coed residence halls and women "asking out" men.

Anything parents do that looks like an attempt to keep the young person in a child's role—such as placing restrictions on hours or activities—is likely to lead to conflict, Dr. Williams said.

"If parents allow students to explore a variety of ideas and world views, and give them the opportunity to make choices independently and without offering a lot of opposition," Williams advised, "they will help create a good, trusting basis for a strong adult relationship with the young person."

Williams suggested that parents be cautious about withdrawing too far from the young person's life, however.

"The important things are to be honest, open, and supportive of the student," he said. "The parents don't have to change their own values, but just be willing to listen to the ideas the student brings home."

It's also a good idea to establish with the student what he or she can expect in terms of financial support, and to take a careful look at how the cost of college will affect the family budget.

"If the college education bills are going to strain family resources," Dr. Williams said, "parents should consider whom they are spending the money for—themselves or their children—and try not to make the young person feel guilty and pressured to perform well.

"Let the student know exactly how much money is available for the school year," he suggested "so she or he can budget the money and know where the bottom line is."

Be prepared, also, for a "leveling off" period in the student's academic performance, Dr. North advised, because it's not unusual for a straight-A high school student to become a straight-B college student.

"Students and families often have exaggerated expectations about grades," Dr. North noted. "The level of competition is much higher in college than in high school, and the level of competency among the student's peers increases appreciably."

Moral perspectives

Final death message

By REV. DAVID T. STRONG Fellowship United Methodist Church

The trouble with clergy is that they keep reading the Bible and then get disturbed all over again about what they see in the world about them.

I've said this before and I thought I had said it well enough, but then I made the mistake of reading the Bible again.

Lord, they're still thinking about putting that doomsday machine in this fair state of Michigan. Over 2,000 square miles of it, or even a hole two miles deep, whatever it is, it is wrong.

They called it "Project Sanguine" and then they brought the same thing back again with a more "American" name, this time "Project Seafarer."

But it's still the old weapon, a doomsday machine to launch the final weapons of an unthinkable war of all out destruction. It is just a great answer to send the final death message, a machine capable of only this one-way message to the submarines deep in the ocean. It could only launch the final attack of man against man.

I hear our governor object to this weapon because of environmental damage and possible health hazards. But who will object out of sheet moral horror? Who will speak out to say that we must seek right relations with our neighbor, yes, and even our enemy?

My problem is that I read the Bible and I find the prophet Isaiah says: the people will "hear and hear, but not understand; see and see, but not perceived. . . until the cities lie waste without inhabitants, and houses without men, and the land is utterly desolate."

My problem is that I read the Bible and I am disturbed by the moral unrighteousness of my country's plan to build it and I cannot help but speak out against it.

The weapon system called "Project Seafarer" must be refused. Or is it just my problem, that I read the Bible too often?

Fr. Benjamin packing for heavenly city

A member of the faculty at St. John's Provincial Seminary in Plymouth has been appointed director of the Institute for Continuing Theological Education of the North American College in Rome.

The Rev. Harry S. Benjamin of the Archdiocese of Detroit, who has been teaching in the scripture department and serving in the spiritual formation program at the seminary, returns to Rome after having been on the St. John's faculty for one year.

A native of Detroit and a 1968 graduate of St. John's, Fr. Benjamin was a graduate student in Rome for five years before joining the St. John's faculty. He lived at the North American College and studied at the Gregorian University and the Pontifical Biblical Institute.

The son of Mr. and Mrs. Harry S. Benjamin Jr., of St. Hugo of the Hills parish in Bloomfield Hills, Fr. Benjamin succeeds the Rev. Dennis Sheehan as director of the institute and will be the third director since the program was initiated in 1970.

The institute, which was begun while Bishop James A. Hickey from the Saginaw diocese was rector of the North American College, utilizes an international faculty of priests drawn from various theological schools in Rome and occasional visiting professors. It is aimed at "up-dating" the theological training of priests from throughout the U.S.

U-M's course offerings for fall: Women in just about everything

The University of Michigan-Dearborn will offer several courses in women's studies when the fall term begins Sept. 7. Fall registration is set for Sept. 1 and 2. Two other courses will be offered in Birmingham.

"Women, Politics and the Law," "Changing Sex Roles" and "Women in 19th Century Literature" are three courses which will examine a broad range of women's roles. Each will offer a different aspect of the female role in today's society. All three courses carry three hours of undergraduate credit.

"Women, Politics and the Law," taught by Helen Graves, assistant professor of political science, will examine the political behavior of women in politics. Topics will include the Equal Rights Amendment, abortion, rape, divorce, name change, credit, employment discrimination and protective legislation. The course will meet 6:30-9:10 p.m. Wednesday evenings on the Dearborn campus.

"Changing Sex Roles," taught by Marilynn Rosenthal, assistant professor of sociology, will explore the sociological forces which make today's society question traditional sex roles and look at alternatives. The course which will meet 1:30-2:30 p.m. Monday, Wednesday and Friday at U of M-Dearborn, will also look at the experiences of women in other cultures.

"Women in 19th Century Literature," taught by Christopher Dahl, instructor in English, will explore the role of women in the 19th century to see what historical light can be shed on women's roles in the 20th century. Using 19th century female poets and authors, Prof. Dahl will also explore the theory of a tradition of women's literature. The class is scheduled to meet 10:30 a.m.-noon, Tuesdays and Thursdays on the Dearborn campus.

Two more courses will be offered through the U of M Extension Service at the Birmingham Center for Continuing Education, located on Purdy Street in Birmingham.

"Women in Professions" and "Women and the Law" will be offered as part of U of M-Dearborn's Professional Development in Engineering program and both carry two hours of credit. Registration for these courses will be held Aug. 31 and Sept. 1 at the Extension Service office on the U of M-D campus.

"Women in Professions" is a course designed for both men and women. It will focus on establishing an awareness of the skills and potential of today's professional woman. Emphasis will be placed on group interaction and the importance of relating to subordinates, peers and supervisor. The class will meet at 7:30 p.m. Tuesday evenings.

"Women and the Law" will provide a historical overview of women from 1776 to 1920, in addition to examining legislation enacted to protect women's equal rights. The legal aspects of marriage, divorce, welfare, credit discrimination and rape will also be covered. The class will meet at 7:30 p.m. Mondays beginning in October.

For further information about the above courses or fall registration, call U of M-Dearborn, 271-2300, ext. 311.

Your Invitation to Worship

For Church Directory Information Please Call 644-1100 Ext. 224

Bethlehem Lutheran Church
35300 Eight Mile Road
Farmington Hills
EINO M. TUORI, PASTOR
474-2579
Worship & Sunday School 10:30 A.M.

EMMANUEL LUTHERAN CHURCH
23425 Lahser Road (just N. of 9 Mile)
Phone: 357-1848
The Service 9:30 AM
The Rev. L. Alden Erlandson

Farmington Hills Baptist
On Middlebelt Road Between 12 & 13 Mile Rds.
Worship 11:00 a.m. and 6:00 p.m.
Bible School 9:45 a.m.
Family Night—Wed. 7:30 p.m.
Rev. Fred G. Ferris—Pastor 851-0310
Rev. Gerald Weitz, Assistant Pastor
A CONSERVATIVE BAPTIST CHURCH

Prince of Peace Lutheran Church
Missouri Synod
12 Mile & Farmington Roads
Behind Crowley's
Sunday Worship-8:00 A.M. & 10:15 A.M.
Sunday School-9:15 A.M.
Church Phone: 553-3380

CLARENCEVILLE UNITED METHODIST
20300 Middlebelt, Livonia
Pastor Gerald Fisher 474-3444
9 a.m. First Worship Service
10:15 a.m. The Church School
11:15 a.m. Second Service of Worship
6:30 p.m. Youth Meetings
7 p.m. Sunday Evening Service
7:30 p.m. Wed.-The Shadrack Service
Nursery Provided at All Services

FIRST BAPTIST CHURCH OF FARMINGTON
Richard Duncan, Pastor - Phone 474-0350
33400 SHIAWASSEE
GRAND RIVER
FARMINGTON ROAD
SUNDAY SCHOOL . . . . . 9:45 a.m.
MORNING WORSHIP . . . . . 11:00 a.m.
EVENING SERVICE . . . . . 6:00 p.m.
WEDNESDAY BIBLE STUDY . . . 7:00 p.m.

Beverly Hills United Methodist Church
29000 W. 13 Mile at Evergreen 646-9777
Worship 10:00 a.m.
Church School 10:00 a.m.
(Nursery through High School)
Minister: William Vanett

COVENANT BAPTIST
West Bloomfield Ministry
New Address:
5800 W. Maple Rd.
W. Bloomfield Mich. 48033
(313) 855-9191
SUNDAY SERVICES
Church School 9:45 A.M.
Worship Service 11:00 A.M.

St. John American Lutheran Church
23225 Gill Road Farmington
Pastor Charles Fox 474-0584 or 474-4499
Worship Service 9:30 A.M.
Nursery Provided

Salem United Church of Christ
(Located at 66 Rose Farmington)
Sunday School at 9:00 a.m.
Worship Service at 10:15 A.M.
Parsonage GR 4-9487
Church Office GR 4-6880
Carl H. Schultz, Minister

Kirk in the Hills
PRESBYTERIAN
1340 W. Long Lake Rd.
MINISTERS
James F. Anderson
Robert L. Lindsey
Ross H. Geerlof
Guest Minister
AUG. 28—THE REV. ROSS H. GEERLOF
Director of Christian Education Kirk in the Hills

The Congregational Church of Birmingham, U.C.C.
Woodward at Cranbrook
Bloomfield Hills
MI 6-4511
Minister:
Rev. Charles O. Erickson
Minister of Education:
Rev. Verne E. Arens, Jr.

St. Andrew Lutheran Church LCA
Worship Service
9 a.m. and 11 a.m.
Sunday School
9:30 A.M.
Nursery Provided
5 P.M. Saturday Vespers

FIRST APOSTOLIC LUTHERAN CHURCH
26225 Halsted Road Farmington
474-5789
Rev. Raymond H. Tolkes, Pastor
Phone 474-6554
Summer Schedule:
Sunday Service 10:00 A.M.
and 7:00 P.M.
All Are Welcome

ST. PAUL UNITED METHODIST CHURCH
165 E. Square Lake Road
Bloomfield Hills
Worship 10 & 11:30 A.M. Church
338-8233
Minister: Dr. Roger Ireson
SUMMER SCHEDULE
Worship Service 11 A.M.

NORTHBROOK PRESBYTERIAN CHURCH
14 Mile and Lahser Roads
Summer Schedule
Morning Worship & Church School at 10:00
Pastors: L. J. Peterson, E. W. Dunn
R. W. Brightman
Phone: 642-0200

The Orchard United Methodist Church
30450 Farmington Road
(Between 13 and 14 Mile)
Morning Worship
9:30 and 11 a.m.
Church School & Nursery
626-6820
Ministers: Robert L.S. Brown
James F. Thomas

We Preach Christ Crucified
ST. PAUL'S LUTHERAN CHURCH & SCHOOL
474-0575 MIDDLEBELT & EIGHT MILE
School everyday K-8 even-on now
Sunday School & Bible Classes 9:45 A.M.
Worship 8:30 & 11:00 A.M.
At the Place of the Cross
Pastor Robert Hoeft

ST. JAMES EPISCOPAL CHURCH
355 W. Maple
Birmingham
SUMMER SCHEDULE
Sunday Services
8 a.m. and 10 a.m.
WEDNESDAYS
7:00 and 10:00 A.M.
Holy Communion

First Baptist Church
Bates and Willits, Birmingham, Mich.
Robert G. Middlebrook, Minister
David W. Swink
Glenn H. Asquith, Jr.
Homer J. Armstrong, Emeritus
9:45 Church School
11:00 Worship Service

BEAUTIFUL SAVIOR LUTHERAN CHURCH
A.L.C.
5631 North Adams Road
½ Mile North of E. Long Lake Rd.
SUNDAY
9:00 A.M. Family Worship Service
Communion 1st Sunday
9:30 A.M. Sunday School
MONDAY
8:00 P.M. Weeknight Worship
Communion 3rd Monday
Fred W. MacLean, Pastor
Duane F. Schafer, Pastor
MI 6-5041 MI 6-5124

Bloomfield Hills Christian Church
The Community House
380 South Bates, Birmingham
Sunday: 10:10 A.M. Bible School
11:00 A.M. Worship
6:00 P.M. Praise Service
Wednesday: 7:15 P.M. Bible Study
Joseph P. Lukowski, Pastor
851-8516

FRANKLIN COMMUNITY CHURCH
United Methodist
on Franklin's Village Green
SUMMER SCHEDULE
Service of Worship 10 A.M.
Nursery Care
Senior Minister, Frank B. Cowick
Associate Minister, J. Chester Stubbs

Christian Science Churches

FIRST CHURCH OF CHRIST, SCIENTIST BIRMINGHAM
191 Chester at Willits
SUNDAY SERVICES . . . . . 10:30 A.M.
SUNDAY SCHOOL . . . . . 10:30 A.M.
WEDNESDAY TESTIMONY MEETING . . . . . 8:00 P.M.
CHILD CARE ROOM Sunday 10:15 A.M. — Wed. . . 7:45 P.M.
READING ROOM - 355 East Maple 642-7935
Open Mon. & Tues., 9:30-5:30 & 7-9
Wed. & Sat. 9:30-5:30, Thurs. & Fri. 9:30-9:00
except Sunday and holidays

FIRST CHURCH OF CHRIST, SCIENTIST FRANKLIN-MEADOWLAKE
Maple at Inkster
SUNDAY SERVICES . . . . . 10:30 A.M.
SUNDAY SCHOOL . . . . . 10:30 A.M.
WEDNESDAY TESTIMONY MEETING . . . . . 8:15 P.M.
CHILD CARE ROOM Sunday 10:15 A.M. — Wed. . . 8:00 P.M.
READING ROOM - in Pine Lake Mall — 851-7740
Orchard Lake Rd. at Lone Pine Rd.
Open Mon., Tues., Wed., Sat. 10:00-5:30; Thurs. & Fri. 10:00-9:00
All are welcome at our Church Services and the Reading Rooms

FIRST BAPTIST CHURCH of DETROIT
Founded 1827
21200 Southfield Road at 8 Mile
Southfield, Michigan 569-2972
Paul Aiello, Jr. — *Minister*
Church School 11:15 a.m.
Worship Celebration 10:00 a.m.

HOLY CROSS
Greek Orthodox Church
25225 Middlebelt Rd., Farmington Hills. 477-1677
Rev. S.J. Anthony, Th.B., Priest
8:30 A.M. Orthros
10:30 A.M. Divine Liturgy
English Sermon
Visitors Always Welcome

First United Methodist Church
1589 West Maple at Pleasant
Ministers: James W. Wright, G. Bryn Evans
John H. Bunce, Thomas H. Beaven
Church Services 8:30 and 10:00 A.M.
Church School 10 A.M.
Nursery Care Provided