

# Getting it together

# Psychology is different now

I'm happy to tell you, if you don't know already, that modern psychology is becoming more positive and humanistic. Older, negative views of human beings are being replaced by a focus on our strengths and higher capacities.

LOVE WAS SEEN by the old cynicism as merely an expression of lust and a reversion to our infantile insecurities. Psychologists didn't see love as being a need or motivation but actually a conglomeration of needs which were painted with romantic illusions.

The psychology of the first half of this century pictured man as just barely risen from his animal origins. He was viewed as covering behind a line of personal defenses, never recovering from the traumas of being born and being a helpless, totally dependent infant.

Today, psychologists like Erich Fromm have helped us to see that love is more than redecorated passion. It is being seen as an important need throughout our lives, not just as children or as starstruck teenagers. It's looked at now as a state of mind and feelings which uplifts us, not just a false sense of safety or escape.

Even our highest efforts were explained away as being motivated by base, infantile sexual fantasies which are hidden deeply in the closets of our mind. Our lives were supposedly determined not by our conscious intentions, but by patterns and purposes that we have pushed out of our awareness. We were seen as fragile, impressionable children, easily traumatized by the imperfections of life and long to recover from emotional bruises.

Rather than looking at love as a sign of our basic insecurity and neuroses, modern psychology now sees it as an achievement of our highest potentials.

But fortunately, psychology has grown away from such pessimism. Today, only the leftovers remain of the old negativism. And even these are finally softening in the warmth of hopefulness.

Human beings are now being seen through their strengths rather than their weaknesses. We are beginning to believe that we were breakable victims of life's crises. But now we know that we are much more resilient than that.

In fact, we're beginning to see crises and trials in their proper perspective. We humans are capable of great acts of bravery, brilliant creativity, and vast devotion to higher, self-sacrificing pursuits. And we find this out only when we are really tested.

So challenges and crises are now looked at as blessings when they help us to discover our real capacities and enable us to tap our actual resources.

NO LONGER do we see ourselves as trapped by the patterns of our past. The modern view of human personalities is much more flexible. The old view told us that our adult personality is stuck in the concrete of our childhood experiences. It argues that we are the grown-up victims of what was written on the blank slate of our infancy.

How we love, who we love, how we handle anger, our sex life, our job life, our role as parents: all are supposedly cast firm in the behavior patterns of our early childhood. We are essentially formed at the age of six, they told us. And only years of exhausting relearning in the hands of a professional could possibly undo the damage.

But the good news is that this old attitude of powerlessness is fading. We have learned that human beings don't stop growing at an early age. We are reforming and redefining our basic personality until our last day of life. Sometimes this occurs in spurts of growth caused by life crises. Sometimes it is just a process of gradually getting smarter about our stupid thinking.

Misconceptions can be replaced by more realistic ideas when we are exposed to the facts. As human beings we are outstanding for our vast ability to apply our intelligence to our existence. Our ability to learn complex truths and to figure out difficult problems sets us far above the other creatures of our world. And this is no less true when we apply it to the problems of our personal lives.

PEOPLE GROW when they change their attitudes. And that doesn't require a detailed reliving of their childhood. The key to personal growth is not in asking how did I get to be like this? The proper questions are: "Why am I still doing these things?" and "How do I get control of my problem behaviors so I can turn them around?"

When we ask these questions, we learn about the power of such current factors as our self-concept, our values, and our beliefs. We learn, too, how we have the capacity to change these determiners of our behavior and to "unstuck" ourselves from our old ways.

Bob Trezn is a psychologist and marriage counselor in Rochester. Questions for Dr. Trezn may be sent to P.O. Box 64, Rochester 48663.



## Merger agreement

Senior Rabbi Israel I. Halpern (right), spiritual leader of Congregation Beth Abraham Hillel of West Bloomfield, welcomed Rabbi A. Irving Schnipper of Congregation Beth Moses of Detroit to the rabbinical staff of the newly merged congregations, now known as Congregation Beth Abraham Hillel Moses. The rabbis will serve the merged congregation, located on West Maple between Inkster and Sheldon Bldg. Jack Schon is president of the new congregation and Sheldon Fishman is chairman of the board. The new congregation and Sheldon Fishman, Nelson Dembs and Ben Kinzer, Max Blum is treasurer, Herman Strassburger financial secretary and Bernard Kaufman recording secretary.

## Moral perspectives

# Who accepts responsibility?

One person's misfortune can never be the occasion for another's rejoicing because the line separating right and wrong, between unacceptable and acceptable behavior, is so narrow.

Bert Lance's resignation is the proper course of action under the circumstances but it also exemplifies how easily we can misunderstand and abuse the community nature of life. I say that because I have watched an elderly woman struggle valiantly with her finances to avoid doing the very kind of thing that finally debased Bert Lance.

Caring for her invalid daughter, who requires extensive nursing care, and living on a very limited social security income, this woman agonizes daily

over the maintenance of an adequate balance in her checking account to meet their financial obligations.

Medical coverage for her daughter refunds 80 per cent of her nursing care, but the time between payment and reimbursement is always more than she can easily cover. So she worries a lot and juggles her small and rapidly diminishing savings account to make sure there will be no overdraft.

I suggest that it isn't a major issue and she should stop worrying about it—that she should use her remaining time on earth in some more satisfying way. But she always insists, because it is a matter of trust and responsibility to do what one has promised to do.

She's right of course, and therein lies the difference between one who feels no compunction to overdraft the bank account, and the one who avails it at extreme lengths.

For Mrs. X, it is a fundamental promise of community that the commitment made to community be honored at whatever cost it might require to the one who has made it. For the one who feels no hesitation to overdraft, it is the reverse—it is the community that must provide the commitment and obligation.

Obviously, we all use others—be it a community, a group, or even a bank—to meet our needs. But the question does include sequence. If there is no

commitment or responsibility and faithfulness to that entity, how can there be any resource from which the assistance would come?

Our relationship to the community is a complex one but ultimately can be broken down to bare essentials.

Mrs. X's rationale for not allowing overdrafts is disarmingly simple—if everyday did it, the bank would have to close. So she continues to meet her obligations to the community in every way possible—at whatever the cost.

And that is why she is a part of that community of trust and responsibility we would all like to be in. Others may "run" the community, but she and her kind make it great.

# Your Invitation to Worship

<p><b>Farmington Hills Baptist</b> On Middlebelt Road Between 12 &amp; 13 Mile. Worship 11:00 a.m. and 6:00 p.m. Bible School 9:45 a.m. Family Night—Wed., 7:30 p.m. Rev. Fred G. Ferris—Pastor • 851-0310 Rev. Gerald Weiss, Assistant Pastor A CONSERVATIVE BAPTIST CHURCH</p>	<p><b>The Orchard United Methodist Church</b> 38450 Farmington Road Upham and 12 Mile Morning Worship 9:30 and 11 a.m. Church School &amp; Nursery 626-6870 Ministers: Robert L.S. Brown James P. Thomas</p>	<p><b>Bloomfield Hills Christian Church</b> The Community House 380 South Bldg., Bloomfield Hills Sunday, 10:10 A.M. Bible School 11:00 A.M. Worship 6:00 P.M. Praise Service Wednesday 7:15 P.M. Bible Study 851-8516</p>	<p><b>ST. JAMES EPISCOPAL CHURCH</b> 355 W. Maple Bloomfield Hills SUNDAY SERVICES 9:30 A.M. Holy Communion 10:30 A.M. Holy Communion 11:15 A.M. Holy Communion 11:30 A.M. Holy Communion 12:30 P.M. Holy Communion 1:30 P.M. Holy Communion 10:00 A.M. and 1:30 A.M. Holy Communion</p>	<p><b>FRANKLIN COMMUNITY CHURCH</b> United Methodist on Franklin's Village Green Worship services at 9:15 and 11:15 a.m. Nursery care for both services Sunday School at 11:15 a.m. 7:30 A.M. Children's Church Adult Education at 10:15 a.m. Family Hour at 10:15 a.m. Senior Minister: Frank B. Cowick Associate Minister: J. Chester Stubbs</p>	<p><b>The Congregational Church of Birmingham, U.S.C.</b> Woodward at Cranbrook Bloomfield Hills MI 48411 Worship and Church School 9:30 and 11:00 a.m. Ministers: Rev. Charles O. Erickson Minister of Education: Rev. Allen V. Walker</p>	<p><b>NORTHBROOK PRESBYTERIAN CHURCH</b> 14 Mile and Lehigh Roads Morning Worship 9:30 and 11:00 a.m. Phone: 422-0200</p>	<p><b>FIRST APOSTOLIC LUTHERAN CHURCH</b> 12500 West Maple Phone: 252-5551 Sunday School 10:00 a.m. Bible Study 7:00 p.m. Baptism by Immersion and by Sprinkling All are Welcome</p>
<p><b>Prince of Peace Lutheran Church</b> Missouri Synod 12 Mile &amp; Farmington Roads Behind Crowley's Sunday Worship 8:30 and 10:45 A.M. Sunday School and Bible Class 9:45 A.M. Church Phone: 553-3380</p>	<p><b>EMMANUEL LUTHERAN CHURCH</b> 21425 Lehigh Road (Just N. of 9 Mile) 930 A.M. Church School 10:45 A.M. The Service Rev. L. Allen Edmondson</p>	<p><b>St. John American Lutheran Church</b> 22225 Gill Road Farmington Hills Phone: 474-0282 or 474-2252 Worship Services at 8:30 and 11:00 Sunday School 9:45 a.m. Nursery Provided</p>	<p><b>Salem United Church of Christ</b> 22225 Gill Road Farmington Hills Phone: 474-0282 or 474-2252 Worship Services at 8:30 and 11:00 Sunday School 9:45 a.m. Nursery Provided</p>	<p><b>First Baptist Church</b> Bases and Wills, Birmingham Mich Robert G. Anderson, Minister David W. Smith Glen H. Asquith, Jr. Homer J. Armstrong, Emeritus</p>	<p><b>St. Andrew Lutheran Church</b> LCA 6725 Telegraph Road Birmingham North of Maple Worship Service Sunday Church School 10:30 A.M. Thursday Church School 5:30 P.M. Charles William Richter 646-5202</p>	<p><b>CHRISTIAN SCIENCE CHURCHES</b> FIRST CHURCH OF CHRIST, SCIENTIST BIRMINGHAM 191 Chester of Willis SUNDAY SERVICES ..... 10:30 A.M. SUNDAY SCHOOL ..... 10:30 A.M. WEDNESDAY TESTIMONY MEETING ..... 8:00 P.M. CHILD CARE ROOM Sunday 10:15 A.M. — Wed. — 7:45 P.M.</p>	<p><b>CHRISTIAN SCIENCE CHURCHES</b> FRANKLIN-MEADOWLAND Maple at Inkster SUNDAY SERVICES ..... 10:30 A.M. SUNDAY SCHOOL ..... 10:30 A.M. WEDNESDAY TESTIMONY MEETING ..... 8:15 P.M. CHILD CARE ROOM Sunday 10:15 A.M. — Wed. — 8:00 P.M. READING ROOM 355 East Maple 644-7335 Open Mon &amp; Tues. 9:30-5:30 &amp; 7-9 Wed &amp; Sat 9:30-5:30 Thurs &amp; Fri 9:30-9:00 except Sunday and holidays</p>
<p><b>CLARENCEVILLE UNITED METHODIST</b> 20000 Middlebelt, Livonia Pastor: Gerald Fisher 474-3444 9 a.m. First Worship Service 10:15 a.m. The Church School 11:35 a.m. Second Service of Worship 7:30 p.m. Wed. 7th Midweek Service Nursery Provided at all Services</p>	<p><b>Worship Services and Church School</b> Sundays at 9:30 and 11:30 A.M.</p>	<p><b>Bethlehem Lutheran Church</b> 35300 Eight Mile Road Farmington Hills ENZO M. JUDON, PASTOR 474-2939 Worship &amp; Sunday School 10:30 A.M.</p>	<p><b>COVENANT BAPTIST Church</b> 2500 West Maple Rd. W. Bloomfield Hills, 48433 (313) 855-9191 SUNDAY SERVICES Church School 9:45 A.M. Worship Service 11:00 A.M.</p>	<p><b>ST. PAUL UNITED METHODIST CHURCH</b> 165 E. Square Lake Road Bloomfield Hills (313) 855-9191 Ministers: Dr. Roger Ineson Church School 9:45 A.M. Worship Service 11:00 A.M. Pastors Class 10 A.M.—New Testament</p>	<p><b>BEAUTIFUL SAVIOR LUTHERAN CHURCH</b> A.L.C. 5631 North Adams Road 1 1/2 Mile West of Long Lake Rd. Sun. 8:15-Matins Communion 1st Sunday 9:30 A.M. SUNDAY SCHOOL 10:00 A.M. DIVINE LITURGY COMMUNION 1st SUNDAY 10 A.M.—New Testament Fied W. Maclean, Pastor Duane F. Snider, Pastor MI 65041 MI 65124</p>	<p><b>CHRISTIAN SCIENCE CHURCHES</b> FIRST CHURCH OF CHRIST, SCIENTIST FRANKLIN-MEADOWLAND Maple at Inkster SUNDAY SERVICES ..... 10:30 A.M. SUNDAY SCHOOL ..... 10:30 A.M. WEDNESDAY TESTIMONY MEETING ..... 8:15 P.M. CHILD CARE ROOM Sunday 10:15 A.M. — Wed. — 8:00 P.M. READING ROOM 355 East Maple 644-7335 Open Mon., Tues., Wed., Sat. 10:00-5:30; Thurs. &amp; Fri. 10:00-9:00</p>	<p><b>CHRISTIAN SCIENCE CHURCHES</b> FRANKLIN-MEADOWLAND Maple at Inkster SUNDAY SERVICES ..... 10:30 A.M. SUNDAY SCHOOL ..... 10:30 A.M. WEDNESDAY TESTIMONY MEETING ..... 8:15 P.M. CHILD CARE ROOM Sunday 10:15 A.M. — Wed. — 8:00 P.M. READING ROOM 355 East Maple 644-7335 Open Mon., Tues., Wed., Sat. 10:00-5:30; Thurs. &amp; Fri. 10:00-9:00</p>
<p><b>FIRST BAPTIST CHURCH OF DETROIT</b> Music 1127 21200 Southfield Road at 6 Mile Southfield, Michigan 569-2972 Paul Aiello, Jr., Minister Sunday Church School 9:30 A.M. Sunday Worship 11:00 A.M. Sunday School 9:30 A.M. Wednesday Men's Prayer and Bible Study</p>	<p><b>WARD UNITED PRESBYTERIAN CHURCH OF LIVONIA</b> Farmington Road &amp; Six Mile Road 422-1150 Worship &amp; Sunday School 9:30 &amp; 11:00 a.m. "Life's Greatest Game" Dr. Bartlett L. Hess 7:30 p.m. Jack and Linda Henderson (Missionaries serving under Wycliffe Bible Translators) Wednesday School of Christian Education Family Dinner 6 p.m. Classes &amp; Choir 7 p.m. Nursery provided at all services 9:30 Sunday Service Broadcast WARU-FM 103.5 Activities for all ages</p>	<p><b>NORTH CONGREGATIONAL CHURCH</b> 26275 Northwestern Highway near Lahser Southfield Mich. Phone EL 6-1660 Come worship with us. Let our choir thrill you with their glorious music. Rev. Paul H. Young, Jr. Pastor Dr. Hany M. Langsford Music Dir. Morning Worship 10:30 A.M. Sunday School 10:30 A.M. Ample Parking No Slairs Nursery Care Provided</p>	<p><b>FIRST BAPTIST CHURCH OF DETROIT</b> Music 1127 21200 Southfield Road at 6 Mile Southfield, Michigan 569-2972 Paul Aiello, Jr., Minister Sunday Church School 9:30 A.M. Sunday Worship 11:00 A.M. Sunday School 9:30 A.M. Wednesday Men's Prayer and Bible Study</p>	<p><b>Beverly Hills United Methodist Church</b> 2000 W. 13 Mile at Greenbelt 466-9777 Worship 10:00 a.m. Church School 10:00 a.m. Worship Through High School Master: Wahan Vardani</p>	<p><b>First United Methodist Church</b> 1589 West Maple at Pleasant Ministers: James W. Wright, G. Bryn Evans John H. Bunce, Thomas H. Beaven Rev. Harold E. Weemhoff Worship Services 8:30, 9:30 &amp; 11 a.m. Church School 9:30 and 11 a.m. Nursery Care Provided</p>	<p><b>FARMINGTON HILLS CHRISTIAN CENTER</b> 23223 DRAKE ROAD PH 476-1511 Rev. Edmond Cohen, Pastor SUN. OCT. 2: 10:30 A.M. COMMUNION SERVICE "THE FRUIT OF THE SPIRIT" MINISTRY OF THE PASTOR. 5:30 T.V. CH. 62 7:00 P.M. COOPER LULLY "WHEN HEAR'S SPEAKS PEACE" NEW DIMENSIONS IN THE SPIRIT OF WORSHIP AFFRATED WITH THE ASSEMBLY OF GOD</p>	<p><b>HOLY CROSS</b> Greek Orthodox Church 25225 Middlebelt Rd., Farmington Hills, 477-1677 Rev. S.J. Anthony, Th.B., Priest 8:30 A.M. Divine Liturgy 10:30 A.M. Divine Liturgy English Sermon Trinity Church, Wednesday</p>
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