

## RECEIVING WAR CROSS



The patriotic spirit and devotion with which American women have so far performed war service work and made sacrifice has never been equalled in the history of a country. Mothers, wives and sisters support this burden with strength and fortitude. But those who are directly miserable from the complaints and weaknesses which are so common to women, should take the right tonic for the womanly system.

If a woman is borne down by pain and sufferings at regular or irregular intervals, by nervousness or dizzy spells, by headache or backache, "Favorite Prescription" should be taken. "Favorite Prescription" can now be had in tablet form as well as liquid at most drug stores. Send to Doctor Pierce's Invalid Hotel, Buffalo, N. Y., for a ten-cent trial package of tablets.

For fifty years Dr. Pierce's Pleasant Pellets have been most satisfactory in liver and bowel troubles.

Stanwood, Mich.—"I have taken Dr. Pierce's Favorite Prescription and find it to be a most wonderful medicine. I was a total wreck, was in such condition that it is hard to say how I would jump and recover. It saved me and made me feel like a new woman. I would not have been able to do any of the things I do now if I had not taken this wonderful medicine before. The little bottle of tablets is a real life saver. I can do all the things I want to do and feel like a new woman. I shall never forget to tell of Dr. Pierce's medicine. Give it to all your friends, and you will never be without it."—Mrs. Vina Otto.

## To Keep Children Warm



In all well regulated, up-to-date homes, even in northern latitudes, children are given the benefit of outdoor life from babyhood on. His babyhood sleeps, well wrapped up, in a room with open windows, or on a sheltered porch, or perhaps in his carriage in park or garden. If his life is ordered by a trained nurse or equally well informed mother, little tots, old enough to play and tumble about, are clad in knitted garments, leggings, sweaters, caps, hoods and mittens, and seem as comfortable in the nippling cold as young cubs.

The next stage, so far as dress is concerned, marks the parting of the ways for boys and girls. When the little miss arrives at three or four years she takes on furs and they are her privilege for the rest of her life. Little girls, however, and boys are made for these diminutive ladies. Their little dresses and suits are provided with fur collars and cuffs, small fur hats, or fur-trimmed bonnets, crown their curls.

Many furs of indefinite origin are used for children's sets, made in imitation of other skins by resourceful furriers. Even so, one wonders that there is fur enough to go around. It is so universally worn by grown-ups, a set that owes its markings to art, instead of nature is shown in the picture.

It is pretty and inexpensive—as furs go—and nicely suited to the little girl of eleven or so who is so well pleased with it. These furs sets make ideal Christmas gifts. Most of them are made of inexpensive pelts of small animals that are plentiful enough. But among the furs suited to children are ermine, beaver and squirrel—the last a great favorite—but these in garments, are less popular than inexpensive furs, even with people who need not consider price. On little coats it is not unusual to find small collars and cuffs of Hudson seal.

## Use of Lace.

The French models, some of them, show lace. This is an interesting announcement just now. For one thing, we haven't used lace for a good many years, excepting a bit of flit or valencienne in our lingerie blouses. There were a few black lace evening frocks a few seasons ago, but on the whole lace has not been in high fashion for a long time. Another interesting phase of this lace question is this: Lace is scarce. At least, with the lace workers of Belgium out of the market, and with the lace workers of European countries presumably engaged in various other industries, it is difficult to see how much new lace can be produced. For lace making takes time.

## A Victory Negligee



Even before news of the signing of the armistice set the hearts of the world to rejoicing, apparel began to reflect the cheerful mood of a public certain of victory. Among other things optimism showed itself first in more picturesque and colorful millinery, more formal evening dress and in dinner and house gowns of splendidly colored oriental silks. The signs point to reaction from things quiet and sedate to things lively and bright in the matter of clothes. Soon we shall see how the colonies of fashionables at southern resorts express themselves in clothes.

When it comes to negligees—there are no two minds about it—they are the love-ly of garments and only worn for the eyes of those privileged to enjoy them within the walls of home. War or no war, women consider themselves entitled to these lovely flannels during the strenuous times just passing. We may be sure their home-retreating heroes will find them gloriously arrayed, and negligees will be as lovely as they know how to make them.

A beautiful (and perhaps a bit extravagant) example of the negligee is pictured above. It is a superb interpretation in lace, over soft pink satin slip, of dress for the eyes of intimates. It is made of lace featuring showing a remnant pattern on a fine net background. Two bouffant forms the

skirt portion, one of them having a quilling of pink satin ribbon about it. There is a draped border of the lace, gathered on the shoulders and opening at the front over a "v" revealing a gorgeous crepe in folds over the satin underbody. And there are long "angel" sleeves and a girle made of folds of pink ribbon. A corsage of small pink silk buds is the first and smallest touch tucked in the girle. The same kind of buds, with ribbon quilling, convert two fountains of lace into a boudoir cap that is equal to the demands of the negligee. The pink satin slippers are laced with ribbon over the instep and ankle and with the help of silk hose to match, they play a part up to the standard set by the rest of the toilet.

Julie Bonnelly

A Slipover Blouse. A pretty slipover blouse is of white dotted swiss, with deep circular yoke of white organdy, to which the dotted swiss blouse and sleeves are attached. The organdy yoke is rounded out at the throat and finished only by a cord of piping. Cuffs are of organdy and the long sleeves of dotted swiss. Swiss and organdy are joined throughout the blouse with lines of hemstitching.

## THE KITCHEN CABINET

A friendly look is a better book for precept than you'll find. Along the same vein of the libraries. With their priceless wisdom of mind. —A. H. Jap.

## INVITING DISHES FOR COOL DAYS

It is often the little touch of garnish given to a dish which takes it out of the ordinary and makes it a thing to be remembered.

The woman who loves cookery and enjoys originating and experimenting will very often surprise herself with the most happy with the various results. A half cupful of whipped cream and an ounce wedge of cheese may figure in a most tasty garnish. Heap the whipped cream on either pumpkin or apple pie and sprinkle it with the grated cheese. If the pie is served at the table it should be covered before taking in. If cut, each piece may be decorated. The latter makes a more attractive dish.

Marroons, Glazes.—These will be fine to send to the sailor lad who loves sweets. Shell some large Italian chestnuts and blanch them in boiling water until the inner skin and outer shell can be easily removed without breaking the nut. Drop such nut in warm acidulated water for a few minutes; then simmer them in a sugar syrup until tender, using one part sugar to two parts water. When the nuts are tender bottle and fill with the thickened syrup, sealing like ordinary fruit. When wanted for use drop the nuts into a heavy sirup that cracks in cold water. Dip the nuts into this sirup and dry on oiled paper. The nuts, almonds or peaches may be dipped in melted chocolate and dried in the same way.

Rabbit Caserole.—Cut up the rabbit at the joints and lad the legs and breast with strips of bacon. Fry in a little fat until well browned, season with salt, pepper, sliced onion and sprinkle with flour, then brown again. Add a pint of stock and cook in the oven until tender. To many the wild rabbit is objectionable. This may be removed by soaking in salt water a few hours. A bunch of herbs may be added to the rabbit while cooking if high seasoning is desired. Cook in a casserole and serve from it.

A hot chocolate sauce served with stewed ripe pears is a dish much liked by chocolate lovers. It is unfortunate that many who might entertain simply hesitate for fear of criticism and so the loss the pleasure of giving and their friends the taking of their hospitality.

Man is not only his own architect, but he is even his own posterity.

## TRANSVINGING VEGETABLES.

The time-honored mashed potato, baked squash and boiled onions are still our favorites, yet a change in the manner of serving these same common dishes will make them much more interesting.

Beets that are baked in the oven have a better flavor than those which are boiled. Care should be taken in turning them not to break the skin. Serve them chopped or sliced and seasoned with olive oil, cayenne and a teaspoonful of sugar, with salt to taste.

Stuffed Onions.—Prepare as many onions as there are people to serve. Parboil until tender but unbroken. Drain and remove the centers and mix with a little cooked ham, finely chopped. Moisten with cream and the yolk of an egg well beaten; season with salt, pepper and sweet fat. Place a little fat on top of each, place in a deep dish and bake, basting with milk or better, cream, during the baking. Cook covered for the first few minutes, then heat a spoonful of buttered crumbs on top to brown.

When the large fresh mushrooms may be obtained there is nothing more delicious to serve with stuffing or forcemeat made of chopped ham and onion. Fill the caps and bake in a hot oven fifteen minutes.

Braised Cabbage.—After cutting a good-sized cabbage in half let it stand an hour or more, then heat the boiling water to cover until tender, adding salt when nearly done. Drain and remove the hard center after it has been cooking twenty minutes. Put into a saucepan one sliced carrot, one turnip, sliced, one stalk of celery, a few sprigs of parsley, one sliced onion and a bunch of any herbs. Lay the cabbage on top, pour over two cupfuls of stock and boil until tender. Drain and serve on a hot dish.

The large curved stalks of well-bleached celery may be filled with seasoned cream cheese and served as a garnish to a dish of salted nut meats. The meats are heated in the center of a platter, the celery stalks radiating around them. Nuts cooked in a little olive oil and seasoned with salt and a little cayenne are especially appetizing. Pecans, walnuts and hickory nuts make a good mixture.

After middle age the great temptation is to overeat. If this war does nothing more for our morals than to awaken a habit of abstinence its effect will have a far-reaching benefit.

## Many School Children are Sickly.

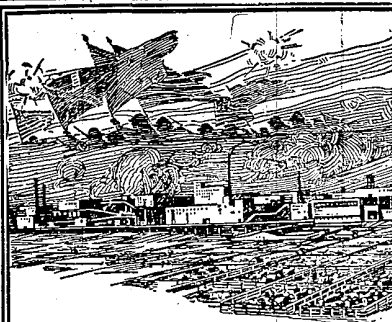


## MOTHER GRAY'S SWEET POWDERS FOR CHILDREN

Pleasant to take and give satisfaction. A certain Relief for Feverishness, Constipation, Headache, Teething and Stomach Disorders and remove Worms. They tend to break up a cold in 24 hours, act on the Stomach, Liver and Bowels and tend to correct intestinal disorders. Over 10,000 testimonials of relief. Read a few extracts from the hundreds of unsolicited letters we receive every year, the originals of which are on file in our offices:

"I think MOTHER GRAY'S SWEET POWDERS FOR CHILDREN are great. They were recommended to my sister by a doctor. I am giving them to my little three year old girl who was very sick, and she is getting so wonderfully better. I have used a sample of MOTHER GRAY'S SWEET POWDERS FOR CHILDREN some time ago. I used them for both my babies and found them to be a great cure for worms. The babies like to take them and cry for more. I am using MOTHER GRAY'S SWEET POWDERS as directed, and have no trouble with the Powders."

Used by Mothers for over thirty years. Do Not Accept Any Substitute for MOTHER GRAY'S SWEET POWDERS.



## An International Service Built on Tiny Profits Per Pound

Some industries have been able to get in step with war demands more quickly than others.

In many cases mighty plants have sprung up—but at a prodigious cost.

The packing industry was able to adapt itself to unheard of demands more quickly, perhaps, than any other industry. And this was because the vast equipment of packing plants, refrigerator cars, branch houses, etc., had been gradually developed to its present state of efficiency, so that in the crucial hour it became a mighty international system for war service.

And how had this development taken place?

Not by making vast inroads into the capital wealth of the country, but largely by using, from year to year, a portion of the profits, to provide for expansion.

Swift & Company's profits have always been so tiny, compared with sales, that they have had practically no effect on the price of meat (amounting to only a fraction of a cent per pound).

And yet the owners of the business have been content with reasonable returns on their capital, and have been able, year after year, to put part of the profits back into the business to provide for its expansion.

These fractions of tiny profits have been repaid to the public many fold in the form of better service, and better and cheaper meat, and made it possible for Swift & Company to meet, undaunted, the sudden cry for meat for overseas.

Could any other method of financing a vital industry involve less hardship to the people of the country? Could there be a better instance of true "profit-sharing" than this return in added usefulness and in national preparedness?

Swift & Company, U. S. A.



Boys Will Boast. A boy was bragging to a playmate that his grandfather fought in the Civil war. "What of it?" said the other. "He has a hickory leg," rejoined the first. "That ain't nothin'," said the other. "My sister has a cedar chest."—Pittsburgh Chronicle-Telegraph.

Consequence. "That speaker has such a halting delivery." "No wonder, then, he puts more in such a lame argument."

A Wholesome, Clearing, Refreshing and Healing Laxative for the Bowels for Redness, Soreness, Granulation, Itching and Burning of the Eyes or Eyelids. After the Mow, Mow, or Gold with your confidence. Ask Your Druggist for the Mow, Mow, or Gold. Mow, Mow, or Gold. Mow, Mow, or Gold.

**Your Eyes** After middle age the great temptation is to overeat. If this war does nothing more for our morals than to awaken a habit of abstinence its effect will have a far-reaching benefit.

**SALESMEN Wanted To Sell** Our West Virginia Growth Nursery Stock. Fine growing stock FREE. Cash Commission Paid Weekly. See for Terms The Gold Nursery Co., Mason City, W. Va.

## SAVE COAL BY USING

## Phoenix Mineral The Coal Saver

THOUSANDS of people are using this wonderful PHOENIX MINERAL and find it a great coal and money saver. Simple to use, treats coal in a minute, cost then has no soot, less smoke, no bad gases, no clinkers, and few ashes. Therefore, it is a 4 to 1 more heat. It makes no difference what color of coal or coke you use.

Phoenix Mineral is guaranteed not to injure your boiler, but rather to keep it in better shape. It produces less soot and dirt. One dollar can treat one ton of coal and save one dollar. It is a real coal saver. Dely Jack Frost with less coal and more heat and save money. Send for our package. It will demonstrate how these things are done. SEND ONE DOLLAR TODAY for the same.

Continental Chemical Co., Denver, Colo.

Write for our proposition.

Patents. Watson Coleman, Wash. D.C. Patent Office. Send for our proposition.

Results Count.

The American—What happened to you?

"The Tommy—To tell you the truth, I ain't quite certain. About ten minutes ago I was 'avin' a tete-a-tete with a German snapper. He was a nice-looking boy—and a face like a murderer. We was crawlin' on our stumps, when we come face to face. He says something to me in German, and I answers him in just as bad language. "What happened then?" "Well, I 'nites to brag; but I'm 'ere an' 'e hain't."—Exchange.

## SWAMP-ROOT FOR KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root, a physician's prescription for kidney diseases, makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

The Juvenile Mind. "The Romans built well-paved roads leading from Rome to all important points of the empire," father was saying, in illustrating a point he was making, in the matter of history, which the elder daughter was studying. "These roads were about 15 feet wide and—"

"Mercy me!" interjected the seven-year-old daughter. "If they were only 15 feet wide automobiles could not pass each other unless they barely crept along!"

In 1918. Ruth—Yes, Beas and Jack are finally engaged. Ethel—Did he volunteer or was he drafted?

## ASTHMADOR TO GUARANTEEDLY RELIEVE ASTHMA OR MONEY REFUNDED—ASK ANY DRUGGIST

Bronchial Troubles. Soothe the irritation and you relieve the asthma. Do both quickly and effectively by using promptly a dependable remedy.

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