of War in 1918 cesses of 1917 Pale dians took 2000 arison to Later THE FARMINGTON-ENTERPRISE



Special Information Service, United States Department of Agr SERVE SUGARLESS DESSERTS

Substitute Sirups for Sugar In Sweet Puddings.

SIRUPS USED TO

If Housewife Learns to Employ

Substitutes Much Sugar Can Be Conserved. FEW RECIPES WILL ASSIST

oney, Corn Sirup, Sorghum and Mo-lasses Are All Good and Easily Procured for Making Cakes, Pies and Puddings.

cake. Corn sirup can also be used in place of sugar as sweetening for cold drinks or for ices. This placeapple ice is er-

ellent: Pineapple loc. 1 cupful grated pine-1 lemon apple 3 cupfuls water 2 s6 cupfuls corn strup France as any water 1 ce.

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ONE OF AMERICA'S HEAVY GUNS

SMOKES IN POWDER PLANT Negro is Held to Grand Jury on Charge of Violating Sabet-age Act.



FAIRY QUEEN'S STORY.

4.1

FAIRY QUEEN'S STORY. ""Dear PAIry Queen," said the little Fairies, "dear Pairy Oneon," say re-pented, "you atory in so long attory in so long "Totar in the fairles "Totar in the fairles assed. "Cortaialy," the "Cortaialy," the

Ob. Wontroas's wontroas's sourced the little Faires. "It will be a real party." So they started off to invite the others. And the Fairy Queen waved her wand so that all her messengers enne to her and said as they bowed low, "What would you have, Madame?" And some of them said, "What would you have, Royal Highness? "I would have every friend of Fairy-land invited to a story-telling natry this afternoon." said the Fairy Queen. And the messengers bowed low-again and said. "Your wish will be granted. We will obey your command." Off they went in all directions, and when afternoon had come Fairyiand was gay with fuiries and their friends, laughing, chatting, playing.

inancial district who evidently likes to have a touch on nature about its place of business. On the broad window sills of a Wail street skyscraper are win-dow hores from which bloming flow err size. No one else I with a single or, for that matter, in any of the Xew York downtown district me business life. Flowing distribution is business life. Flowing or combry green-houses or Firth areans show windows Out with them, anys Wall street.

A fruit whip, served yery cold, makes an appetialing summer dessert. Prime whip, is there for our many desserts or Honey, corn strup, sorghurn, molasse, and refiner's intry are among the best and most easily procured substitutes. The cupful or more of supar that is is some parts of the count of the bond manual regulator for a count of the set when count is a set in the home-made best-upar strup can also serie in some parts of the count of the bond manual regulator for a count of the set when count is a set in the parts of the count of the set when count is a set in the parts of the count of the set when counts is a set in the parts of the count of the set when counts is a set in the parts of the count of the set when counts is a set in the parts of the count of the set when counts is a set in the parts of the count is a set in the set in the parts of the count is a set in the parts of the count is a set in the parts of the count is the set in the parts of the count is the set in the set is the parts of the count is the set in the fourt of the count is the set in the set is the set i

Ing power Mir fat and sirup; add egg yoks ad mik. Put chopped fruit and nuts batter and add dry materials aited genher. Fold in stilling beaten egg hites. Bake in loaf or mufin tin. Her rakins and nuts may be omlited and the mixture baked as a plais spice age.

OLD FRIENDS, NEW WAYS. Remember that vegetables have their evel particular part toj Play in the diet, which neither meahs nor cereal nor firmits nor sweets can play. Green Corn Pudding. This is a delicious way to serve either sweet corn or the itender field corn. A little sugar may be added to the field corn, if desired. I finak and sik 12 good-sized ears of corn. Silce of half the kernel with a sharp haife, and with the blunt edge of the kaife scrape or the milky plat-that scrape or the milky neither that remains on the cold A perper, and top. This makes a creany disk, which is best served in the past or baking dish in which it bakes. Buttered Carlocts. Wash and scrapes suft senough wa-teri to cover. When carcots are tender and only a small amount of water re-mans, add a tablespoontiol of butter. Cook slowy until alides all of the re-mains, wate has eraporated. The curved till have a delicous favor cold the water, and none of hab and the which the water. Buttered clouds and the theory makes, and a tablespoontiol of butter. Cook slowy until alides all of the re-mains of the water. And none of hab and the in stript water has eraporated. The curve will have a delicous favor colded the water. And none of hab and the in stript and none of hab and the in stript and all of the re-mains of the water. A frying bakket should he wared

SINUTO USEU TO SWEETEN DISHES cold water Beat whites very stiff and beat inv sirup. Pile lightly on top lemon fil-ing and brown in oven. For a chocolate pudding that calls for no sugar try this recipe:

or no sugar try this recipe: Chocolate Pudding. 3 cupfuis milk 4 teasponful sait 1 cupfui cora sirup 2 squares chocalate 2 esgs 1 teasponful va-6 tablesponfuls nilla corrstarch

6 tablepoontian and correstanch with solid milk, add melted chocolate and sirup and cook until thickened. Pour into molds to cool. For chocolate pie or baked choco-olate-pudding, use slightly more liquid. Spread meriague on top and brown in oven.

Pies and Puddings. One cupful of sugar a week for er-cryme! For our coffee, ice, cocon, for our lemonade and local tan, and for weekening all our cereals, furtils and-desserts. If we are to make this eight is and the second second second second week hast for the allotted time, we must either jurp, sorghum, mohases, and most easily procured substitutes. Yarions fruit sirups and the home-and most easily procured substitutes. Yarions fruit sirups and the home-and be betuggers firup can also serve in some parts of the country. The cupful on more of says that is supar projuted for a cake assumes ingre prophytical when we have a depends up the found just as for revectancy full be found just as for so counds supar. spreau meriague on top and brown in oron. For baked apples of peaches the corn strup or reflace's string may be used very satisfactorily in place of stupat. A fruit whip, served very cold, makes an appetialing summer dessert.

Breeze as any water ice. Lemon pie is also good made with nora airon pas sweetening for both the lemon filling and the meringue. Lemon Pie Filling. Lemon Pie Filling. a cruchi con sirup, 3 tubiespontul a cruchi con sirup, 3 tubiespontul a cruchi con sirup. 1 cupti con s

ster rolts Mir corn starch and sait with the coiled this way and none of the min-coil water and cook over the fiame in hives lengthwise or parsnips cut in haives lengthwise or parsnips cut way. A frage hasket should be warmed the bown in over. have lengthwise or parsnips cut the bown have been being put into hot fat he will be warmed the two fat her will be warmed the bown in over. be and bown in over. be an or cut the bown in over. be an over the bown in bown in bown in bown in bown in be an over the bown in b

Excel Enemy in Air

British Air Force Headquarters in cesses on a scale such as were never France.—There have been many signs known before." German high command regarding the been sepecially eident since the Ameri-been sepecially eident since the Ameri-fean airmen have begun to appear in force and have proved themsites at the sale mettle as the Frach and the sale speciality in the air is to be dering almost of the constraint." He took as an airmen have begun to appear in the sale special training eridence the sale mettle as the Frach and the sale special training eridence the sale special training training the same bit training the same bit training the same bit training the same bit as the same training the same bit same same training the same bit same same training the same training the same training the same training the same period training training the same training the same period training training training training training training training training training train

