

here was never a time when the sacces and the help of women were more
reciated than at the present time,
men should learn war-nussing, and
sing at home. There is no better
than to study the new edition of the
mmon Sense Medical Adviser\*
he chapters on First Aid, Bandaping,
stomy, Hygiene, care of the Sick,
acres of Women, Mother and Babe, the
ringer Relations—to be had at some
g stores or send 56ct to Publisher, 634
shington Street, Buffalo, N. Y.

Weahington Street, Buffalo, N. Y.

It a woman suffers from weak back, nerrounness or diziness—il pains affisicher, the best tonic and corrective is one made up of native herbs and made without alcohol, which makes weak women strong, and sick women well. It is the prescription of Dr. Pierce, used by him a settive practice many years and now sold by almost every druggist in the land, in liquid or in tablets. Send Dr. Pierce, Buffalo, N. Y., 10e for triff byk. Dr. Pierce's Pleasant Pellets are also best for liver and bowel trouble.

Albion, Mich.—"I took Dr. Pierce's Fa-vorite Prescription during expectancy and found it to be very constant and there were so per correct of randown and in a very constant conditions of I took it of the constant and the constant and the con-traction of the constant and the con-traction of the constant and the con-traction of the con-trac

## CHILDREN WHO ARE SICKLY



Mothers who value the health of their chil-dren, should never be withoutMOTHER GRAY'S SWET POWDERS FOR CHILDERN, for use when peeded. They tend to Break up Colds, Relieve Neversibness, Worms, Constipation, Head-ache Teething disorders and Stornach Tombhica

mother GRAY CO., Le Roy, N. Y.

### GENERALLY PAYS TO "STICK"

Who Is Constantly Changing Job Not Usually an Employee of Special Value.

Is NOT Usually an Employee of Special Value.

A Kansas editor complains that "no-body sticks" in those times of identify in jobs for all. The statement is too sweeping, says the Fortland Oregolan, but there is truth in it. A good many department of the sticks with ought to do so up jobs and the sticks with ought to do so may do not be so that the sticks with ought to do so may do not be so that any down of the sticks with the

Truthful Tramp of House—You say you

-At intervals.-Burr.

e eye of the master will do more than both his hands,—Franklin.



# Saving Sugar and Wheat

is comfortably done when one

This cereal food is composed part-ly of barley and contains its own sugar made from its own grains.

Atruly wonder ful Food, ready to eat.

"There's a Reason"

# PROUD RECORD OF RED CROSS

War Council Tells Chapters of Wonderful Work Done in the Past Year.

## LARGE SUMS WELL EXPENDED

the Eighteen Months Since This Country Entered the War the Im-mense Amount of \$325,000,000 Has Been Accounted For.

Annual meetings of the 3,854 chap-ers of the Rod Cross were held Octo-der 23. The War Council of the or-mitation sent the following message, overing the work for the past year; To the Chapters of the American Red

Cross:
The War Council sends greetings to
the chapters of the American Red
loss on the occasion of their annual
meetings for 1918.

Priss on the decession of their amortings for Dis-playing these greetings go congratula-tions on the great work of the chapters that the past work of the chapters where the past work of the chapters the past work of the chapters the past of the past of the chapters where that work.

The strength of the Red Cross rests upon its chapters. They are its bone and sinew. They supply its funds-they supply;its men and women, they supply its enthusiasm. Let us, thus, review together the Red Cross story of the past year.

sputy its enthusiasm. Let us, thenreview together the Red Cross story
of the past year.

Some idea of the size to which your
trad Cross family has grown may be
subsered from the following factors:

Om May 1, 1917, bust before the appositument of the War Council, the
American Red Cross had 486,194 memters working through 50° chapters.

Om July 31, 1918, the organization
mimbered 20.881.00 almund members,
leistdes 8,700,000 members of the
Junior Red Cross—a dolt encolment
of over one-fourth the population of
the United States.

Since the beginning of the war you
that war comment in conjuncting two war
found drives and one membership drive,
in addition to the campaign on behalf
of the Junior Red Cross.

The total actual collections to date
from the first war found that
monuted to upward of S170,00,000.

From membership dues the collections for the subscriptions to the selected war fund
amounted to upward of S170,00,000.

From membership dues the collections have amounted to
payoutmently
\$21,500,000.

\$24,500,000.

Splendid Work Done by Woman.

Interior torget contribution of materials and time given by the millions of wome en contribution of materials and time given by the millions of wome en contribution of materials and time given by the millions of wome price and the contribution of the price and the contribution of relief work, and the other activities the challers have been called upon to perform.

It is estimated that approximately \$0,000,000 women, and engaged in canset the work and the production of relief supplies through they chapters, through plots work and the production of relief supplies through they chapters, through plots work and the production of relief supplies.

For the period contribution of production of the contribution of the co

000.

The chapters have in effect returned to the War Council, not alone the \$33,000,000 retuined out of the war fund membership tues but, in value of actual product, an additional contribu-

"GOOD FRIEND IN AMERICA" Warm Tribute From Italian Soldier Whose Wife the Red Cross Or-ganization Had Befriended.

His wife had been very iil, and was sent by the American Red Cross to recuperate in one of its country summer homes, unknown to "Gigl," who was doing his country summer the trenches. This is the way he expresses himself when he learns what has been done:

aim.
THE WAR COUNCIL OF THE AMERICAN RED CROSS.
Henry P. Davison, Chairman.
Washington, D. C. Oct. 10, 1018.

Toys for Baby



Cauton finnel, elderdown finnel and plushes are used for the doggles, ponles and circus animals that prove absorbingly interesting and dear to his hubyship. Patterns for them can be bought from any of the standard

#### Something for Mother



Here is a pretty pedestal supporting a small basket to be used for bushoas or as a sowing hasket or for table accordion, now that artificial dowers are signar to flouse furnishings. It is made to paper rope and its gilded. It is a very substantial bit of decoration, suited to almost any room in the house.

## To Wrap Baby Up In



The baby can't kick out of this coxy parhent when he is fouled out in the keen, whitey air or put to skep by an open window, so that every one of his relatives will want to make him a Christmas present of it. It is made of deed own finned and has fings that batton up over the hands and feet and keen the deed to the can be drawn up close to the control of the contr a hood that can be drawn about the face.

## Of Crepe and Lace



#### For Boys "Over There"





Each soldier "over there" is to be infowed one Christimas package from home, and only one. Here is a small, waterproof; portfolic containing a writing fablet, envelopes and a peach. The doneir might slip a few unmounted photographs in, it, bo. It is made of a long step of black soldent foiled up at the ends; and machine stitched up at the ends; and machine stitched down to form the péckets. An extra row of muchine stitched up at the ends; and in machine stitched up at the end in the action for the peach of the peach in the peach of the peach in the peach of the peach in the peach in

#### Christmas Bags



Christmas wouldn't seem like Christmas without the lovely bags of all kinds that women due to some of them are in them are in the are in them are in the are in the are in the are in the are are that the long to these extremes. The slioping hag is of black satin brotades with silver mounting. The other is a powder bag of laviender sath ribbon with a big ribbon passy on the front of it. The petals are thated with water colors, making a blossom that looks very real, it carries a powder puff and a until box of compact powder and a wand mittel box of compact powder and a wand in larror is incased in the reverse side.

#### A Home-Made Doll



# THIS WOMAN SAVED FROM AN OPERATION

By taking Lydia E. Pinkham's Vegetable Compound, One of Thousands of Such Cases.



BINZES, Black River Falls, Wit.

It is just sich experiences as the of Mrs. Binzer that has made this famous root and herb creap. Any woman who may be seen to the famous of the famous

Pinkann aquema (Core of Habit.

While in a certain government office recently six Edwin Jones, the British transport beard chairman, overheard in following dinlogue between two fair typewriper tappores.

"San't it perfills the way we have to work those days?"

"Rather! Why, I typed so many letters yesperlay that last night I sinshed my Pinyers with yours truly."

"Vancouver (B. C.) Province.

"Cold In the Head"

is an series hatch of Nasal Gararth. Persons who are subject to frequent vessels as who are subject to frequent vessels as the subject to frequent vessels and the subject to frequent vessels and render them less like clears in the subject of the subject to the

A man never realizes the worth of his wife until he has to cook his own

## Nervous and All Unstrung?

A Michigan Case

DOAN'S RIDKET

For Constipation Carter's Little Liver Pills will set you right over night.

Purely Vegetable Small Pill, Small Dose, Small Price

# Carter's Iron Pills

Will restore color to the faces of those who lack from in the blood, as most pale-faced people do.

Cuticura Soap is Easy Shaving for Sensitive Skins
The New Upstordate Custours Method

Children's Coughs may be checked and more serious conditions of the throat will be often avoided by promptly riving the child a first of safe





This combination or envelope chemise its exhibits ever to make one of head the policy for an analysis of the filling the how your good people had pleaked be run and carried her of to a mont confortable home in the montrains, where she is freque better every and carried her of to a mont confortable home in the montrains, where she is freque better every and carried her of to a most confortable home in the montrains. Where she is freque heter every in a family better every in the carried terms of 197, and him. Then, this is a re emitting the shoulder with interconstant the companies and make the body and man into a bit shamed of them in blue. The jook is hovel, simply and am into a bit shamed of them in blue. The jook is hovel, simply four triangles with points joined a man have a good friend in